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SKIF Prague open 2023

1st round of the National cup SKIF CZ



技術より心術

(gidžucu jori šindžucu)

The technique of mind than technique

Gichin Funakoshi



Invitation

David SIROVÝ

Organizer of the SKIF Prague Open



Dear karatekas,

It is a honor to invite you to the 5th year of the competition „**SKIF Prague Open**“2023, which is 2nd round of the National cup SKIF CZ.

However, the world around us is constantly evolving and can often appear that the evolution of some significant events has been to say at least slow, eventually is returned by the significant time period back to the period of last centuries, this shall not have impact us at any case; us, who is performing sports, who pursue such a generous art, which karate is, and who train and educate their pupils everything what karate do means.

We shall again stand on the tatami and the only decisive thing shall be our own craft, our commitment, and our own personality, which we show during the competition.

HPZ karate follows previous good experience and has chosen (like in previous years) sport hall in Dolni Brezany.

Thank you all for your kind visit and wish you lot of success.

On behalf of HPZ karate and whole team



David Sirový

david.sirovy@hpz-karate.cz

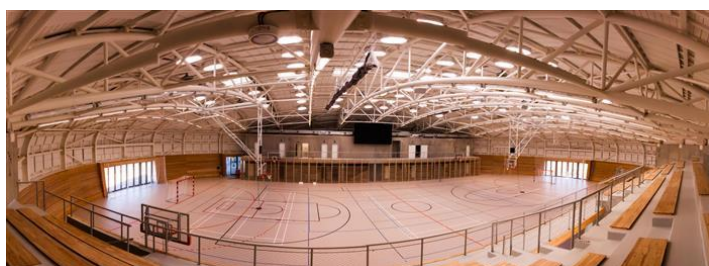
Hall building



Dolni Brezany is a modern and attractive place to live and has undergone a major transformation in recent years. The management of the municipality has been engaged in the cultivation of public space for a long time and, when implementing new projects, emphasizes the architectural and urban aspects. The area of the elementary school, which is connected to the sports hall and is the next stage of its development, also underwent a fundamental reconstruction and expansion. The generous interior of the hall will allow its use for organizing cultural and social events.

The building stands on the edge of a built-up area in the center of gravity of a large development area. An attractive architectural concept – a spatial object in the shape of a rotating ellipsoid – responds to current requirements and the unknown future. The implementation and operation of the hall can be an impulse and inspiration for the further growth of the village, therefore the connection to the surroundings and public space is as important as the natural connection to the elementary school. The shape of the hall is round, smooth and abstract. The dome brings the scale closer to a person, the metal surface mirrors the surroundings, the boundary between the sky and the roof is unclear. The building disguises its true dimensions and appears smaller than it is. The wide staircase in front of the hall was created thanks to the embedding of the building into the terrain, it defines the boundary of the public space and forms a natural amphitheater.

The exterior distinguishes the hall from the school, while the interior, on the other hand, follows it with a combination of white and gray surfaces and solid wood. The interior arrangement reflects the ties to the surroundings. The audience entrance is oriented perpendicular to the street and the parking lot, the sliding western window with a view of the village enables a connection with the school playground, the eastern window is a view into the future. The connecting neck makes the hall part of the school. The heart is a sports area of 45 x 25 m with a height of 8-9 m divided transversely into three parts by mobile blinds.



Competition (basic information)





Saturday, 11. 11. 2023

Sport hall Dolní Břežany

Address: Na Vršku 290, Dolní Břežany

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<u>Competition lead</u>	HPZ karate, David Sirový, david.sirovy@hpz-karate.cz
<u>Main referee</u>	Ing. Pavel Švojgr
<u>Doctor</u>	organized by the organizer.
<u>Competition rules</u>	in accordance with SKIF CZ and competition regulation of SKIF CZ
<u>Schedule</u>	07:30 – 08:30 registration 08:30 – 08:45 referees meeting 09:00 ceremonial entry and competition opening. 16:00 supposed end of the competition
<u>Prizes</u>	1. - 3. place, medal, and diploma
<u>Protests</u>	In written with the fee 20 € (25 CZK / 1 EUR)
<u>Participation condition</u>	Valid SKIF stamp for 2023. Kumite participation min. 6. Kyu, start in s higher age category is possible.
<u>Entry fee</u>	Registered participant in a single category, 6 € / registered team in a single category, 10 €. Payable onsite in cash.
<u>Registration</u>	via database cubu.info for Czech competitors, on the email david.sirovy@hpz-karate.cz for foreigners, till 07.11.2023 latest. Any change onsite shall be subject to charge 4 €. By registering competitors for the competition, the club representative confirms that he has from each of the competitor, or of his legal representatives, consent to log on competition and that each competitor has a valid medical examination, based on which can participate in the competition.

Note (N):

N1: We enter the sports hall after changing shoes or with overshoes (these will be available).

N2: A competition where there is only one participant (including a team) does not have to be announced on the podium and only a prize will be awarded.

Each participant will follow the instructions of the organizer, especially in relation to the regulations of the Ministry of Health of the Czech Republic. The organizer will apply any sanctions issued by the supervisory authority against the person or persons who disobeyed his order, and which resulted in further proceedings with the control authorities of the Ministry of the Interior of the Czech Republic, or his dedicated representative or other state supervisory authorities.

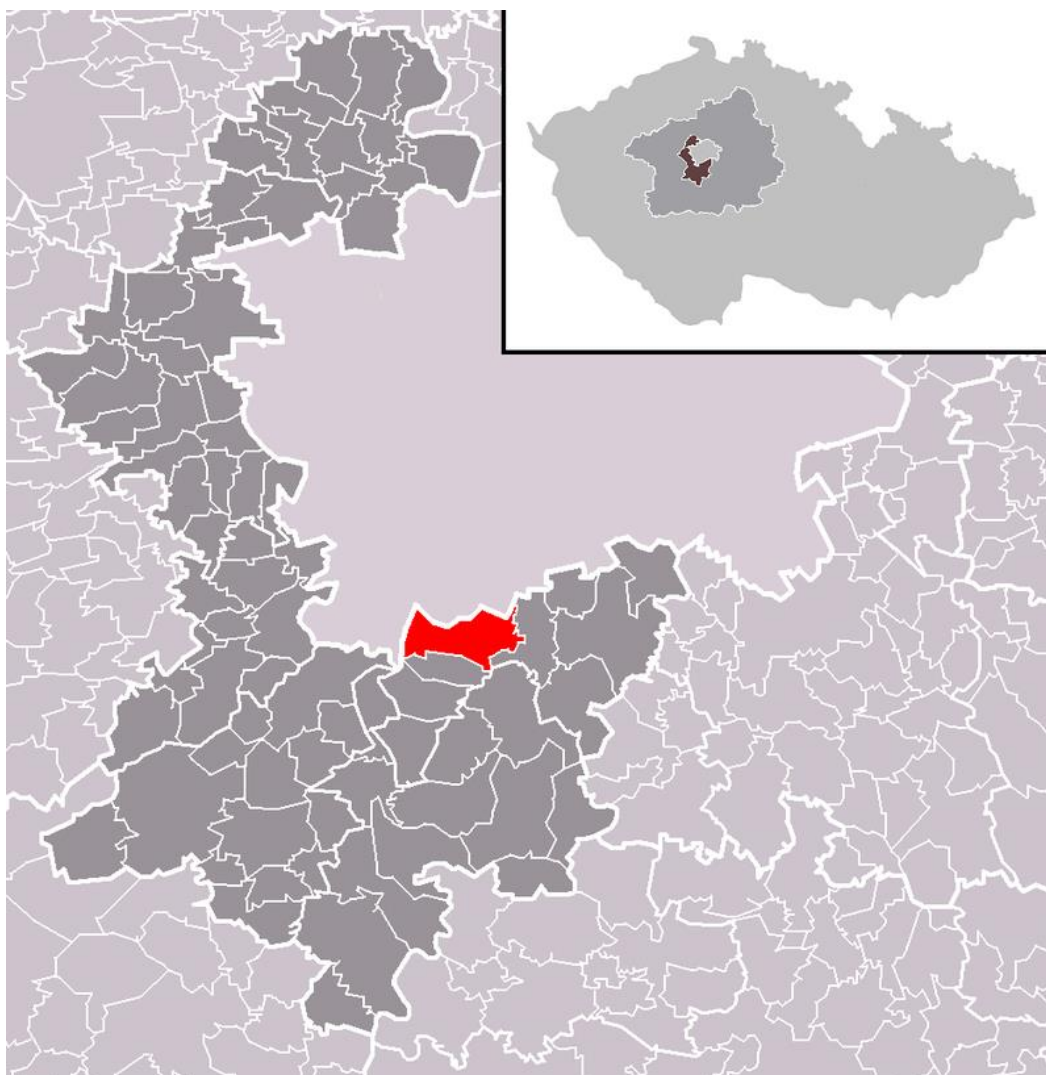
There is a small parking lot in the sports hall, where you can park your car without any complications. If this parking lot is full, it is possible to leave cars in front of the local

elementary school. The address of the school, which is about a 3-minute walk away, is: Na Vršku 290, 252 41 Dolní Břežany

Accommodation: Not secured by the organizer.

Catering: After previous experience and demand, a buffet with hot food and drinks will be available.

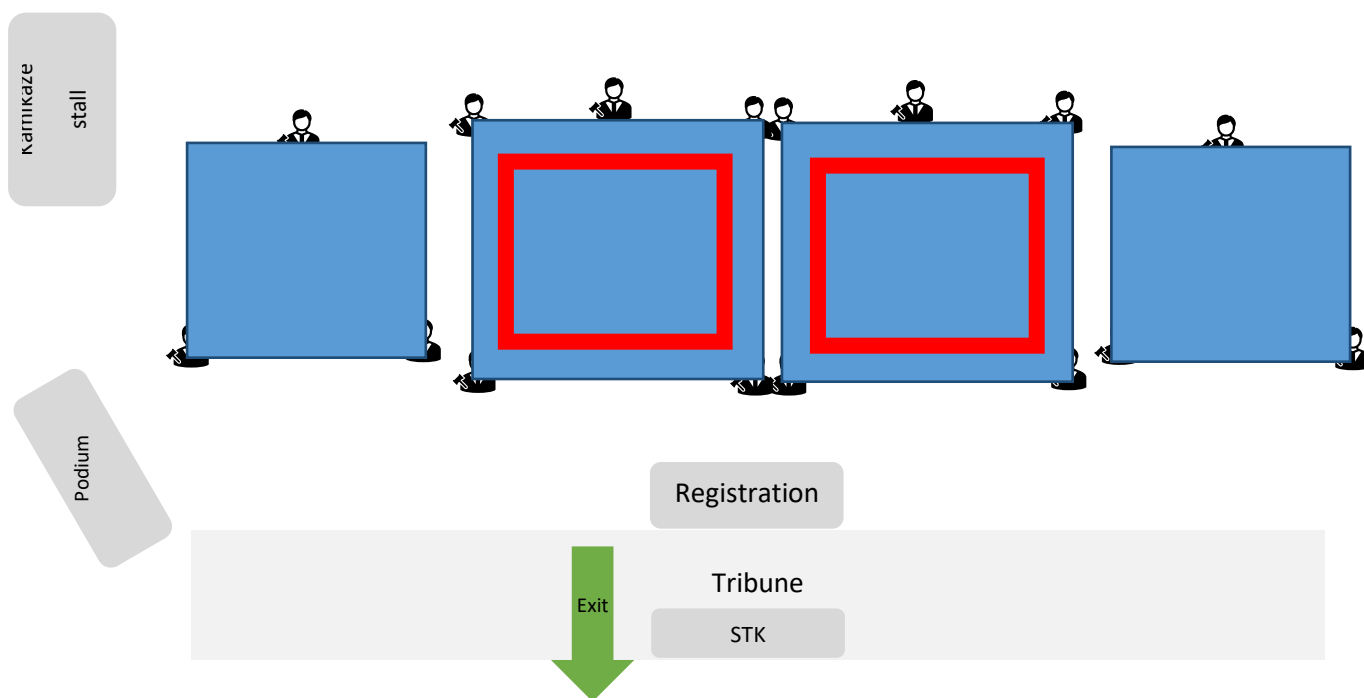
A map for better orientation....



The plan of the hall



Saturday, 11. 11. 2023
Sport hall Dolní Břežany



The evaluation of the individual categories was carried out in such a way that it was checked in gradually and the competitors could comfortably leave for other duties. Together with the evaluation, diplomas and medals will be distributed on the podium.

It is possible to come to the tatami only after calling the organizers and entry is allowed only to competitors and their coaches.

SKIF Prague Open 2023, propositions - categories

KATA /
7 - 9 years boys up to 7.kyu

7 - 9 years boys from 6.kyu
7 - 9 years girls up to 7.kyu

7 - 9 years girls from 6.kyu
 10 - 11 years boys up to 7.kyu
 10 - 11 years boys from 6.kyu
 10 - 11 years girls up to 7.kyu
 10 - 11 let years girls from 6.kyu
 12 - 13 let years boys up to 7.kyu
 12 - 13 let years boys from 6.kyu
 12 - 13 years girls up to 7.kyu
 12 - 13 let years girls from 6.kyu
 14 - 15 let (adults) boys
 14 - 15 let (adults) girls
 16 - 17 let (juniors) boys
 16 - 17 let (juniors) girls
 18 - 19 let (U20) men
 18 - 19 let (U20) women
 20 - 39 let (seniors) men
 20 - 39 let (seniors) women
 40 - 49 let (Masters -50) men
 40 - 49 let (Masters -50) women
 50 a více let (Masters +50) men
 50 a více let (Masters +50) women

KATA TEAM /

7 - 13 years boys
 7 - 13 years girls
 7 - 13 years (mix)
 14 - 17 years boys
 14 - 17 years girls
 14 - 17 years (mix)
 18 - 39 years men
 18 - 39 years women
 18 - 39 years (mix)
 40 and older, mix

YAKUSOKU KUMITE /

7-9 let mix up to 7.kyu – gohon kumite
 7-9 let boys from 6.kyu – sanbon kumite
 7-9 let girls from 6.kyu – sanbon kumite
 10-11 years mix up to 7.kyu – gohon kumite
 10-11 years boys from 6.kyu – sanbon kumite
 10-11 years girls from 6.kyu – sanbon kumite
 12-13 years mix up to 7.kyu – sanbon kumite
 12-13 years boys from 6.kyu – kihon ippon kumite
 12-13 years girls from 6.kyu – kihon ippon kumite
 14-15 years adults (boys) – kihon ippon kumite
 14-15 years adults (girls) – kihon ippon kumite
 16-17 years juniors (boys) – jiu ippon kumite
 16-17 years juniors (girls) – jiu ippon kumite
 18-19 years men U20 – jiu ippon kumite
 18-19 years women U20 – jiu ippon kumite

YAKUSOKU KUMITE TEM /

20 - 39 years mix
 40 and older, mix

KUMITE / (wight in kg)

7 - 9 years boys -30
 7 - 9 years boys +30
 7 - 9 years girls -30
 7 - 9 years girls +30
 10 - 11 years boys -35
 10 - 11 years boys +35
 10 - 11 years girls -35
 10 - 11 years girls +35
 12 - 13 years boys -50
 12 - 13 years boys +50
 12 - 13 years girls -45
 12 - 13 years girls +45
 14 - 15 years boys -60
 14 - 15 years boys +60
 14 - 15 years girls -55
 14 - 15 years girls +55
 16 - 17 years boys -65
 16 - 17 years boys +65
 16 - 17 years girls -55
 16 - 17 years girls +55
 18 - 19 years men 70
 18 - 19 years men +70
 18 - 19 years women -60
 18 - 19 years women +60
 20 - 39 years men -65
 20 - 39 years men -75
 20 - 39 years men +75
 20 - 39 years women -60
 20 - 39 years women +60
 40 - 49 years (Masters -50) men
 40 - 49 years (Masters +50) men
 40 - 49 years (Masters -50) women
 40 - 49 years (Masters +50) women
 50 and older (Masters +50) men
 50 and older (Masters +50) women

KUMITE TEAM /

14 - 15 years boys
 14 - 15 years girls
 16 - 17 years boys
 16 - 17 years girls
 18 - 39 years men
 18 - 39 years women
 40 and older men
 40 and older women

SKIF Prague Open 2023 - Pravidla

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KATA (at least 8. kyu)

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- kohaku system to advance to the final, final on point system
- SKIF standard is preferred

pupils (7 - 13 years)

- kohaku system: Heian Shodan - Godan (referee decides)
- final – tokui kata: Heian Shodan - Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai and Empi

adults (14 - 15 years)

- kohaku system: Heian Shodan - Godan + Tekki Shodan (referee decides)
- final – tokui kata: Heian Shodan - Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai, Empi, Gankaku, Jitte, Bassai-sho and Kanku-sho

junioři (16 - 17 let)

- kohaku system: Heian Shodan - Godan + Tekki Shodan (referee decides)
- final – tokui kata: any kata (except Seienchin, Seipai, Gankaku-sho and Nijuhachi)

U20, seniors, masters

- kohaku system: Bassai-dai, Jion, Kanku-dai, Kanku-sho a Empi (referee decides)
- final – tokui kata: any kata

KATA TEAM

- If there are more than eight teams in the kata team category, the competition will be held on a two-round point system (semi-finals and finals). In case of participation of eight or fewer teams, only one round is held. In the event of a tie in the semi-final, the team must perform a different kata in the finals. In case of a tie in the final, the team can perform the kata from the semi-final. The team therefore, he shall have at least two katas ready.
- pupils (7 -13 let) – Heian Shodan – Godan
- juniors, seniors, masters – any kata

KUMITE & KUMITE TEAM

- at least 6. kyu
- all categories – Ippon Han Shobu;
- pupils and adults (7 - 15 let) – match 90 sec.;
- junioři, U20, senioři, masters – match 120 sec.;
- count of members – 3+1.
- protectors: teeth protector a white gloves (approved by SKIF) mandatory (red and blue are accepted). Jockstrap and chest protectors (girls, women) are recommended. Shins protectors and boots are not allowed. Chest protectors (body protectors) for pupils and adults' categories (7 - 15 years) approved.

YAKUSOKU KUMITE (Kohaku system)

- **gohon kumite** – each competitor shall perform five jodan oi-tsuki and five chudan oi-tsuki attacks; each competitor must show one protective technique to each type of the attack (means each protective technique five times)
- **sanbon kumite** – each competitor shall perform three attacks: jodan oi-tsuki, chudan oi-tsuki, chudan maegeri; each competitor must show one protective technique for every attack
- **kihon ippon kumite, jiyu ippon kumite** – each competitor shall perform five attacks: jodan oi-tsuki, chudan oi-tsuki, chudan maegeri, chudan yoko-geri-kekomi. jodan mawashi-geri; each competitor must show one protective technique for every attack

SKIF protective techniques are preferred

Note: double starts are allowed (i.e. a competitor can start in his age category and at the same time in an age category one higher) if the competition schedule allows.

Actual rules SKIF CZ:

<http://karate-skif.cz/wp-content/uploads/2015/01/SKIF-PRAVIDLA-2014-plus-dodatky-cz.pdf>

Appendix 1

Medical fitness declaration (by registration this

declaration shall be valid)

Declaration

I, the undersigned, hereby as a legal representative or a person authorized by a legal representative (coach / coach / supervisor) declare that the competitor (s)

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is/are fully medically able to take part in the competition below. I acknowledge that the organizer listed below does not accept any responsibility for injuries, accidents, damages, and illnesses that may occur to a competitor in connection with his participation in the competition listed herein. I further declare that I am familiar with the propositions of the contest below.

SKIF Prague open 2023, Held in Dolní Břežany, as set forth in this proposition

Organizer: HPZ karate z.s. in cooperation with SKIF CZ

Date of the competition: 11. 11. 2023

In day

Name:

Date of the birth:

signature: