



**55<sup>th</sup>EKF**

**Senior Championships**

Baku, Azerbaijan

25-29 March 2020



**BULLETIN Nr. 1<sup>o</sup>**

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## 1 Initial Greetings

### 1.1 President of the European Karate Federation

The 2020 European Championships is set to be one of the most thrilling events in the history of our sport. The tournament to be held in Baku (Azerbaijan) from March 25 to 29 will not only crown the best Karate athletes of the year in Europe. It will turn out to be one of the most important competitions in the road to the Olympic Games Tokyo 2020.



Included in the Olympic qualification process and providing decisive points in the quest to Tokyo 2020, the 55<sup>th</sup> edition of the European Championships will be a unique opportunity to demonstrate the abilities and the sporting spirit of Karate as the Olympic debut of our sport gets closer and closer.

What's even more relevant, the European Championships in Baku will be the last event before the anticipated date of April 6, when the first Olympic karatekas will be confirmed by ranking. It will be the last chance for European athletes to be in Tokyo 2020.

I would like to take the opportunity to thank the Azerbaijan Karate Federation and its president Yashar Bashirov for their courage in organising such a first-class event. I am sure that the best athletes in the continent will find the best conditions to show their exceptional abilities in Baku.

Best of luck to all the participants and organisers and a big "Oss" to all of you Karate fans.

**Antonio Espinós**

**President of the European Karate Federation**

## 1.2. President of the Azerbaijan Karate Federation

Dear Friends,

It is a great honor for me, on behalf of the Azerbaijan National Karate Federation, to welcome you to the 55<sup>th</sup> European Senior Karate Championships in Baku, Azerbaijan.

We successfully hosted the European Junior & Cadet Championships in Baku in 2012. With great expectation and excitement, we look forward to the start of the 55th European Championships in Baku, which will be held on the eve of the XXXII Summer Olympic Games in Tokyo. I would like to note the importance of this event, which will differ from other championships, as it is the last qualifying tournament for athletes who want to attend the Olympics.



Baku is a historical city where you will find a wide range of cultural and entertainment events that will make your stay unforgettable. This is a city that has a great sports tradition and an excellent sports infrastructure. The 1st European Games held in Baku in 2015, the 4th Islamic Solidarity Games in 2017, as well as the World Championships in Judo, Wrestling and Rhythmic Gymnastics, the European Championships in Gymnastics, the Champions League football matches and the Formula 1 Grand Prix each left their indelible mark on the sports world. The venue of the European Championships, The National Gymnastic Arena, can be considered the banner-bearer for sports in the city. Our organizing committee will do everything possible to provide the best conditions and to make this event successful and memorable for all. Be assured that you will feel at home.

We would like to thank the WKF and its president, Mr. Antonio Espinós, for their support in organizing these championships. Importantly, we wish to express our most sincere gratitude to Mr. Ilham Aliyev, the President of Azerbaijan, and the President of the National Olympic Committee of Azerbaijan, for his contribution and assistance in the development of our sport.

We look forward to your arrival in Baku. Enjoy all that we can offer you. We wish you achieve excellent results.

See you in Baku.

**Yashar Bashirov**

**President of the National Karate Federation of Azerbaijan**

## 2 Baku

### 2.1 About Baku

Baku is an ancient and classic city, first mentioning of which is dated as early as the beginning of the Common Era. The capital of the Republic of Azerbaijan was famous in the period of early and developed Middle Ages as a significant center of oil production and refining. The biggest port on the Caspian sea was the capital of Baku khanate, the administrative center of Baku governorate, the capital of the Azerbaijan Democratic Republic (1918 - 1920, the first democratic state on the whole East) and further the capital of Azerbaijan SSR.

Baku is derived from the Persian name of the city Bād-kube, meaning "Wind-pounded city". The city's nickname is the "City of Winds".

#### **Monuments and other interesting sites**

##### **Civil architecture**

- National Museum of History of Azerbaijan
- Nizami Museum of Azerbaijani Literature
- Maiden Tower
- Down Town
- Yanar Dağ (burning mountain)



##### **Religious architecture**

- Bibi-Heybat Mosque
- Bibi-Heybat Mosque
- Taza Pir Mosque
- Heydar Mosque
- Juma Mosque

##### **Other interesting sites**

- Flame Towers
- Heydar Aliyev Center
- Carpet Museum
- Baku Boulevard
- Nizami str.

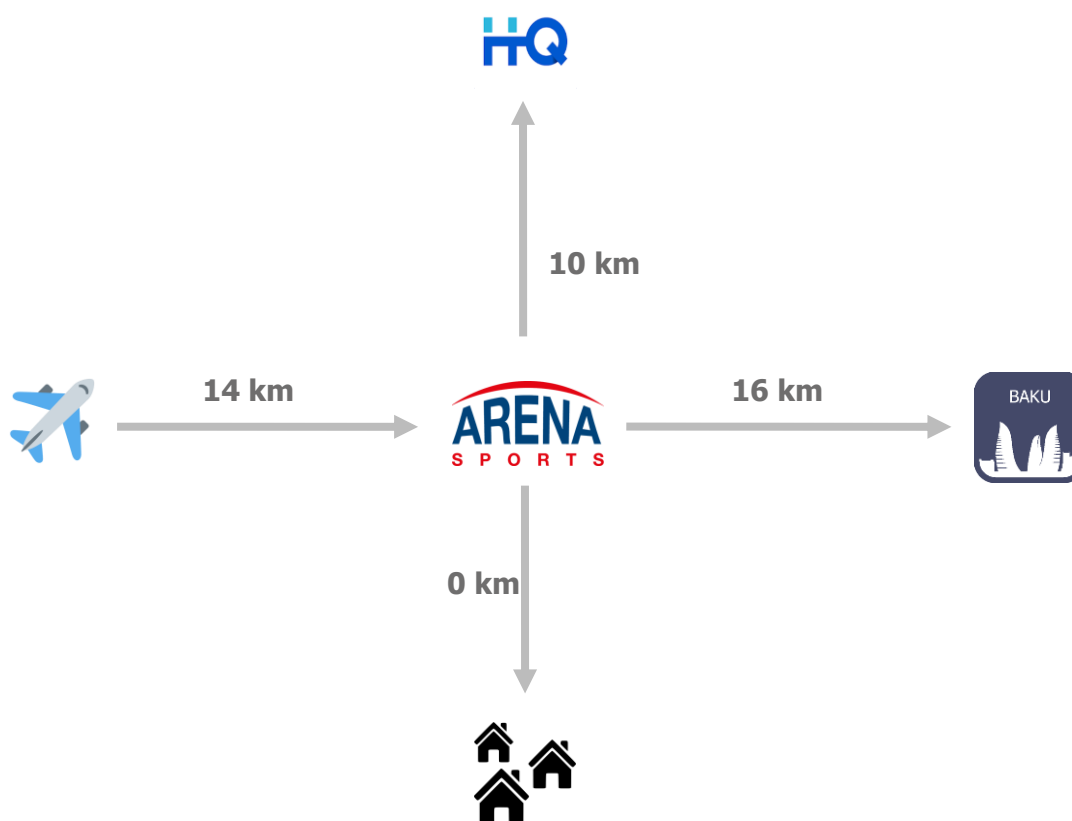
### 3 How to get to the Championships

Azerbaijan is located at the crossroads of Western Asia and Eastern Europe. It is bounded by the Caspian Sea – the biggest Lake in the world.

#### 3.1 Flight

There are more than 30 airlines which fly to Azerbaijan

Baku's international airport is **Heydar Aliyev International Airport**.



### 3.2 Bus



## 4 Accommodation

### 4.1 Hotels – Athletes Village



Accommodation is in a residential area in Baku, Azerbaijan. Although it was initially constructed as a residential area, after its opening, it served as an Olympic (Athletes) Village during the 2015 European Games and 2017 Islamic Solidarity Games.



It consists of 13 10–16-storey apartment buildings and one administrative building. There are 1042 apartments that can house approximately 7,500 people.

There are two big restaurants in the Olympic Village. One of them cooks the dishes of the Azerbaijani cuisine, while another one cooks the dishes of the European cuisine. Both of these restaurants can receive up to 3,000 people at the same time and they work from 5 AM to 12 PM. There are numerous special centres – polyclinic, information centre, gym and more – in the Athletes Village. There are 24-hour centres for leisure and entertainment.

The Competition arena (**National Gymnastics Arena**) is located on





the opposite side of the Athletes Village.

Distance to competition venue: Walking distance

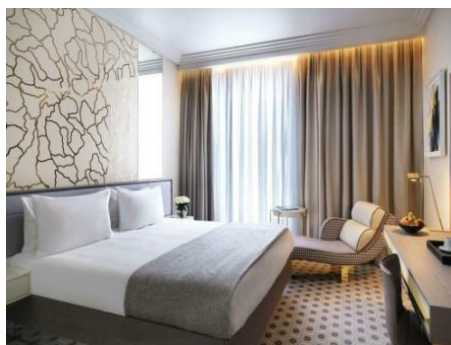
Address: Heydar Aliyev Avenue 117, Baku

**PLEASE NOTE:** The OC recommends to all NF teams to book their accommodation in the Athletes Village. During the period of the competition there will be national holidays in Azerbaijan and the majority of the roads will be closed or filled with cars and it will make it difficult for being at the venue on time.

Secondly, the Athletes Village has many privileges:

- It is the closest living place to the Sport Arena (in the days of competition and other days)
- It is a safe, close and unique residential complex;
- There is Food & Beverage available in the village;
- Ensured towels, all bathrooms items, housekeeping services every day;
- Internet, 24 hours of technical service;
- Entertainment area (pool, tennis etc);
- No problems with the traffic jams and additional charges for it.

#### 4.1.1 Headquarters Hotel – BOULEVARD HOTEL BAKU AUTOGRAPH COLLECTION



**Boulevard Hotel Baku Autograph Collection** is located in the heart of Baku White City district, along one of the main routes connecting the city centre with Heydar Aliyev International Airport. Upscale comfort awaits in family-friendly hotel rooms, showcasing luxury bedding, free Wi-Fi and panoramic sea views. Energize in our well-equipped fitness centre or refresh in the waters of our heated indoor pool. Celebrate and succeed in flexible event spaces, designed for flawless meetings, conferences and social affairs in Baku. The largest convention hotel in Azerbaijan, Boulevard Hotel Baku features 38,933 sq ft of elegant meeting spaces, including a magnificent pillar-free ballroom. Discover an

exhilarating hotel stay in one of Azerbaijan's most elegant destinations, perfectly placed along the glittering Caspian Sea.

Distance to competition venue: 10 km

Address: Khagani Rustamov Street 4C, Khatai District, Baku

## 4.2 Hotel Rates

The table below show prices in EUROS (€) per person and night.

HOTEL	Cat.	Bed & Breakfast			Half Board			Full Board		
		Single	Double	Triple	Single	Double	Triple	Single	Double	Triple
<b>Boulevard Hotel</b>	5*	85€	50€	-	114€	79€	-	143€	108€	-
<b>Athletes Village</b>		45€	35€	30€	58€	48€	43€	71€	61€	56€

### 4.2.1 RESERVATION, PAYMENT AND CANCELLATION POLICY

The deadline to finalize bookings is
--------------------------------------

#### **RESERVATION:**

#### **NOTES:**

- Confirmation subject to availability at the booking request.
- Reservations on request. To ensure the best possible accommodation for all athletes of a nation, please make your reservations as soon as possible.
- Reservations must be made by the online booking tool, please find below the e-mail: [karatebaku2020@pashatravel.az](mailto:karatebaku2020@pashatravel.az)

### **PAYMENT POLICY:**

- 50 % of the total amount must be paid to confirm the booking by 5th of February 2020
- 30 % of the total amount before 7th of March 2020
- Remaining balance before 15th of March 2020
- It is very important to make the payments in the dates fixed in order to confirm your reservation.

### **CANCELLATION POLICY:**

Boulevard Hotel Autograph Collection Hotel:

- Until 25th of January, 2020: Up to 50% of the total rooms booked can be cancelled without cost. No refund for the remaining 50% of booking.
- Between 25th January to 5th March: Up to 20% of the total rooms booked can be cancelled without cost. No refund for the remaining 80% of booking.
- Between 5th of March to 15th of March: Up to 10% of the total rooms booked can be cancelled without cost. No refund for the remaining 90% of booking.
- After 15th March: 100% of penalty will apply to the full booking.

## 4.3 Official Travel Agency

**Address:** Pasha Travel LLC  
**Tel:** +99412 404 10 90  
**E-mail:** [karatebaku2020@pashatravel.az](mailto:karatebaku2020@pashatravel.az)

## 5 Event Schedule

Tuesday 24th March - HQ Hotel		
09:00 - 11:00	<b>EKF Executive Committee meeting</b>	Nobel Lounge fourth floor
<b>10:00 – 15:00</b>	<b>Registration for Delegations</b>	<b>Nagiyev 1 - 2</b>
10:00 – 11:00	EKF Medical Commission meeting	Neftchiler
11:00 - 12:00	EKF Anti-Doping Commission meeting	Neftchiler
12:00 – 14:00	EKF Technical Commission meeting	Neftchiler
14:00 – 15:00	EKF Referee Commission meeting	Neftchiler
<b>15:00 – 18:00</b>	<b>EKF Congress</b>	<b>Tagiyev 1</b>
16:00 – 17:00	TM & TMAS Meeting	Neftchiler
16:30 – 17:30	Open Draw All Coaches	<b>Tagiyev 2</b>
17:30 – 18:30	Licence Renewal Examination	Neftchiler
19:00 – 20:00	EKF Referee Briefing	<b>Tagiyev 2</b>

Thursday 26th March - HQ Hotel		
10:00 – 18:00	Para-Karate Athletes Classification Session	<b>Nagiyev 1 - 2</b>
19:30 – 20:30	Para-Karate Coach Meeting	<b>Nagiyev 1 - 2</b>

## 6 Competition Information

### 6.1 Categories

#### Individual categories

Individual Kata (age +16)	Male Individual Kumite (age +18)	Female Individual Kumite (age +18)
Female	-60 Kg.	-50 Kg.
Male	-67 Kg.	-55 Kg.
	-75 Kg.	-61 Kg.
	-84 Kg.	-68 Kg.
	+84 Kg.	+68 Kg.

#### Team Categories

Team Kata (age+16)	Team Kumite (age +18)
Female	Female
Male	Male

#### Para - KarateCategories

Male (age +18)	Female (age +18)
Wheelchair Athletes	Wheelchair Athletes
Visually Impaired	Visually Impaired
Intellectually Impaired	Intellectually Impaired

## 6.2 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by **25<sup>th</sup> of March 2020**.

## 6.3 Competition Programme

### 6.3.1 Eliminations

## COMPETITION SCHEDULE BAKU 2020

### Wednesday 25th March 2020 ( 4 Tatamis )

	<b>Weigh - In</b>
10:00 – 11:00	Weigh-in Female All Categories
11:00 – 12:30	Weigh-in Male All Categories
	<b>Kata Individual - Eliminations - Performances</b>
10:00 – 12:30	Male & Female
	<b>Kumite Individual - Eliminations</b>
12:30	Female + 68 Kg
13:30	Male + 84 Kg
14:30	Female - 68 Kg
15:30	Male - 84 Kg
16:30	Female -61 Kg
17:30	Male -75Kg Kg
18:30	<b><i>Semifinals Female &amp; Male</i></b>
	<b>Kumite Individual - Repechages</b>
19:00 - 20:00	Male & Female - All Categories

## Thursday 26th March 2020 ( 4 Tatamis )

	<b>Kata Team - Eliminations - Performances</b>
10:00 – 11:30	Male & Female ( 4 Tatamis )
	<b>Kumite Individual - Eliminations</b>
11:30	Male - 67 Kg
12:30	Female - 55 Kg
13:30	Male - 60 Kg
14:15	Female -50 Kg
15:00	<b><i>Semifinals Female &amp; Male</i></b>
	<b>Kumite Individual - Repechages</b>
15:15	Male & Female - All Categories
16:00 - 20:00	<b>Kumite Team Male - Previous matches-until 16 teams</b>
	<b>Kumite Team Female - Previous matches-until 16 teams</b>

## Friday 27th March 2020 ( 4 Tatamis )

10:00 - 12:00	<b>Kumite Team Male - Eliminations</b>
11:30 - 12:30	<b>Kumite Team Female - Eliminations</b>
13:00	<b>Kumite Team - Repechages</b>
15:00	<b>Para Karate All Categories ( including Bronze medals )</b>
<b>17:00</b>	<b>OPENING CEREMONY</b>

### 6.3.2 Bronzes and Final Bouts

## Saturday 28th March 2020

	<b>BRONZE MATCHES</b>
09:30 – 09:45	Kumite Female +68Kg
09:45 – 10:00	Kumite Male +84Kg
10:00 – 10:15	Kumite Female -68Kg
10:15 – 10:30	Kumite Male -84Kg
10:30 – 10:45	Kumite Female -61Kg
10:45 – 11:00	Kumite Female – 55Kg
11:00 – 11:15	Kumite Male -75Kg

FINALS	
12:00 - 12:08	Kumite Female +68Kg
12:08 - 12:15	Kumite Male +84Kg
<b>12:15 - 12:25</b>	<b>Medals Award</b>
12:25 - 12:33	Kumite Female -68Kg
12:33 - 12:40	Kumite Male -84Kg
12:40 - 12:48	Kumite Female -61Kg
<b>12:48 - 13:05</b>	<b>Medals Award</b>
13:05 - 13:13	Kumite Female -55Kg
13:13 - 13:20	Kumite Male -75Kg
<b>13:20 - 13:30</b>	<b>Medals Award</b>
13:30 - 13:50	Para Karate - Kata Male & Female – Intellectually Impaired
13:50 - 14:05	<b>Medals Award</b>

BRONZE MATCHES	
15:30 - 15:45	Kata individual Female
15:45 - 16:00	Kata individual Male
16:00 - 16:15	Kumite Male -60Kg
16:15 - 16:30	Kumite Female -50Kg
16:30 - 16:45	Kumite Male -67Kg
16:45 - 17:30	Kumite Team Female

FINALS	
18:00 - 18:08	Kata individual Female
18:08 - 18:15	Kata individual Male
<b>18:15 - 18:25</b>	<b>Medals Award</b>
18:25 - 18:33	Kumite Male -60Kg
18:33 - 18:40	Kumite Female -50Kg
18:40 - 18:48	Kumite Male -67Kg
<b>18:48 - 19:05</b>	<b>Medals Award</b>
19:05 - 19:30	Kumite Team Female
19:30 - 19:50	Para Karate - Kata Male & Female - Blind & Visually Impaired
<b>19:50 - 20:05</b>	<b>Medals Award</b>



## Sunday 29th March 2020

BRONZE MATCHES	
09:00 – 09:30	Kata Team Male
09:30 – 10:00	Kata Team Female
10:00 – 11:10	Kumite Team Male
FINALS	
12:00 – 12:15	Kata Team Male
12:15 – 12:30	Kata Team Female
<b>12:30 – 12:45</b>	<b>Medals Award</b>
12:45 – 13:20	Kumite Team Male
13:20-13:50	Para Karate - Kata Male & Female – Wheelchair Athletes
<b>13:50 – 14:10</b>	<b>Medals Award</b>
14:15	CLOSING CEREMONY

**Note:** In the bouts for bronze medals and finals, male coaches are required to wear a dark suite, shirt and tie while female coaches may choose to wear a dress, pantsuit or a combination of jacket and skirt in dark colors.




## 6.4 WKF Approved Items

Only WKF Approved Trademarks for sports items will be permitted.

### WKF APPROVED COMPANIES

<b>SPORT PROTECTIONS "WKF Approved"</b>	
<b>BRAND</b>	<b>CONTACT INFORMATION</b>
	<p><b>DOUBLE-D/ADIDAS GLOBAL LICENSEE FOR MARTIAL ARTS &amp; BOXING</b>            22 allée du 1er mai – 77183 Croissy Beaubourg - France            Tel : +33.1.64.73.00.03            Email : <a href="mailto:nicolas.poy-tardieu@doubled.fr">nicolas.poy-tardieu@doubled.fr</a>            Website: <a href="http://www.combat-sports.net/en/">http://www.combat-sports.net/en/</a></p>
 <p>ARAWAZA.COM</p>	<p><b>ARAWAZA</b>            724, Chemin des Anglais            Mascouche (QC) J7L 3R6, CANADA            Phone: + 1 450 477 4410            Fax: +1 450 477 4400            E-mail: <a href="mailto:sales@arawaza.com">sales@arawaza.com</a>  <a href="http://www.arawaza.com">www.arawaza.com</a></p>
	<p><b>BEST SPORT Ltd.</b>            Ve ?líbku 1800/77,            HorníPo?ernice,            193 00 Praha 9            Phone: +420 724 315 322            E-mail: <a href="mailto:ekfapproved@gmail.com">ekfapproved@gmail.com</a>  <a href="http://www.ekfapproved.com">http://www.ekfapproved.com</a></p>
	<p><b>BUDO &amp; FITNESS SPORT AB</b>            Staffanstorpsvägen 115            232 61 Arlöv            SWEDEN            Tel. +46-(0)8-673 33 50,            +46-(0)40-94 88 88            E-mail: <a href="mailto:info@budofitness.se">info@budofitness.se</a>,  <a href="mailto:info@sbisport.se">info@sbisport.se</a>  <a href="https://budo-nord.com/">https://budo-nord.com/</a> -</p>

	<p><b>DAEDO INTERNATIONAL</b>          Botanica 116,          08908 Hospitalet de Llobregat          Barcelona, SPAIN          Tel: +34 93 454 1514          Fax: +34 93 453 52 51          Web: <a href="http://www.daedo.com">www.daedo.com</a>          email: <a href="mailto:marketing@daedo.com">marketing@daedo.com</a></p>
	<p><b>BUDOLAND</b>          Am Grießenbach 8          83126 Flintsbach, GERMANY          Phone: +49 (0) 8034 909900          Fax: *49 (0) 8034 9099011          E-mail: <a href="mailto:info@budoland.de">info@budoland.de</a>  <a href="http://www.budoland.com">www.budoland.com</a></p>
	<p><b>PUNOK</b>          704 S. State Rd 135          Suite D # 227          Greenwood, IN 46143          USA          Telephone number: 1800 517 2790          Email: <a href="mailto:punokworld@gmail.com">punokworld@gmail.com</a></p>
	<p><b>SHUREIDO TOKYO OFFICE</b>          1F 2-23-4 NakanoNakano-kuTokyo, Japan          Postal code:164-0001          Tel No: + 81 3 5342 3051          FaxNo: + 81 3 5342 3052          Email : <a href="mailto:shureido@viola.ocn.ne.jp">shureido@viola.ocn.ne.jp</a>  <a href="http://shureido-karate.com">http://shureido-karate.com</a></p>
	<p><b>Sports Master Athletic International (SMAI)</b>          Postal Address – 93 Jardine Street, Fairy Meadow, NSW, 2519, Australia          Telephone - +61 (2) 42834363          Fax - +61 (2) 42855512          Email – <a href="mailto:info@smail.com.au">info@smail.com.au</a>          Website – <a href="http://www.smail.com">www.smail.com</a></p>

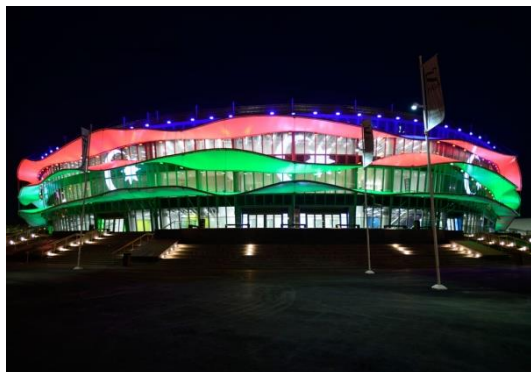
	<p><b>TOKAIDO INTERNATIONAL</b> G/FL., 13 Nanking Street Yaumatei, Kowloon, HONG KONG Phone: +49 911 98815 –11 Fax: +49 911 98815 – 99 E-mail: <a href="mailto:Dietmar.Nowak@DAX-Sports.com">Dietmar.Nowak@DAX-Sports.com</a> <a href="http://www.tokaido.eu">www.tokaido.eu</a></p>
	<p><b>WACOKU.</b> No. 168-13, Chyuan-shin Lii, Shin-huah, Tainan, Taiwan Telephone: 886-6-598-2133 Fax: 886-6-5970-840 Email: <a href="mailto:info@wacoku.com">info@wacoku.com</a> Website: <a href="http://wacoku.info">wacoku.info</a></p>
	<p><b>WESING</b> Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, CHINA Tel: +86-151-59865218 Fax: +86-595-8675 6390 E-mail: <a href="mailto:fu.yingwei@wesingsports.com">fu.yingwei@wesingsports.com</a> <a href="http://www.wesingsports.com">www.wesingsports.com</a></p>

TATAMIS "WKF Approved"	
BRAND	CONTACT INFORMATION
	<p><b>TROCELLEN Italia S.p.A.</b> Via Schiavonesca Nuova 8 31040 Volpago del Montello (TV) Italy Phone: +39 0423 8735 Fax :+39 0423 621434 Email: <a href="mailto:lcodato@trocellen.com">lcodato@trocellen.com</a> <a href="http://www.progame-tatami.com">www.progame-tatami.com</a></p>
	<p><b>TATAMIX srlcr</b> Via Don Pedrinelli 48 24030 Carvico (BG) Phone: +39 039 6888492 Fax:+39 035 4362212 Email: <a href="mailto:info@tatamix.it">info@tatamix.it</a> <a href="http://www.tatamix.it">www.tatamix.it</a></p>

	<p><b>TAISHAN SPORTS EQUIPMENT Co., Ltd</b>  Address: No.8 Tiyuguan Road, Dongcheng District, Beijing, China  Phone: +86-10-84985396  Email: <a href="mailto:wadezhang@taishansports.com">wadezhang@taishansports.com</a>  <a href="http://www.taishansports.cn">www.taishansports.cn</a></p>
	<p><b>WESING</b>  Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, China  Phone: +86-595-2688 9696  Fax: +86-595-8675 6390  E-mail: <a href="mailto:info@wesingsports.com">info@wesingsports.com</a>  <a href="http://www.wesingsports.com">www.wesingsports.com</a></p>
	<p><b>ISHII CHEMICALS INDUSTRY Co., Ltd.</b>  1-10-8, Ryoke, Kawaguchi-city, Saitama 332-0004 Japan  Phone: +81048-223-5148  Fax: +81048-224-3467  E-mail: <a href="mailto:ikk@ishiikasei.co.jp">ikk@ishiikasei.co.jp</a>  <a href="http://www.ishiikasei.co.jp/ishiikasei.htm">http://www.ishiikasei.co.jp/ishiikasei.htm</a></p>

For further information concerning the WKF homologated items please visit:  
<https://www.wkf.net/karateprotections/>

## 6.5 Venue:



Address: Heydar Aliyev Avenue 108 /AZ 1029, Baku

### *FACILITIES:*

- *Multi-purpose court*
- *Warm up hall*
- *Anti-doping room*
- *Medical room*
- *Referee & Officials Room*
- *Weight Control Room*
- *Press Conference*
- *VIP boxes*
- *MIX zone*
- *Changing rooms*
- *Seating for 5.000 – 9000 people*
- *Sewing Room*

## 6.6 Tickets

The tickets for the championships will be free. The Host NF will make the special invitations for the guests.

Note: Kindly ask spectators make a seat reservation before the 15th of February to: [karatebaku2020@gmail.com](mailto:karatebaku2020@gmail.com)

Secondly, kindly ask to the foreign spectators look at 8.1 point for the visa issues.

## 6.7 Training Facilities– Bookings

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application must be **received before 10<sup>th</sup> February 2020**.

Transportation to the training area will only be available from the official hotels.

For organizing and booking the transport from the hotel to the training facilities, you can contact the Official e-mail: [karatebaku2020@pashatravel.az](mailto:karatebaku2020@pashatravel.az)

For booking the Training Facilities, please contact the OC: [karatebaku2020@gmail.com](mailto:karatebaku2020@gmail.com)

Please fill the training application form at the end of the bulletin.

First come first serve policy will apply.

## 7 Registrations

### 7.1.1 Online Registration - General information for all athletes

Online registration can be made from 20<sup>th</sup> December 2019 until 11<sup>th</sup> March 2020 under the following link:

Online registration will be on the link: <https://www.sportdata.org/wkf/set.php?id=383>

### 7.1.2 Onsite Registration & Accreditations

The registration session will take place at the HQ Hotel Room: Nagiyev 1 - 2 on Tuesday 24<sup>th</sup> March from 10:00 to 15:00.

A "fast lane" will be available for countries with no changes to their online registration and having already paid the corresponding fees. Countries failing to meet these requirements are likely to have longer waiting times.

Each participating country is requested to provide 2 national flags and a CD with the national anthem during registration.

### 7.1.3 Specific information for Para-Karate athletes

#### **Registration**

The registration is done via Sportdata on: <https://www.sportdata.org/wkf/set.php?id=447>

The registration can only be confirmed if the Medical Diagnosis Form (MDF) and consent form are submitted by email to the EKF Headquarters at [ekf@ekf.com.es](mailto:ekf@ekf.com.es)

#### **Medical Diagnostic Forms and Consent Form**

The necessary certificates can be found in the following links:

Wheelchair Athletes: [https://www.wkf.net/pdf/mdf\\_Wheelchair.pdf](https://www.wkf.net/pdf/mdf_Wheelchair.pdf)

Visually Impaired: [https://www.wkf.net/pdf/mdf\\_Athletes\\_Visual\\_Impairments.pdf](https://www.wkf.net/pdf/mdf_Athletes_Visual_Impairments.pdf)

Intellectually Impaired: [https://www.wkf.net/pdf/mdf\\_Intellectually\\_Impaired\\_Athletes.pdf](https://www.wkf.net/pdf/mdf_Intellectually_Impaired_Athletes.pdf)

Please note:

Unless there has been a change in health, athletes of the category Wheelchair Athletes and Visually Impaired may reuse the MDF of the World Championships if they have participated in the World Championships.

However, the MDF for Intellectual Impairments has changed. Together with the MDF, a Diagnosis Report has to be delivered by a **registered Medical Psychologist**.

Athlete Evaluation Consent Form:

[https://www.wkf.net/pdf/Athlete\\_Evaluation\\_Consent\\_Form.pdf](https://www.wkf.net/pdf/Athlete_Evaluation_Consent_Form.pdf)

#### **Coaches**

Three coaches can be registered for Para-Karate per Nation.

Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.

Coach and assistants accompanying Para-Karate athletes MUST register together with their delegation at the onsite registration session (Tuesday 24th March from 10:00 to 15:00 at HQ Hotel).

#### **Para-Karate athletes per category**

Every nation has the opportunity to register three Para-Athletes per category. In total, 18 athletes can be called by each nation.

In each category, at least four athletes must be registered. Otherwise the competition for the concerned category will not take place. Please note that there will be no merging of categories.



## Classification Session

Classification in Para-Karate consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: <https://www.wkf.net/pdf/rules/WKF-Para-Karate-Rules.pdf>

Please, check the rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

Registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on Thursday 26th March from 10.00h to 18.00h in Room Nagiyev. A timetable for the session will be published while registration.

*Attendance to the Classification Session is obligatory, without a participation in the such event it is not possible to take part in the championships.*

Following documents have to be provided at the classification session:

- Accreditation of the athlete
- ID card or Passport of the athlete
- Original MDF as provided prior with the registration
- Diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration

All athletes must use the same sportswear and equipment for classification as they use during competitions.

Concerning athletes with visual impairments, no extra testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents mentioned above for verification of their disability. Extra points will be given based on the Medical Diagnostic Form.

## Rules

WKF Para-Karate Rules in force will apply, for more information, please visit: <https://www.wkf.net/pdf/rules/WKF-Para-Karate-Rules.pdf>

## Anti-Doping

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. In any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.

#### 7.1.4 Media / Press

Press accreditations will only be issued to professional journalists working for a bona fide mass media who are able to present proof of their credentials.

The link for online registration of press is: <https://www.sportdata.org/wkf/set.php?id=383>

The EKF owns all the rights pertaining to TV issues of the European Karate Championships.

## 8 Additional Information

### 8.1 VISA Requirements for foreign citizens

All VISAs can be requested online on <https://evisa.gov.az/en/> - kindly ask you to follow the link and get acquainted with the VISA rules. OC suggests to all NFs to register between the 1<sup>st</sup> February and the 1<sup>st</sup> March, 2020.

Note: If you need VISA support with the additional fee, you can contact our official travel agency by e-mail: [visa@pashatravel.az](mailto:visa@pashatravel.az)

### 8.2 Opening Hours (Shops / Pharmacies)

**Opening times:** Most of the shops and shopping centers are open from 09.00 to 20.00 or 23.00 in the evening. Traditional shops open from 10.00 to 23.00 hours.

**How to pay:** Most people pay in cash or with a credit card (available almost in all shops).

**Tax free:** desk is opened at **the Heydar Aliyev International Airport**. If you are not a citizen or resident of the Republic of Azerbaijan, you can quickly claim refund of the amount of value-added tax by presenting your passport and other necessary documents on the purchased goods.

### 8.3 Currency

Azerbaijan currency is the Manat (AZN).

Currency Converter Link: <http://www.xe.com/en/currencyconverter/>

### 8.4 Electricity

In Azerbaijan the power sockets are of types C and F. The standard voltage is 230 V and the frequency is 50 Hz

## 8.5 Language

Official language in Azerbaijan is Azerbaijani. All representatives of OC speak English. Local population also speak basic English, Russian and Turkish.

## 8.6 Time

GMT+4

## 8.7 Weather

March usually has some windy but pleasant, cold days. The average maximum temperature in Baku in March is 20°C and the average minimum temperature is 6°C.

## 8.8 Insurance

In compliance with WKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Azerbaijan Karate Federation and the European Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations. The head of the delegations have to sign the enclosed terms of responsibility and return it by 15th of January 2020 the latest.

## 8.9 Communication

To call Azerbaijan from abroad you have to dial the international code 00, followed by the Azerbaijan country code 994.

Example: 00 994 50 500 08 68.

Or "+" and Azerbaijan country code 994, than number.

Example: +994 50 500 08 68

## 8.10 Important Phone Numbers

- 112/103 – Emergencies / Ambulance  
 102 – Police

## 9 Reservation Forms

### 9.1 Training Area Form

National Federation:			
Hotel:			
Contact Person:			
Mobile			
Email			
Monday	08:00 – 10:00	Tuesday	08:00 – 10:00
Monday	10:00 – 12:00	Tuesday	10:00 – 12:00
Monday	12:00 – 14:00	Tuesday	12:00 – 14:00
Monday	16:00 – 18:00	Tuesday	16:00 – 18:00
Monday	18:00 – 20:00	Tuesday	18:00 – 20:00
Number of competitors			

The deadline to finalize the booking will be on **01.03.2019**.

Send back the form to: [karatebaku2020@gmail.com](mailto:karatebaku2020@gmail.com)

## 9.2 Transfer Service Form

TYPE OF VEHICLE	MAXIMUM CAPACITY	From Airport Heydar Aliyev	From Airport Heydar Aliyev
		to Athletes village	to Boulevard Hotel – HQ Hotel
Economy sedan	3	60€	80 €
Mercedes Viano	6	80€	110€
Mercedes Sprinter	15	95€	135€
Neoplan Cityliner	45	240€	320€
Mercedes Travego	50	280€	390€

### Notes:

Extra charges will apply for any additional waiting time.

For daily use of any car you can order it at: [karatebaku2020@pashatravel.az](mailto:karatebaku2020@pashatravel.az)

Transportation will be arranged according to the number of participants in your delegation and the rates will count **for one way**. In case you require any extra service, please contact the organizers.

Shuttles on an hourly basis between the hotel and the venue will be free of charge for the teams staying in the official hotels.

For booking transfer services, you can contact: [karatebaku2020@pashatravel.az](mailto:karatebaku2020@pashatravel.az) before 1<sup>st</sup> March.

National Federation	
Responsible Person	
Mobile	
Email	

Hotel Selection	
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Arrival date 1		Arrival date 2	
Arrival time		Arrival time	
Arrival flight number		Arrival flight number	
City of departure		City of departure	
Number. of persons		Number of persons	
Departure date 1		Departure date 2	
Departure time		Departure time	
Departure flight number		Departure flight number	
City of destination		City of destination	
Number of persons		Number of persons	
Request Dinner	YES		NO

### 9.3 Catering Form

- The Azerbaijan Karate Federation will provide meals for delegations wishing to have **lunch at the venue**, during the five days of the competition
- The price is **10 euros per person per meal**.
- There is availability of a limited number of tickets for meals at the Sports Hall.
- Tickets will be available for sale with **deadline 10th March**.
- The lunch voucher will be delivered at the Registration room.
- Please, take note that after 10th March it will not be possible to acquire the lunch vouchers. And it will not be possible to purchase them during the Championships.

FEDERATION:				
CONTACT PERSON:				
PHONE NUMBER:				
E-MAIL:				
Date	Number		Price	Total
25th March		x	€	_____€
26th March		x	€	_____€
27th March		x	€	_____€
28th March		x	€	_____€
29th March		x	€	_____€



## PAYMENT AND CANCELLATION POLICY

BENEF.PASHA Travel LLC

ADRESS: 15 Yusif Mammadaliyev Str, Baku, Azerbaijan AZ1005

BANK: PASHA Bank

IBAN: AZ82NABZ01350100000000071944

SWIFT: PAHAAZ22

Reference: CATERING + National Federation

Essential: Copy of the bank transfer and the booking form filled by email:

[karatebaku2020@pashatravel.az](mailto:karatebaku2020@pashatravel.az) and [karatebaku2020@gmail.com](mailto:karatebaku2020@gmail.com)

Bank transfer costs will be supported by the sender.

Please, take note that the 100% deposit will be compulsory to confirm the service.

Cancellation policy:

Before 1 <sup>st</sup> March	No cancellation fee
From 1 <sup>st</sup> March onwards	100% cancellation fee



## 9.4 Terms of responsibility

### Terms of responsibility

To be filled, signed and sent back before 13th of January 2020

I,

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The undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 55<sup>th</sup> European Senior Karate Championships, which will be held in Baku, Azerbaijan, from 25<sup>th</sup> to 29<sup>th</sup> of March 2020, with full knowledge of the Statutes, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity.

I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the EKF and the Karate Federation of Azerbaijan, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without monetary compensation.

Country/ Nation: .....

Surname, First Name: .....

Passport number & expiration date: .....

Credit card number & expiration date: .....

Federation position: .....

Address: .....

Phone: .....

Email: .....

Date & place: .....

Signature: .....

Fill in, stamp, sign and send to: [karatebaku2020@gmail.com](mailto:karatebaku2020@gmail.com)



## 10 Contact details

### 10.1 Azerbaijan Karate Federation

Address: H.Aliyev ave. 96a

Tel: 994-12-4654272

e-mail: [karatebaku2020@gmail.com](mailto:karatebaku2020@gmail.com)