



Lietuvos Shotokan karatė federacija Lithuanian Shotokan karate federation

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LSKF is affiliated to: ESKA, WSKA, FSKA, WSKF and WKC

XXIII BALTIC SHOTOKAN KARATE CHAMPIONSHIP



Organizers: Lithuanian Shotokan Karate Federation, karate club "ALFA".

Place: Parko str. 12, Panevėžys, Lithuania **"CIDO" Sport Arena**

Date: Sunday, 26th February 2017.

Rules: ESKA Shotokan:

Individual Kumite – **Shobu Sanbon** / two third places

Team Kumite (3+1) – **Shobu Ippon** / one third place

Individual Kata eliminations by flag system.

Final ant team Kata by point system (tokui kata) / one third place.

Categories:

KATA

| Male: | Female: | <i>Kata list for eliminations</i> |
|---------------|----------------|---|
| 6 -7 y. | 6 - 7 y. | Taikyoku-1 |
| 8 - 9 y. | 8 - 9 y. | Taikyoku-1, Heian-1 |
| 10 y - 11 y. | 10 - 11 y. | Taikyoku-1, Heian -1,2 |
| 12 y - 13 y. | 12 - 13 y. | Heian-1,2,3 |
| 14-15 y. | 14 - 15 y. | Heian - 1,2,3,4,5 |
| 16-17 y. | 16 - 17 y. | Heian - 2,3,4,5, Tekki - 1 |
| 18-20 y. | 18-20 y. | Heian - 2,3,4,5, Tekki - 1 |
| Team 14-17 m. | Team 14-17 m. | Tokui kata / two rounds (elimination + final) |

KUMITE

| Male: | Female: | <i>Time limit</i> |
|--|--|-------------------|
| 6-7 y.(open), | 6-7 y. (open), | 1 min |
| 8 y.(-32 kg,+32 kg), 9 y.(-34 kg,+34 kg), | 8-9 y. (open), | 1,5 min |
| 10-11 y.(-40 kg), 10 y.(+40 kg), 11 y.(+40 kg), | 10-11 y. (-35 kg, +35 kg), | 1,5 min |
| 12-13 y.(-50 kg),12 y.(+50 kg), 13 y.(+50 kg), | 12-13 y. (-40 kg, +40 kg), | 1,5 min |
| 14-15 y.(-60 kg), 14 y.(+60 kg), 15 y.(+60 kg), | 14-15 y. (open), | 1,5 min |
| 16-17 y.(-70 kg), 16 y.(+70 kg), 17 y.(+70 kg), | 16-17 y. (open), | 2,0 min |
| 18-20 y. (open), | 18-20 y. (open), | 2,0 min |
| Team kumite 16-17 m. (possible to include 14-15 y.) | Team kumite 16-17 m. (possible to include 14-15 y.) | 2,0 min |
| | | 2,0 min |

When less than 3 competitors in a category, they will be moved to another appropriate category.

Competitors in categories 6-13 y. old can participate ONLY in their own age categories.

Competitors in categories 14-17 y. old can participate in their own age and one upper, by age, category.

PROGRAMME: 26th February 2011 Sunday

9.30 – 10.00 - Meeting

(judges, chief instructors).

10.00 –14.00 - Kata, kumite eliminations:

10.00 – (6-7 y.), (8-9 y.), (10-11 y.)

11.30 – (12-13 y.), (14-15 y.)

13.45 – Awards ceremony

(6-7 y., 8-9 y., 10-11 y., 12-13 y.)

14.15 – 15.00– Break.

15.00 – 15.25 - Opening ceremony.

15.30 – 18.00- (14-15 y.) Finals.

(16-17 y.) Kata, kumite, finals.

(18-20 y.) Kata, kumite finals.

Team kata, kumite finals.

18.30 – Awards ceremony (14-20 y.).

19.00 – Press conference.

Judges: Chief referee Alfonsas Valuntonis will be very grateful for any help offered by qualified referees.

Weight control: weighing will be executed (selectively) before the category of competition. An athlete who does not meet the weight requirements will be disqualified (or can be moved to another category after having paid a correction fee –10 €).

Protection: compulsory gumshields and white gloves-mitts, (ESKA standart), groin guards (men) and chest-protectors (women) are allowed.

Each contestant must have no existing injuries and be insured against injuries: In case of injury, LSKF and all organizers do not take responsibility and will not be held liable for any compensation. It is Clubs Instructors responsibility to insure competitors prior competition. ***It is therefore strongly recommended that all competitors be insured against accidents and injuries.***

Results: for 1st place – 5 points, 2nd place – 3 points, 3rd place – 2 points, 4th place – 1 point. In kumite, for the 3rd place - 1,5 points

For a team victory, the club will be awarded XXIII Baltic Club Shotokan karate championship cup. Note: points are calculated only at club, not Federation level.

Awards: Champions will be awarded with personal prizes, medals and diplomas, prizeman – with medals and diplomas.

Entry Fee:

15 € - for one Category , 25 € - for two Cat., 2, 35 € - for three Cat., 45 € - for four Cat .

30 € - for team.

5 € entry fee - for champions of 2016 y. championship:

| KATA | | 20 | Natalia Budzyń | RONIN Dabrowa Gornicza PL | |
|---------------|--------------------|----------------------------------|-------------------|---------------------------|------------------------------|
| 1 | Marta Teicane | LFSKA Daugavpils | 21 | Liene Kalvane | Latvian Karate Association |
| 2 | Roberta Driučkaitė | Garliavos "Budo" | 22 | Neila Sventickytė | Zarasų "Zarasai" |
| 3 | Renate Zimova | LFSKA Daugavpils | 23 | Gabrielė Marozaitė | Mažeikių "Danas" |
| 4 | Vanesa Kaminskaitė | Panevėžio "Alfa" | 24 | Emilis Turskis | Garliavos "Budo" |
| 5 | Eglė Duobaitė | Panevėžio "Alfa" | 25 | Nikita Maksanovs | Jelgava "Vitus" |
| 6 | Eglė Duobaitė | Panevėžio "Alfa" | 26 | Justinas Miakša | Radviliškio "Rytų kovotojas" |
| 7 | Gabrielė Marozaitė | Mažeikių "Danas" | 27 | Timas Vrublevskis | Kauno "Samurajus" |
| 8 | Pijus Macijauskas | Radviliškio "Rytų kovotojas" | 28 | Edvards Dūcis | Latvian Karate Association |
| 9 | Augustas Povilaika | Garliavos "Budo" | 29 | Nikita Kijanovs | Jelgava "Vitus" |
| 10 | Mihail Sazonov | LFSKA Daugavpils | 30 | Lukas Čiurlys | Kauno "Era" |
| 11 | Lukas Čiurlys | Kauno "Era" | 31 | Gvidas Dišlė | Radviliškio "Rytų kovotojas" |
| 12 | Matas Krūgelis | Radviliškio "Rytų kovotojas" | 32 | Danilis Gruzjaks | Latvian Karate Association |
| 13 | Rolandas Vaiškūnas | Švenčionėliai "Karate akademija" | 33 | Simonas Loda | Garliavos "Budo" |
| 14 | Erik Mednikov | LFSKA Daugavpils | 34 | Armands Grosbergs | Daugavpils "Sochin" |
| 15 | Eimantas Gajauskas | Šiaulių "Baltasis tigras" | 35 | Arnas Pačiūpis | Kauno "Samurajus" |
| KUMITE | | 36 | Ignas Žvikas | Mažeikių "Žemaitis" | |
| 16 | Liepa Brazauskaitė | Panevėžio "Alfa" | 37 | Erik Mednikov | LFSKA Daugavpils |
| 17 | Renate Zimova | LFSKA Daugavpils | 38 | Tomas Balčius | Šiaulių "Baltasis tigras" |
| 18 | Simona Labenskaitė | Radviliškio "Rytų kovotojas" | 39 | Karolis Ubeika | Utenos "Impulsas" |
| 19 | Vaida Astauskaitė | Garliavos "Budo" | 40 | Marius Arlikevičius | Šiaulių "Baltasis tigras" |
| | | 41 | Eduard Valchev | Panevėžio "Alfa" | |
| | | 42 | Laurynas Norbutas | Panevėžio "Alfa" | |

Application Forms must be sent before **23th of February 2017 y**, to:

e-mail: a.valuntonis@shotokan.lt

You can download entry forms from our web site: www.shotokan.lt

President of LSKF
Kazimieras Bartkevičius
tel. mob.: 370–698 25 736

Chief judge
Alfonsas Valuntonis
tel. mob.: 370–686 55 472

Accommodation:

Hotel **PANEVĖŽYS 2*** address: **Laisvės ave. 26 Panevėžys** (from ~ 25€ /person)

www.lithuanianhotels.com/hotels/Panevezys

Hotel **PERVAŽA 2*** address: **Smėlynės str.112, Panevėžys**(from ~ 20€ /person)

www.pervaza.lt

Hostel **Sport “Olimpas”** address: **Liepų al. 4, Panevėžys**(from ~ 20€ /person)

