



Approved by Leonid Vasilyev (WKF 7 Dan)  
Latvian Karate Federation President

## **7<sup>TH</sup> OPEN SALASPILS KARATE CUP**

- Organizator:** „Salaspils Karate Club” in cooperation with”Latvian Karate Federation”.
- Date:** **14th May, 2016, 10<sup>00</sup>**  
Registration and weighting from 8<sup>30</sup> till 9<sup>30</sup>  
**Personal document or passport is obligatory for all sportsmen.**  
From 9<sup>30</sup> till 10<sup>00</sup> team representatives and coaches briefing.  
The beginning of competition at 10<sup>00</sup>.
- Place:** **LATVIA, SALASPILS, Smilsu street 1, Salaspils Sport Hall (15 km from Riga, the capital of Latvia). One of the biggest sport Halls in Latvia. Sportists from Latvia, Russia, Estonia, Lithuania and Belorussia participated in our tournamnet last year. About 400 sportists from 40 clubs.**
- Rules:** WKF rules with changes.  
Till 11 years fight time is 1 minute.  
12-13 years – 1min.30sec.  
Starting with 14 years - WKF rules.  
Any kata may be completed in kata categories.  
In categories till 9 years old participants may compete with 1 kata,  
10-11 years - two kata, 12-13 years - three kata, 14+ years old - WKF Rules.
- Chief referee:** Igors Ponomarenko +371 29 462 653
- Chief secretary:** Aleksandrs Kudrajcevs +371 29 451 616  
Foreign referees are welcomed.  
Protest 100 EUR.
- Entry fee:** Medical insurance policy for all sportsmen is obligatry.  
- participation in 1 category – **20 EUR**

Team kata and kumite **40 EUR** for team.

**Attention! Every change in registration form after 11th May is plus 5 Eur**

**Rewards:**

Salaspils Karate Club rewards the first place winners with cups, medals and diplomas, 2<sup>nd</sup> and 3<sup>rd</sup> place winners with medals and diplomas and prizes from sponsors.

Team kata and kumite 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners with cups, medals and diplomas.

Three best teams in Kata + Kumite are rewarded with cups and **money prize 300/200/100Euro**

**Registration:**

by e-mail: [karatila@inbox.lv](mailto:karatila@inbox.lv) (registration form by e-mail).

Deadline for entries is 11.05.2016

**Contact information:**

+371 29 788 753 Romans Sledzevskis – the organizer of the competition (Latvian, Russian, English).

**Categories KATA:**

Olympic system with two 3<sup>rd</sup> places. In categories till 13 years old sportists complete kata at the same time, the finals and fights for third place are separately. Starting with 14 years old - WKF rules.

**Boys**

U8	-9kyu /Open.
U10	-9kyu/-7kyu/Open.
U12	- 9kyu/-7kju/-5kyu/Open.
U14	- 9kyu/-7kyu/-5kyu/Open.
U16	Open
U18	Open
+18	Open

**Girls**

U8	-9kyu /Open.
U10	-9kyu/-7kyu/Open.
U12	- 9kyu/-7kju/-5kyu/Open.
U14	- 9kyu/-7kyu/-5kyu/Open.
U16	Open
U18	Open
+18	Open

### **Categories KUMITE:**

Olympic system with two 3<sup>rd</sup> places. (till 13 years old, till 6 points) starting with 14 years old - WKF rules.

<b><u>Boys</u></b>	<b><u>Weight</u></b>
U8	Open
U10	-27/-32/+32kg.
U12	-30/-36/-43/+43kg.
U14	-48/-53/-63/+63kg.
U16	- 57/-63/-70/+70kg.
U18	- 68/ -76/+76kg.
+18y.	Open
<b><u>Girls</u></b>	
U10	-25/+25kg.
U12	-30/-40/+40kg.
U14	-42/-50/+50kg.
U16	-47/-54/+54kg.
+16y.	Open

### **Team KUMITE:**

#### **BOYS**

One sportist in each age.

U10 + U12 + U14

U16 + U18 + U21

#### **GILRS**

One sportist in each age.

U10 + U12 + U14

U16 + U18 + U21

### **Team KATA : (boys and girls are together)**

-9 y. (compete with 1 different katas ).

10-12 y. (compete with 2 different katas).

+13 y. (compete with 3 different katas).

*If sportist is not registrated according to his/her category, he/she is disqualified and is not allowed to take part in the competition. In such case money is not paid back!*

*Please, note precise weight and kju in registration form.*

*Organizator reserves the right to changed categories.*





Best Regards,  
Romans Sledzevskis  
Chairman of Organizing Committee

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In cooperation with:

