



Lietuvos Shotokan karatė federacija Lithuanian Shotokan karate federation

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LSKF is affiliated to: ESKA, WSKA, FSKA, WSKF and WKC

OPEN XXII BALTIC SHOTOKAN KARATE CHAMPIONSHIP



Organizers: Lithuanian Shotokan Karate Federation, karate club "ALFA".

Place: Parko str. 12, Panevėžys, Lithuania "**CIDO**" Sport Arena

Date: Saturday, 20th February 2016.

Rules: WKC/Shotokan:

Individual Kumite – **Shobu Sanbon** / two third places

Team Kumite (3+1) – **Shobu Ippon** / one third place

Individual Kata eliminations by flag system.

Final ant team Kata by point system (tokui kata) / one third place.

Categories:

KATA

Male:	Female:	<i>Kata list for eliminations</i>
6 - 7 y.	6 - 7 y.	Taikyoku-1
8 - 9 y.	8 - 9 y.	Taikyoku-1, Heian-1
10 y - 11 y.	10 - 11 y.	Taikyoku-1, Heian -1,2
12 y - 13 y.	12 - 13 y.	Heian-1,2,3
14-15 y.	14 - 15 y.	Heian - 1,2,3,4,5
16-17 y.	16 - 17 y.	Heian - 2,3,4,5, Tekki - 1
18-20 y.	18-20 y.	Heian - 2,3,4,5, Tekki - 1
Team 14-20 m.	Team14-20 m.	Tokui kata / two rounds (elimination + final)

KUMITE

Male:	Female:	<i>Time limit</i>
6-7 y.(open),	6-7 y. (open),	1 min
8 y.(-30 kg,+30 kg), 9 y.(-32 kg,+32 kg),	8-9 y. (open),	1,5 min
10-11 y.(-35 kg), 10 y.(+35 kg), 11 y.(+35 kg),	10-11 y. (-35 kg, +35 kg),	1,5 min
12-13 y.(-45 kg),12 y.(+45 kg), 13 y.(+45 kg),	12-13 y. (-45 kg, +45 kg),	1,5 min
14-15 y.(-55 kg), 14 y.(+55 kg), 15 y.(+55 kg),	14-15 y. (open),	1,5 min
16-17 y.(-70 kg), 16 y.(+70 kg), 17 y.(+70 kg),	16-17 y. (open),	2,0 min
18-20 m.(-78 kg), 18-20m (+78 kg)	18-20 y. (open),	2,0 min
Team kumite 16-17 m. (possible to include 14-15 y.)	Team kumite 16-17 m. (possible to include 14-15 y.)	2,0 min
Team kumite 18-20 m. (possible to include 16-17 y.)	Team kumite 18-20 m. (possible to include 16-17 y.)	2,0 min

When less than 4 competitors in a category, they will be moved to another appropriate category.

Competitors in categories 6-13 y. old can participate ONLY in their own age categories.

Competitors in categories 14-17 y. old can participate in their own age and one upper, by age, category.

PROGRAMME: 20th February 2016 Saturday

9.30 – 10.00 - Meeting
(judges, chief instructors).
10.00 –14.00 - Kata, kumite eliminations:
10.00 – (6-7 y.), (8-9 y.), (10-11 y.)
11.30 – (12-13 y.), (14-15 y.)
13.30 – Team kata eliminations.
14.00 – Awards ceremony
(6-7, 8-9, 10-11 y.).

14.30 – 15.00– **Break.**
15.00 – 15.25 - Opening ceremony.
15.30 – 18.00- (12-13 y.) (14-15 y.) Finals.
(16-17 y.) Kata, kumite finals.
(18-20 y.) Kata, kumite finals.
Team kata, kumite finals.
18.30–Awards ceremony(10-20 y.).
19.00 – Press conference.

Judges: Chief referee Alfonsas Valuntonis will be very grateful for any help offered by qualified referees (payment will be made for duties performed).

Weight control: weighing will be executed (selectively) before the category of competition. An athlete who does not meet the weight requirements will be disqualified (or can be moved to another category after having paid a correction fee –10 €).

Protection: compulsory gumshields and white gloves-mitts, groinguards (men) and chest-protectors (women) are allowed.

Each contestant must have no existing injuries and be insured against injuries: In case of injury, LSKF and all organizers do not take responsibility and will not be held liable for any compensation. It is Clubs Instructors responsibility to insure competitors prior competition. ***It is therefore strongly recommended that all competitors be insured against accidents and injuries.***

Results: for 1st place – 5 points, 2nd place – 3 points, 3rd place – 2 points, 4th place – 1 point. In kumite, for the 3rd place - 1,5 points

For a team victory, the club will be awarded XXII Baltic Club Shotokan karate championship cup. Note: points are calculated only at club, not Federation level.

Awards: Champions will be awarded with personal prizes, medals and diplomas, prizeman – with medals and diplomas.

Entry Fee:

15 € for Category 1, 25 € for Cat 2, 35 € for Cat 3, 45 € for Cat 4.

30 € - for team.

5 € entry fee - for champions of 2015 y. championship:

KATA					
1	Grvshevich Aleksandra	Grodno "Fudokan"	22	Aleksandra Michailova	Riga "Fudzi"
2	Roberta Driučikaitė	Kauno "Era"	23	Margarita Maksimova	Riga "Fudzi"
3	Karina Steimakova	Ryga "Fudzi"	24	Gabrielė Marozaitė	Mažeikių "Danas"
4	Guoda Elenauskaitė	Radviliškio "Rytų kovotojas"	25	Justas Miaška	Radviliškio "Rytų kovotojas"
5	Novik Margarita	Grodno "Fudokan"	26	Michails Mišins	Jelgava "Vitus"
6	Gabrielė Marozaitė	Mažeikių "Danas"	27	Arūnas Baltrušaitis	Raseinių "Bushido"
7	Pijus Macijauskas	Radviliškio "Rytų kovotojas"	28	Simonas Sapnovas	Zarasų "Zarasai"
8	Arūnas Baltrušaitis	Raseinių "Bushido"	29	Lukas Vileikis	Šiaulių "Baltasis tigras"
9	Matas Katauskas	Garliavos "Budo"	30	Murin Mikhail	Minsk "Phoenix"
10	Augustas Vilkas	Garliavos "Budo"	31	Dmitrijs Zvonkovs	Daugavpils LFSKA
11	Noreiko Kirill	Minsk "Phoenix"	32	Drozdovs Matvej	Minsk "Phoenix"
12	Matas Krūgelis	Radviliškio "Rytų kovotojas"	33	Simonas Loda	Garliavos "Budo"
13	Deimantas Jurgutavičius	Šiaulių "Baltasistigras"	34	Justas Steponkevičius	Garliavos "Budo"
14	Neda Jucys	Mažeikių "Žemaitis"	35	Shipelevskij Nikita	Minsk "Phoenix"
15	Erik Mednikov	Daugavpils LFSKA	36	Vinsent Sivachov	Daugavpils LFSKA
16	Mividas Kubilius	Kauno "Era"	37	Girts Vorobjovs	LV-LKA
17	Julius Žukauskas	Kauno "Era"	38	Matas Žymanatas	Šiaulių "Baltasis tigras"
KUMITE			39	Ubeika Kasparas	Utenos "Impulsas"
18	Viktorija Pranciliauskaitė	Pakruojo "Cunami"	40	Domantas Brazauskas	Kauno "Samurajus"
19	Melita Mikalevičiūtė	Radviliškio "Rytų kovotojas"	41	Dmitrijs Jurasovs	Riga "Fudzi"
20	Vaida Astaskauškaitė	Garliavos "Budo"	42	Dominykas Gidra	Kauno "Samurajus"
21	Simona Lebenskaitė	Radviliškio "Rytų kovotojas"	43	Julius Žukauskas	Kauno "Era"
			44	Ernestas Kriskus	Panevėžio "Alfa"

Application Forms must be sent before **16th of February 2016 y**, to:

e-mail: a.valuntonis@shotokan.lt

You can download entry forms from our web site: www.shotokan.lt

President of LSKF
Kazimieras Bartkevičius
tel. mob.: 370–698 25 736

Chief judge
Alfonas Valuntonis
tel. mob.: 370–686 55 472

Accommodation:

Hotel **PANEVĖŽYS 2*** address: **Laisvės ave. 26 Panevėžys** (from ~ 25€ /person)

www.lithuanianhotels.com/hotels/Panevezys

Hotel **PERVAŽA 2*** address: **Smėlynės str.112, Panevėžys**(from ~ 20€ /person)

www.pervaza.lt

Hostel **Sport “Olimpas”** address: **Liepų al. 4, Panevėžys**(from ~ 20€ /person)

