



INTERNATIONAL WKF KUMITE SEMINAR

WAYNE OTTO

5 DAN (GREAT BRITAIN)

Organizer: Lithuanian Karate Association (LKA) www.wkf.lt

Location: Siauliai University gym (address – Vasario 16-osios g. 30, Siauliai, Lithuania)

Date: 23–24 November, 2013

Nine times World and European WKF champion, Great Britain and England coach, 5 Dan Master Wayne Otto come to Lithuania to share training methods, reveal the strategic and tactical aspects of kumite. Those methods had made him the highest performance Master.

Seminar schedule:

2013-11-23 (Saturday)

The first workout

11:00 – 13:00

The second workout

16:00 – 17:30

After the workout – 15 min photoshoot

2013-11-24 (Sunday)

The first workout

11:00 – 13:00

The second workout

16:00 – 17:30

After the workout – 15 min photoshoot

The fee of seminar – 40 EUR

Notes

- ✓ In the seminar can participate only older than 10 years and having not less than 8 kyu.
- ✓ All participants must have gum shields and WKF gloves.
- ✓ Participants use foot protections and shin pads on their own discretion.
- ✓ In the gym is allowed only with ticket. Spectators are not allowed.
- ✓ Taking pictures and videos during the seminar are prohibited.
- ✓ All participants will get the seminar certificates.

Registration

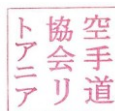
The number of participants is limited!

Registration will be active until 15 November via e-mail – btigras@gmail.com

Accommodation

For accommodation please contact Siauliai karate club “Baltasis tigras” president Egidijus Daknys (3 DAN). Mob. +370 611 38 210, e-mail btigras@gmail.com

The president of Lithuanian Karate Association



Vidmantas Butnorius

