THEUROPEAN CUPRUM CUP in KARATE **EN** 23 NOVEMBER 2013

PLACE: Sports Hall in Legnica Wierzyńskiego Street 1 COMPETITIONS:

Children eagels 8-9 years:

- Team kata girls.
- Team kata bovs:
- Kata indyvidual girls, boys:

Youngsters 12-13 years:

- Team competition 2+2
- Kata: girls, boys;
- Kumite: girls -43, -50, +50 kg boys -40, -45, -50, -55, +55 kg

Juniors 16-17 years:

- Team competition 2+2
- Kata: girls, boys:
- Kumite: girls ,-48, -53, -59, +59 kg boys -55, -61, -68, -76, +76 kg

Directed fights open: 14: 30-15:30

Karate MASTERS:

- Individual Kata women 36- 39 years
- Individual Kata women + 39 years
- Individual Kata men 35- 39 years
- Individual Kata men 40- 44 years
- Individual Kata men 45- 49 years
- Indivudual Kata men 50- 54 years
- Individual Kata men + 54 years
- Individual Kata men own composition 35- 49 years
- Individual Kata men own composition + 49 years
- Individual Kumite men 35- 44 years
- Individual Kumite men 45- 54 years
- Individual Kumite men + 54 years

Karate Shotokan "TORA" CLUB 59-220 Legnica, Mickiewicza Street 21 phone/fax. 0048 76 722 13 57 mobile phone 00 44 7500554122 e-mail. toralegnica@onet.eu







NOTICE!!! Competitors must have at all time documents confirming: age, medical examinations, weight and Karate grade.

Schoolboys 10-11 years:

- Team competition 2+2
- Kata: girls, boys;
- Kumite: girls ,-34, -40, +40 kg boys -34, -40, -45,+45 kg

Cadet 14-15 years:

- Team competition 2+2
- Kata: girls, boys;
- Kumite: girls ,-47, -54, +54 kg boys -52, -57, -63, -70, +70 kg

Seniors +18 years:

- Team competition 2+2
- Kata: women, men;
- Kumite: women -50,-55, -61, -68 +68 kg, men -60, -67, -75, -84, +84 kg

KATA:

according to the WKF rules: additional fights; Tokui kata.. Competitors may not repeat the same Kata twice!!!.



KUMITE: according to the WKF rules, compulsory mouthguards and handguards; time of fight: for schoolboys 1,5 min; for cadet, juniors, senior women, Masters- 2 min; for seniors men - 3 min.

NOTICE TEAM:

- team 4 people 2 male (kata + kumite) + 2 female (kata+ kumite)
- team of 3 people can also start but they will have one defeat
- in all competitions will be two third places.

TEAM competitions the winner is decided by the number of wins and yuko points. In case of a draw there will be a drawing after which the competition will be a play-off.

Awarding of points:

- Kata, win 6 yuko, defeat 2 yuko; without fight win 6 yuko, defeat 0 yuko
- kumite max, amount of points scored by competitors

START CHARGE:

- individual competition - 15 Euro - 35 Euro - team competition - 25 Euro - directed fight

AWARDS:

- in individual competitions: medals, cups and diplomas.
- in team competitions: japanese swords: KATANA, WAKIZASHI, TANTO, trophies, cups, medals, diplomas.
- in directed fights: cups and diplomas.

SPECIAL AWARDS

- commemoriative medal for the youngest competitors (boy and girl)

Accomodiation:

 QUBUS Hotel Skarbowa Street 2 phone: +48 76 866 - 21 - 00 phone: +48 76 866 - 95 -78 - NAROL Hostel Gliwicka Street 1 - VILLA Hostel Br. Gładysza Street 12 phone: +48 76 850 - 22 - 23 phone: +48 76 862 - 54 -12 - Youth hostel Jordana Street phone: +48 76 723 -80 -41 - MIEDZIANKA Hotel Zółkiewskiego St. - KAMIENICZKA Hotel Młynarska Street 15 phone: +48 76 723 - 73 - 92 phone: +48 76 862 -47 -29 - ARKADIA Hotel Gliwicka Street 6 - SEKOWSKI Hotel Gliwicka Street 15 phone: +48 76 721 - 31 - 60 (1person -40 €, 2 people - 48 €, 3 people-56 €, 4 people - to be agreed;

20 people - price 14€. The price includes breakfast and parking.) biuro@hotelsekowski.pl)

Firm: SOCHIN, FIDPOL - ARAWAZA, Accessories for fight arts

Submission to 20.11.2013 for toralegnica@



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Sports Hall Wierzyńskiego street 1

09.30 a.m. 12.30 a.m. 14.30- 15.00 p.m. 15.00 p.m.

21.00 p.m.

Kata Youngsters, Cadets ,Juniors, Seniors and Masters Kumite Youngsters, Cadets ,Juniors, Seniors and 'Dinosaurs' Pause. Directed fights open Grave Inauguration of European Cuprum Cup in Karate

Ending of European Cuprum Cup in Karate Legnica 2012

09.30 a.m