









# 6th European University Karate Championship

## 19-21 July, 2013

## Budapest, Hungary

Sport Hall Budaörs





**WELCOME** 







Dear participants - athletes, officials, partners and guests,



It is with great pleasure to welcome you on behalf of the European University Sports Association (EUSA) on the occasion of the 6th European Universities Karate Championship here in Budapest.

I would like to thank you for your interest and commitment to take part in our Championship, which has already attracted substantial interest from several European universities which will be participating. I would also like to recognise the work the Organising Committee has done regarding the organisation of this important event.

The history of the European Universities Championships goes back to 2001 when the first events were organised. In 2012 the 1st European Universities Games

were successfully held in Cordoba, signalling the new era of alternating European Universities Championships and European Universities Games.

Success of the event depends on you – the participants, and the work and devotion of the Organising Committees and local Authorities which together with EUSA representatives and delegates make the Championship an unforgettable experience.

Our activities go well beyond just sports competitions and are only possible due to the immense level of support and encouragement we receive from our National University Sport Associations, participation of University teams across Europe and involvement of EUSA staff and representatives. I also have to acknowledge the continuous support of our partners, especially cooperation with International University Sports Federation (FISU) and also other partner organisations.

I am certain that the athletes taking part in this event will enjoy the Championship and that they will compete for their best results in a friendly and encouraging atmosphere, at the same time making new friends and experiencing new cultures.

May the competitions be governed by fair play and reflect the true spirit of university sport and best of luck to everyone!

Welcome to the EUC Karate 2013!

Mr Adam Roczek, EUSA President











"A society that has healthy and athletic intellectuals is healthier and more successful."

On behalf of the Hungarian University Sports Federation it is a great pleasure for me to greet and welcome warmly all sportsmen, sports leaders and fans, in short everybody, who is interested in the 5th Karate European Universities Championship organized in Budapest, Hungary!

It is well-known that cultivating sport has many positive effects. Among those benefits the most important ones are the roles, which it plays in healthcare and education. The simplest and unquestioned reason for supporting sports is that the human being is created for physical movement by the evolution itself. Our body needs regular physical use in order to avoid effects, which lead to negative developments both in individuals and in the society. - Of course, there are a lot of sports that one can choose and many of them are really excellent. But for me Karate belongs surely to the most attractive ones: the elegance of movements, the excitement of the personal struggle, the pleasure of hard and fair competition touch and satisfy our very deep expectations in connection with sport!

The most successful segment of Hungarian university sports has traditionally been hosting and participating in international events. The most significant elements of these traditions are the organizations of the VIth World University Games in 1935 and of the IVth Summer Universiade in 1965. The importance of international university sports for our country is also demonstrated by the fact that already 10 World University Championships were hosted by this country.

On the European level, this is the first time that Hungary hosts a European Universities Championship. We start with the 5th Karate EUC and we should like to professionally organize the event, with high level and exciting competitions, with many participants and spectators! I wish you successful and fair competitions! I hope that you all will have good time in Hungary and after the Championship you will leave the country with unforgettable memories and new lifelong sportfriendships!

> Prof. Dr. Ádám KISS President Hungarian University Sports Federation











Dear honoured guests, athletes and friends of karate,

I would like to invite you and Your University in the name of the Hungarian Karate Federation to participate in the 5th Karate European Universities Championship to be held in Budapest, Hungary.

In this year the Hungarian Karate is celebrating its 40<sup>th</sup> year and it is a great pleasure to introduce my country at this anniversary. We open gladly the next decade with such a glorious event like one of the most important tournament of Europe.

You will come to know the Hungarian hospitality and you will feel it on the short spending time or on a longer staying. I hope you could be here not only for the Championships and you can draw in the atmosphere of this beautiful capital.

People in the world say that Budapest is the city of baths, we have wonderful sights from the Medieval Age until the fertile 20<sup>th</sup> century. You will find the best possibility by your interest in the active rest, in the arts or even discovering the famous Hungarian gastronomy by walking on the historical paths.

Enjoy our modern capital and country that hold their traditions from 1100 years.

Welcome to Hungary and Budapest!

JÁNOS MÉSZÁROS

President of the Hungarian Karate Federation









#### **ORGANIZING COMMITTEE**

## NUSA

Name:	Zoltan Rakaczki	
Address:	House of Hungarian Sports, 1146 Budapest, Istvanmezei ut 1-3.	
Phone:	+36 1 460 69 15	
Fax:	+36 1 460 69 16	
E-mail:	iroda@mefs.hu	

## Hungarian Karate Federation

Address:	House of Hungarian Sports, 1146 Budapest, Istvanmezei ut 1-3.	X
Phone:	+36 1 460 68 67	MAGYAR KARATE SZAKSZÖVETSÉG
Fax:	+36 1 460 68 68	
E-mail:	mksz@karate.hu	

## Organizer : Pentamer Ltd

Name:	Mariann Kereszturi	
Phone:	+36 20 431 9996	3 Ste
E-mail:	<u>karate@pentamer.hu</u> , <u>mariann.kereszturi@pentamer.hu</u>	and the second

Name:	Maja Trkulja	
Phone:	+36 20 290 5451	
E-mail:	<u>karate@mefs.hu,</u> <u>maja.trkulja@pentamer.hu</u>	









## Organizing Committee Strukture

	Dr KissAdam (president of the	
President:	Hungarian University Sports Federation)	
Co- President:	Dr Meszaros Janos (president of the HungarianKarate Federation)	
General Secretariat:	Rakaczki Zoltan (Hungarian University Sports Federation)	
Executive manager:	Mariann Kereszturi	
Financial manager:	Mariann Kereszturi	
Information manager:	Maja Trkulja	
Accomodation manager:	Mariann Kereszturi	
Catering manager:	Ferenc Kereszturi	
Medical manager:	Robert Hargitay	
Opening, closing and awards ceremony manager:	Marton Falusi	
Security and safety manager:	Robert Hargitay	
Sports manager:	Zoltan Orban	
Sport venues manager:	Robert Hargitay	
Transportation manager:	Ferenc Kereszturi	
Volunteer manager:	Zoltan Orban	









## HONORARY COMMITTEE

Simicsko Istvan	State Secretary for Sports	
Dr. Péceli Gábor	Rector, Budapest University of Technology and Economics	
Dr. Mezey Barna	Rector, Eötvös Loránd University	
Dr. Patyi András	Rector, National University of Public Service	
Nagy David	HOOK –Student Council National Conference	









## **INTRODUCTION OF HUNGARY**



The Republic of Hungary is situated in Central Eastern Europe. The country covers an area of 93,036 km2 and it has roughly 10 million inhabitants, who speak a unique language which is not used anywhere else in the world. In the year 2000 the nation celebrated the thousandth anniversary of the foundation of the Hungarian State. Since the reign of state-founder King Saint Stephan, Hungary has gone through golden ages as well as repeated trials, but has survived despite its stormy history. Today, Hungary, a member of the EU is one of the most popular destinations of visitors who wish to encounter this beautiful country with natural, historical, cultural and gastronomic attractions.

Hungary is a country rich in culture and history, its towns and cities virtually living, breathing works of art, its people quintessentially European - intellectual, hard working and hospitable. A small country, brimming with culture and natural beauty, Hungary is endowed with two-thousand-year-old Roman remains, four-hundred-year-old Turkish period monuments, beautiful Romanesque churches, examples of neo-Gothic and Art Nouveau architecture and imposing castles.

Lovers of nature and the great outdoors will relish exploring Europe's largest freshwater lake, Lake Balaton, or the many conservation areas, each concealing a wonderful protected world. Outdoor activities such as horse riding and water related pursuits are popular here. The country has one of the finest folk traditions in Europe, producing excellent examples of embroidery, pottery, murals and objects carved from wood or bone. Its musical contributions are just as rich and range from the rhapsodies of Franz Liszt and the operas of Ferenc Erkel to gypsy and folk music. Hungary is also popular with visitors seeking rest and rejuvenation. Here there is a wealth of natural healing spring waters with spa facilities for visitors to choose from. It is a country of diversity, full of sights and experiences that will impress astonish and above all please its visitors.



The capital of Hungary, known as the "Pearl of the Danube", is undoubtedly one of the most beautifully located cities in the world. The river Danube runs through the middle of the metropolis of two million, dividing hilly Buda with its narrow cobbled streets and mixture of medieval and neo-classical buildings from the Pest plain with its wide avenues and boulevards. Because of the picturesque panorama offered by the river and its bridges, the Parliament, the imposing Royal Castle, Fishermen's Bastion and the impressive Danube Embankment, UNESCO placed this site on the World Heritage list.

The guests will find side by side the remains of fortresses and buildings from Roman times, still operating Turkish baths, Gothic and Baroque buildings, and the incredibly rich Art Novae architectural heritage. There is no other capital city in the world with close to 100 thermal springs and 12 medicinal baths within its boundaries, where 19 million gallons of thermal water rise to the surface every day.

It is a city where the pleasing harmony of different architectural styles and superb structures, the cafés, gastronomy and culture are combined with legendary hospitality and blend into an unforgettable experience for visitors.











## HOW TO GET TO HUNGARY

Hungary lies at the crossroads of the main tourist traffic flows in Europe. About 70 airline companies operate regular flights to and from Budapest (Liszt Ferenc (Ferihegy) International Airport). Railway connections from all European countries are excellent, while there are also bus and boat connections with countries in the vicinity of Hungary. Budapest can be reached by car on motorways M1, M3, M5 and M7.

## **BUDAPEST AIRPORT**



Budapest Liszt Ferenc International Airport was opened in 1950. It was though only given the name Budapest Liszt Ferenc Airport in 2011, and until then it was titled Budapest Ferihegy International Airport. The first terminal which was built back in 1950 was reopened in 2005, and has since then worked as the airport for the budget airlines flying to Budapest. Among the airlines flying to Budapest Airport Terminal 1 you can find RyanAir, Easyjet, Norwegian, WizzAir, Germanwings and Jet2.

Budapest Airport Terminal 2A was opened in 1985 and later in 1998 Budapest Airport Terminal 2B was added to the construction. Terminal 2A and 2B are the terminals where the more "expensive" companies fly, for example Lufthansa, SAS, Delta Airlines, Air France and other companies use this airport for their flights.

In 2011 the Sky Court was opened working as a passage between Terminal 2A and Terminal 2B. Here visitors can find shops, restaurants and places to spend time and money before departure. The SkyCourt is only available after check-in, so without a boarding pass you will not be able to enjoy the services within the SkyCourt.









## TRANSFERS

Regular transfer upon arrival and departure from Liszt Ferenc Airport will be organized for the teams. The participating countries have to request this service.

## **CURRENCY IN HUNGARY**

First of all, Hungary is a member of the European Union, but they have not started with the Euro yet. Many places you can still pay with Euro, but expect to receive forints back. If you do pay with Euros the shops normally give you little for your Euro, so you would do better to go change your Euros, and then go back into the shop and pay with forints.

Forint is the official currency in Hungary. If you want to understand approximately how much money you are using, normally you can calculate it in this way:

1 Euro = 295 Forint (Rate in January, 2013)



Money in Hungary ( Coin as well )

## **BARGAINING AND GIVING TIPS**

It is quite normal in Hungarian to tip in restaurants, but it is also normal to tip guides, hairdressers and taxidrivers. It is not normal to bargain as you shop, except from in the Big Market Hall and in open air markets.









## **HUNGARIAN LANGUAGE**

As a foreigner in Hungary you should not expect to understand to much of the Hungarian language. It is a Uralic language in the Ugric language group, distantly related to Finnish, Estonian and a number of other minority languages. Most people dropping by Hungary learn a couple of words only, while those living here often end up with only a little knowledge, if they do not invest energy and time in learning the language. If you do invest time, the language is not at all impossible, even though it is by some people ranked as the second, third and fourth hardest language in the world!

## Some important Hungarian words:

Yes – igen

No – nem

Cheers – egészségedre (egesjegeddre)

How are you? - hogy vagy? (hodj vadj)

I am .... – Én ..... vagyok (een ..... vadjok)

## **PUBLIC TRANSPORT**

The public transportation network in Budapest is well developed, and will bring you almost wherever you want to. The same tickets are to be used everywhere, and if you buy one day tickets, three day tickets or similar you can use them on all the vehicles in Budapest. You can also buy a tourist card which will give you free use of the public transportation, free or discounted entry to 60 museums and to several sights, reduced price tickets for cultural and folklore programmes, discounts in restaurants and spas and some other advantages as well. This is only recommended if you plan to visit lots of museums and tourist places.

With the travel cards/passes you can travel unlimited with trams, buses and with the metro inside Budapest. You can also buy single tickets (320 Forint), but it is easy to do some mistake with them, and the controllers like to catch tourists, so be careful in that case.







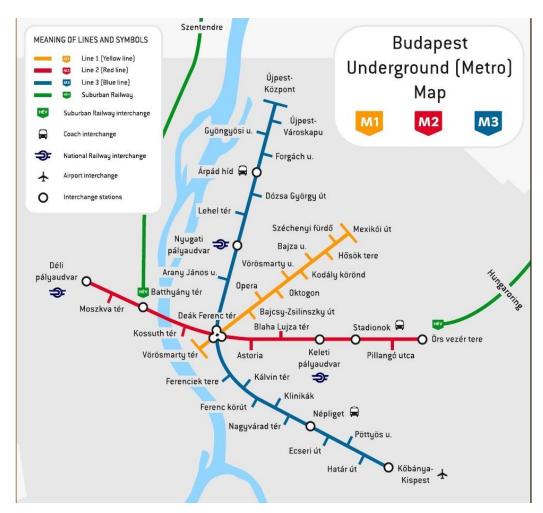




## ΜΕΤRΟ ΜΑΡ

There are three metro lines in Budapest. The yellow is the oldest one, which in fact is the second oldest subway/metro line in Europe. The red is just renewed, the Blue still looks a little bit out of shape. As you read about different hotels and sights, you will be informed to what stop they are close.

Sport Arena M2 ( Red ), Station: Stadionok



## **Budapest Metro Map**

## **AVERAGE TEMPERATURES IN BUDAPEST (IN CELSIUS/FAHRENHEIT)**

Climate data for Budapest													
Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Average high °C (°E)	1.2	4.5	10.2	16.3	21.4	24.4	26.5	26.0	22.1	16.1	8.1	3.1	15.0
Average high °C (°F)	(34.2)	(40.1)	(50.4)	(61.3)	(70.5)	(75.9)	(79.7)	(78.8)	(71.8)	(61.0)	<mark>(46.6)</mark>	(37.6)	(59.0)
Daily mean °C (°E)	-1.6	1.1	5.6	11.1	15.9	19.0	20.8	20.2	16.4	11.0	4.8	0.4	10.4
	(29.1)	(34.0)	(42.1)	(52.0)	(60.6)	(66.2)	(69.4)	(68.4)	(61.5)	(51.8)	(40.6)	(32.7)	(50.7)
Average low °C (°E)	-4	-1.7	1.7	6.3	10.8	13.9	15.4	14.9	11.5	6.7	2.1	-1.8	6.3
Average low °C (°F)	(24.8)	(28.9)	(35.1)	(43.3)	(51.4)	(57.0)	(59.7)	(58.8)	(52.7)	<mark>(44.1)</mark>	(35.8)	(28.8)	<mark>(43.3)</mark>









## VISA/ VISUM

Hungary joined the European Union in 2004, so citizens of the EU and EEA member states do not require a visa. The only documentation they require is either their passport or identity card.

## Schengen Agreement

Hungary is a signatory of the Schengen Agreement. Therefore a visa for Hungary entitles you to travel within the whole Schengen area. This way you do not need to apply for a separate visa to enter Schengen Treaty member states. The opposite is true as well: a 'Schengen visa' is valid for entry to Hungary.

## Non EU/EEA citizens

Citizens of Non-EU/EEA countries (those who are required to get a visa) can apply for various types of visas.

## List of countries whose nationals need visa to Hungary

Albania	Azerbaijan	Belarus	
Georgia	Moldova	Russia	Armenia
Turkey	Ukraine	Turkmenistan	

## Should any visa issues arise, please contact to Hungarian Karate Federation's official agency:

## Pentamer Ltd

Akacfa utca 13., Budapest 1072 Phone: +36 1 784 0090, Fax: +36 1 799 9645 E-mail: <u>info@pentamer.hu</u> / <u>mariann.kereszturi@pentamer.hu</u>

## BUDAPEST TIME - TIME ZONE

Like most states in Europe, Summer (Daylight-Saving) Time is observed in Budapest Time, where the time is shifted forward by 1 hour; 2 hours ahead of Greenwich Mean Time (GMT+2).

After the Summer months the time in Budapest Time is shifted back by 1 hour to Central European Time (CET) or (GMT+1)

Central European Standard Time = GMT+1 Central European Summer Time = GMT+2









## **ELECTRICAL PLUG/OUTLET AND VOLTAGE INFORMATION FOR HUNGARY**

Voltage: 220-240 Volts (U.S./Canada are 110-120 Volts)



## **EMERGENCY TELEPHONE NUMBERS**

We have compiled a short list of the most important emergency numbers for you. Write them down or store them in your handset – you never know when you may need the numbers!

In case of an emergency call (toll free from any phone):

Emergency line 112









## **SPORT HALL BUDAORS**

The heart of the hall is nearly 9 meters high with international standards appropriate playing field (40x20 meters), with a total size of 44x24 meters. together with runways.

The special sport floor of the arena is almost like an air cushion with very good energy dispersing and good abrasion resistance.

The viewing area has a capacity of 1000 with staged seating. In cases where there is no need for the arena an extra 190 seats are available on mobile viewing areas.

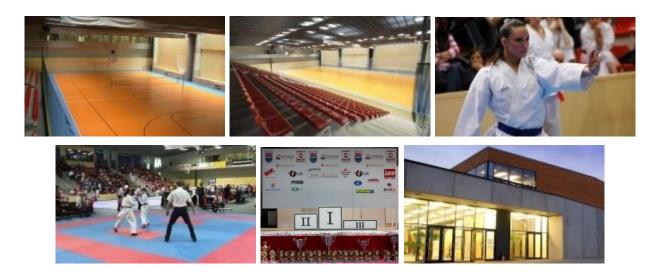
In cases of ball games or where it is needed there are special guardian nets available for protecting the viewers.

The information technology system in the hall is capable of following-up current events on the spot and has a precise immediate communication system.

The referees sitting beside the fields can have a direct connection to the scoreboards and the sound systems.

It can give space to many type of sports for trainings and championships. But as for the painted stripes and the sizes the following sport can be played best:

Handball, Basketball, Volleyball, Futsal, Floor ball, Badminton, Rhythmic sport gymnastics











## ACCOMMODATION

Accommodation in dormitories in Budapest

#### Schönherz Zoltán Kollegium

The kollegium is in Buda close to the Bridge Petofi. Just a few meters the big shopping center Allee and the sport venue is just 10-15 minutes by bus. The building was renovated in 2008. The rooms are 4 bedded and every room has a private shower with toalette.



## PRICES

Price is 65 € per person per night with full board (breakfast,lunch and dinner) and taxes (VAT and local tax).

The booking will be finalize after having recieve the prepayment ( 50 % )!









## **TRANSFERS FORM**

## AIRPORT-HOTEL-AIRPORT

University:	Number of	Arrival	Flight	From	Arrival
	persons	date	number		time
Competitors					
Delegates					
President					

University:	Number of persons	Departure date	Flight number	То	Departure time
Competitors					
Delegates					
President					









## **FOOD AND BEVERAGE**

It will be buffee breakfast, lunch & dinner with 3 menu courses (meat and vegeterian).

## REGISTRATION

Registration will take place at the Schönherz Zoltan Kollegium. Each delegation should bring a CD-ROM with its national anthem and two (2) national flags.

## TRAINING

The organizers will provide the Universities, which turn in the relevant application on time, with training facilities two days prior to the days of the Championships.

The application must be done before May 30th. Please, send this application form by e-mail to karate@pentamer.hu

## **TRAINING FACILITIES - FORM**

University:	
Contact persons:	
Hotel:	
Number of persons:	

TIMETABLE	17th July	18th July
9:00 -11:00		
11:00 - 13:00		
13:00 - 15:00		
15:00 - 17:00		
17:00 - 19:00		









## **OFFICIAL TRAVEL AGENCY**

Regarding the accommodation, transportation, meals and training facilities, and in order to request more information or book the services, you should contact the OFFICIAL TRAVEL AGENCY:



Pentamer Ltd. Akacfa utca 13. Budapest, 1072

Pentamer Kft.

Phone: +36 1 784 0090 Persons of contact: Mariann Kereszturi e-mail: mariann.kereszturi@pentamer.hu

Reservation at the hotel designated by the organisation can be made exclusively by Official Agency.

The booking will only be finalized at the reception of a deposit corresponding to 50% of the total amount of the stay by a bank transfer.

The balance of your stay will have to be paid through bank transfer 15 days before your arrival. The payment for the hotels, as well as the transfers, will have to be made directly to:

NAME OF THE BANK:	KH BANK
ADDRESS OF THE BANK:	1051 BUDAPEST, VIGADO TER 1
ACCOUNT (IBAN):	HU94 10408131-50526549-81651007
NAME OF THE HOLDER :	OLD MAN'S PENTAMER LTD
ADDRESS OF THE HOLDER:	H-1072 BUDAPEST, AKACFA UTCA 13.
SWIFT :	ОКНВНИНВ

#### NOTICE:

• All applications must be booked through the official agency of the organization.

## **Cancellation conditions by Hotels:**

- Cancellation 60 days and more days prior to arrival: cancellation free of charge
- Cancellation 60-30 days prior to arrival: apply cancellation fee 25% of the total booking price
- Cancellation 30-15 days prior to arrival: apply cancellation fee 40% of the total booking price
- Cancellation 14-0 days prior to arrival: apply cancellation fee 100 % of the total booking price









## **GENERAL REGULATIONS**

## **Participation**

Participants are nominated by the national federation of the competitor's country. Only these participants qualify for a EUSA championship:

- Students who are officially registered for and pursuing a course of study at a university or similar institute whose status as a university is recognized by the appropriate national academic authority of their country;

- Former students of the institutions mentioned in previous paragraph who have obtained their academic degree or diploma in the academic year preceding the event.

#### Entry Procedure

Online registration through th eusa website.

#### Entry Fee

Each competing country is to pay the following fee to EUSA: - Active EUSA members: 30 EUR per person

#### **DEADLINES FOR ENTRY AND REGISTRATION**

15 th June, 2013	Registration deadline for the accomodation and entries
20 th June, 2013	Deadline for the prepayment ( 50 % )
1st July, 2013	After this no changing can be accept

## **CONTACTS**

Tel:	+36 1 7840090
Mobil:	+36 20 431 9996
E-mail:	karate@pentamer.hu
Website:	www.karate2013.eusa.eu









#### **TERMS OF RESPONSIBILITY**

To be filled, signed sent back before by March 30th, 2013.

#### **Country/Nation:**

Surname, First name:

Passport number & expiry date:

Credit Card details & expiry date:

Position in the federation:

Address:

Phone number:

Email:

#### Fill in, stamp, sign and send to:

Hungarian Karate Federation Fax: +36 460 6868 e-mail: mksz@karate.hu

Signature



**EVENTS PROGRAM** 







Wednesday (17th July)	
15,00 – 18,00	Registration Student's dormitories Schönherz Kollegium
Thursday (19th July)	
Thursday (18th July) 10,00 – 16,00	Registration Student's dormitories Schönherz Kollegium
18,00 – 19,00	Referees course – Coach Seminar Student's dormitories Schönzherz Kollegium
19,00 – 20,30	Draw Student's dormitories Schönherz Kollegium
Friday (19th July)	
9:00 – 9:30 9:30 – 10:00	Weighing for female Weighing for male
9:30 – 10:30	Eliminations and repechages individual male and female kata
10:30 – 12:00	Eliminations and repechages, Kumite female -50 kg & -55 kg
12:00 – 14:00	Eliminations and repechages, Kumite male - 60 kg & -67 kg
14:00 – 15:30	Eliminations and repechages, Kumite female -61 kg & -68 kg
15:30 – 16:00 16:00 – 16:30 16:30 -	Lunch time Opening Ceremony Finals
Saturday (20th July)	
9:30 - 11:30	Eliminations and repechages, male Kumite -75kg, -84kg,
11:30 – 13:30	Eliminations and repechages, female Kumite + 68kg, male kumite +84 kg,
13:30 – 14:00	Lunch time
14:00 – 15:30	Eliminations and repechages, female and male Kata TEAMS
15:30-	Finals
Sunday (21st July)	
9:30 - 12:00	Eliminations and repechages, male Kumite TEAMS
11.00 12.20	

11:00 - 12:30	Eliminations and repechages, female Kumite TEAMS
12:30 - 13:00	Lunch time
13:00 -	Finals
14:00	Closing ceremony,
20:00 -	Farewell Party