

DEAR COLLEAGUES,

**It is my great pleasure to invite You to participate in the
IXth International Shotokan Karate Tournament**



This tournament is the largest karate event in Baltic states and specially adapted for karate children, cadets, juniors and seniors form 10 till 1 kiu.

Teams from Lithuania, Latvia, Estonia, Russia, Belarus, Ukraine, Poland, Czech Republic, Germany, Norway and Georgia have been invited to this tournament.

PLACE: Lithuanian Police training center

ADDRESS: Griunvaldo str. 16 Kaunas, Lithuania

DATE: Saturday, 17th of November 2012 y.

RULES: ESKA (European Shotokan Karate do Association)

It is planned to hold the competitions on 6 TATAMI.

We will be glad to see You and Your team at the VIIIth International Shotokan Karate Tournament "Tiger way" Oss!

Please find more information about this event in attached files and on web site www.shotokan.lt.

Information about place to visit and hotels in Kaunas:

<http://visit.kaunas.lt>

If you have any questions, feel free and contact us:

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phone +37069825736

a.valuntonis@shotokan.lt

phone +37069973691

**Sincerely Yours,
President of LSKF
Kazimieras Bartkevicius**





LIETUVOS SHOTOKAN KARATĖ FEDERACIJA

LITHUANIAN SHOTOKAN KARATE FEDERATION

S. Raštikio g. 3, Kaunas Lietuva LT-50144 tel. +370 698 25736
Kodas 190727192; Swedbank a.s LT527300010002246513, b.s. LT697300010002232530
Narystė tarptautinėse organizacijose – ESKA, WSKA, FSKA, WSKF, WKC

IXth International Shotokan karate tournament “TIGER WAY”

Regulation

PLACE: Lithuanian Police training center, Griunvaldo str. 16 Kaunas, Lithuania. This place is in the center of Kaunas city, near old town and trading center.

DATE: SATURDAY, 17th of November 2012 y.

CONTEST RULES: ESKA (European Shotokan Karate do Association) Kata: flag system (elimination and finals) Kumite: Jiu-nippon, two sportsman will be awarded for 3rd place, 6 tatami 7x7 m.

PROTECTIONS: gumshields, white gloves – compulsary, groin guards (male) and chest protectors (female) – allowed. Each contestant must have insurance. In case of injury LSKF and organizers pass the buck and do not pay any detriment compensate.

CONTACTS: Kazimieras Bartkevičius phone: +370 698 25736; k.bartkevicius@shotokan.lt

Alfonas Valuntonis phone: +370 699 73691, a.valuntonis@shotokan.lt

JUDGES: Chief judge A. Valuntonis will be very grateful for any help by qualified referees. Our federation will ensure accommodation (hotel place and food) up to 2 foreign countries judges.

ENTRY FEE: one category – 10 € two categories – 18 €

APPLICATION FORMS: must be sent before 14th of November 2012 y. to a.valuntonis@shotokan.lt and k.bartkevicius@shotokan.lt emails. Electronic version of application forms you can find on web site: www.shotokan.lt

ACCOMMODATION:

Hotel **Europa Royanl Kaunas** address: **Misko g. 11, Kaunas** (from 25 €/person)
Tel.: +370 37 407500 www.groupeuropa.com

Hostel **HOSTEL10** address: **Neries krantinė 16, Kaunas** (from 10 €/person)
info@hostel10.lt www.hostel10.lt

Hotel **Metropolis** address: **S. Daukanto g. 21, Kaunas** (from 21 €/person)
metropolis@metropolishotel.lt www.metropolishotel.lt

Hotel **SPORTAS** address: **Aušros g. 42A, Kaunas** (about 10€/person)
Tel. +370 37 797826 kestutisaka@gmail.com

Kaunas archvyskupija guest house: **Rotušės a. 21, Kaunas** (about 15€/person)
Tel. +370 687 94524, sveciunamai@kn.lcn.lt

Hotel **ARIJAUS NAMAI** address: **Maironio g. 20a, Kaunas** (from 25€/person)
Tel. +370 677 16764 arijushouse@uab.info

If you need visa, please contact us and send the list of your delegation until 17th of October. Hotel bookings through federation, you can get 5-10% discount. Please contact Kazimieras Bartkevičius +370 698 25736 until 17th of October.

TIME SCHEDULE:

9:30 – 10:00	Judge, coach meeting
10:00 – 14:00	8-9, 10-11 and 12-13 years old kata and kumite events, award ceremony.
14:00 – 14:45	Break time
15:00 – 15:20	Tournament opening ceremony
15:30 – 18:30	14-15, 16-17, 18-34, >35 years old kata and kumite events, award ceremony.

CATEGORIES

The first part of tournament 2012-11-17 d . from 10.00- 14.00 (8-9 y., 10-11 y. 12-13 y.)

Kata categories (male):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Kata regulation</i>
1.	8-9 y.	10, 9'-9	Taikyoku-1, 2
2.	8-9 y.	8'-8	Taikyoku-1, Heian-1
3.	10-11 y.	9'-9	Taikyoku-1, 2
4.	10-11 y.	8'-8	Taikyoku-1, Heian-1
5.	≤ 11 y.	7'-7, 6'-6	Taikyoku-1, Heian-1, 2, 3
6.	≤ 11 y.	5-4	Heian-1, 2, 3, 4, 5
7.	12-13 y.	9'-9	Taikyoku-1, 2
8.	12-13 y.	8'-8	Taikyoku-1, Heian-1
9.	12-13 y.	7'-7, 6'-6	Taikyoku-1, Heian-1, 2, 3
10.	12-13 y.	5-4	Heian-1, 2, 3, 4, 5

Kata categories (female):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Kata regulation</i>
11.	≤ 11 y.	10, 9'-9	Taikyoku-1, 2
12.	8-9 y.	8'-8	Taikyoku-1, Heian-1
13.	10-11 y.	8'-8	Taikyoku-1, Heian-1
14.	< 11 m	7'-7, 6'-6	Taikyoku-1, Heian-1,2,3
15.	12-13 y.	5-4	Heian-1,2,3,4,5
16.	12-15 y.	9'-9	Taikyoku-1, 2
17.	12-15 y.	8'-8	Taikyoku-1, Heian-1
18.	12-15 y.	7'-7, 6'-6	Taikyoku-1, Heian-1,2,3

Kumite categories (male):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Rules</i>	<i>Time limit</i>
19.	8-9 y.	10, 9'-9	Shobu nippon	Time 1,5 min.
20.	8-9 y.	8'-8		
21.	10-11 y.	9'-9		
22.	10-11 y.	8'-8		
23.	New 10-11 y.	7'-7		
24.	New 10-11 y.	6'-6		
25.	12-13 y.	9'-9		
26.	12-13 y.	8'-8		
27.	New 12-13 y.	7'-7		
28.	New 12-13 y.	6'-6		
29.	12-13 y.	5-4		

Kumite categories (female):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Rules</i>	<i>Time limit</i>
30.	8-9 y.	10, 9'-9,8'-8	Shobu nippon	Time 1,5 min.
31.	10-11 y.	9'-9, 8'-8		
32.	10-11 y.	7'-7, 6'-6		
33.	12-13 y.	9'-9, 8'-8		
34.	12-13 y.	7-4		

The second part of tournament 2012-11-17 d. from 15.00- 18.00
14-15y. , 16-17 y. , 18-34 y. , and over 35 y.

Kata categories (male):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Kata regulation</i>
35.	14-15 y.	9'-9	Taikyoku-1, 2
36.	14-15 y.	8'-8	Taikyoku-1, Heian-1
37.	14-15 m	7'-7, 6'-6	Taikyoku-1, Heian-1, 2, 3
38.	14-15 y.	5-4	Heian-1, 2, 3, 4, 5
39.	15-17 y.	3-1	Heian-2, 3, 4, 5, Tekki-1, Bassai-dai
40.	≥ 16 y.	9-8	Taikyoku-1, Heian-1
41.	≥ 16 y.	7-6	Taikyoku-1, Heian-1, 2, 3
42.	≥ 16 y.	5-4	Heian-1, 2, 3, 4, 5

Kata categories (female):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Kata regulation</i>
43.	14-15 y.	5-4	Heian-1,2,3,4,5
44.	15-17 y.	3-1	Heian-2, 3, 4, 5, Tekki-1, Bassai-dai
45.	≥ 16 y.	9-7	Taikyoku-1, Heian-1
46.	≥ 16 y.	6-4	Heian-1,2,3,4,5

Kumite categories (male):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Rules</i>	<i>Time limit</i>
47.	14-15 y.	9'-9	Shobu nippon	Time 2,0 min.
48.	14-15 y.	8'-8		
49.	New 14-15 m	7'-7		
50.	New 14-15 m	6'-6		
51.	14-15 y.	5-4		
52.	15-17 y.	3-1		
53.	16-17 y.	9-8		
54.	16-17 y.	7-4		
55.	18-29 y.	9-7		
56.	18-29 y.	6-4		
57.	≥ 30 y.	9-7		
58.	≥ 30 y.	6-4,3		

Kumite categories (female):

<i>Group number</i>	<i>Age</i>	<i>Kiu</i>	<i>Rules</i>	<i>Time limit</i>
59.	14-15 y.	9-7	Shobu nippon	Time 2,0 min.
60.	14-15 y.	6-4		
61.	15-17 y.	3-1		
62.	≥ 16 y.	9-7		
63.	≥ 16 y.	6-4		

IMPORTANT: if in category are registered 2 or less sportsman, they can be added to another category. Dead line for visa is **17th of October**, for application form is **14th of November**.

We will meet You in Kaunas in "Tiger Way". Oss!!!