



# **BRITISH OPEN** KARATE CHAMPIONSHIPS

# Glasgow, Scotland 6th & 7th October 2012

SENIOR, JUNIOR, CADET, CHILDREN

## **BULLETIN 1**

Issued 1st Jan 2012



The only British International tournament sanctioned by the WKF

Closing Date for Entries is 1<sup>st</sup> Oct 2012



**UNICEF: The BKF International charity** The BKF supports the children's charity UNICEF. This charity cares for needy children all over the world, please give generously at the championships.

www.britishkaratefederation.co.uk







Dear Friends,

May I take this opportunity to welcome you to 3<sup>rd</sup> British Open and to the host City of Glasgow.

The event, which has been sanctioned by the WKF, will be in partnership with Unicef in an effort to increase awareness and raise funds for the world's needy children.

The aim of the Unicef-BKF partnership is to provide educational resources for many of these children and we would be delighted if you could support us in this very worthwhile cause.

This year we welcome "Sports Data" as a sponsor of our event. This will allow ease of registration with a simple online process which is now being used at major championships throughout the world.

I look forward to seeing you all in Glasgow, in the meantime I would encourage you all to visit <a href="https://www.seeglasgow.com">www.seeglasgow.com</a>.

If you require any further information or assistance then please contact jdundas@sigtec.com

Thank you

Terry Connell

President: British Karate Federation

Revision list Nil - todate





## **Important Event Venue Information**

The City of Glasgow will soon be home to the new National Indoor Sports Arena for Scotland. This venue is due to be completed early 2012 and be ready for its first events by the end of September 2012.

This venue is the replacement for the Kelvinhall International Arena and if all plans go well then our event will be staged in the new arena.



Sir Chris Hoy National Indoor Sports Arena

### **National Indoor Sports Arena (NISA)**

In terms of sheer engineering innovation the National Indoor Sports Arena is unparalleled in Scotland and will be one of the largest facilities of its kind in Europe. This will be a fantastic, flexible community facility with its 12 Badminton Court Sports Hall complex that comprises three sports halls with 5,000 spectator seats, dance and fitness studios, external multi-court areas, media, event control and hospitality suites and offices for Governing Bodies of sport and Sportsscotland.

At the touch of a button a top class 200-metre indoor athletics track will be hydraulically lifted from below in order to host the traditional end of January Aviva Indoor Athletics events that is currently hosted in the Kelvin Hall.

We will confirm as soon as possible which venue we will be used for the competition but as you can see it's a great opportunity to be one of the first major contests to be held in this fantastic venue.

John Dundas BKF Event Organiser





## **Saturday 6th October 2012**

## Kata - Disability, Veterans, Juniors & Seniors

Start times are apporx. Be there in plenty of time. Full schedule will be published online prior to the event.

DISABILITY KATA – SATURDAY 6th Oct 2012				
Registration 8.30am Start: 9am				
Category	Code			
Disability Kata – Male and Female All Grades All Ages	KA100			

VETERANS KATA – SATURDAY 6th Oct 2012 Registration 8.30am Start: 9am	
Category	Code
Veterans Kata – Male and Female All Grades 35years and older	KA99

KATA JUNIORS 16/17 YEARS- SATURDAY 6th Oct 2012  Registration: 8.30am - Start: 9am						
Category Code Category Cod						
Female Junior Kata 16-17yrs	KA1		Male Junior Kata 16-17yrs	KA2		

KATA U21 (18/19/20yrs) - SATURDAY 6th Oct 2012  Registration: 8.30am - Start: 9am					
Category Code Category C					
Female Kata 18yrs to 20yrs Inclusive	KA3		Male Kata 18yrs to 20yrs Inclusive	KA4	

KATA SENIORS 16YRS PLUS - SATURDAY 6th Oct 2012  Registration: 8.30am - Start: 9am					
Category	Category				
Female Seniors Kata (Please note 16yrs + eligible)	KA5	Male Seniors Kata (Please note 16yrs + eligible)			





## Saturday 6<sup>th</sup> Oct 2012 – Kumite Juniors and Veterans

VETERAN OPEN - SATURDAY 6th Oct 2012 Registration: 08.30am - Start: 10am					
Category Female Veterans Code Category Male Veterans Code					
Female Veterans 35yrs plus	KU1		Male Veterans 35yrs Plus	KU2	

JUNIOR KUMITE (16/17yrs) - SATURDAY 6 <sup>th</sup> Oct 2012 Registration/Weigh In: 9.30am - Start: 11am						
Category Female Junior	Code	Category Male Junior Code				
Female Junior Kumite 16-17yrs - 48kgs	KU3	Male Junior Kumite 16-17yrs - 55kgs KU7				
Female Junior Kumite 16-17yrs - 53kgs	KU4	Male Junior Kumite 16-17yrs - 61kgs				
Female Junior Kumite 16-17yrs - 59kgs	KU5	Male Junior 16-17yrs - 68kgs				
Female Junior Kumite 16-17yrs + 59kgs	KU6	Male Junior Kumite16-17yrs - 76kgs KU10				
		Male Junior Kumite 16-17yrs + 76kgs KU11				

JUNIOR KUMITE OPEN (16/17yrs) – SATURDAY 6th Oct 2012 Registration: 9.30am – Start: 1pm						
Category Female Junior	Code	Category Male Junior Code				
Female Junior Kumite 16-17yrs Open	KU12	Male Junior Kumite 16-17yrs Open KU13				

JUNIOR KUMITE TEAM (16/17yrs) – SATURDAY 6th Oct 2012 Registration: 11am – Start: 1pm					
Category Female Junior Code Category Male Junior Code					
Female Junior Team (3) Kumite 16-17yrs	KT1		Male Junior Team (3) Kumite 16-17yrs	KT2	





## Saturday 6<sup>th</sup> Oct 2012 – Kumite U21 and Seniors

UNDER 21 KUMITE (18/19/20yrs) - SATURDAY 6 <sup>th</sup> Oct 2012 Registration/Weigh In: 10am - Start: Midday					
Category Female Junior	Code	Category Male Junior Code			
Female Under 21 (18/19/20yrs) - 53kgs	KU14	Male Under 21 (18/19/20yrs) - 68kgs KU17			
Female Under 21 (18/19/20yrs) -60kgs	KU15	Male Under 21 (18/19/20yrs) - 78kgs KU18			
Female Under 21 (18/19/20yrs) +60kgs	KU16	Male Under 21 (18/19/20yrs) +78kgs KU19			

<b>KUMITE SENIORS – SATURDAY 6<sup>th</sup> Oct 2012</b> Registration/Weigh In: Midday – Start: 2pm						
Category Female Seniors	Code	Category Male Seniors Code				
Female Senior Kumite 18yrs and over - 50kgs	KU20	Male Senior Kumite 18yrs and over - 60kgs KU25				
Female Senior Kumite 18yrs and over - 55kgs	KU21	Male Senior Kumite 18yrs and over - 67kgs KU26				
Female Senior Kumite 18yrs and over - 61kgs	KU22	Male Senior Kumite 18yrs and over - 75kgs KU27				
Female Senior Kumite 18yrs and over - 68kgs	KU23	Male Senior Kumite 18yrs and over - 84kgs KU28				
Female Senior Kumite 18yrs and over + 68kgs	KU24	Male Senior Kumite 18yrs and over + 84kgs KU29				

KUMITE SENIOR OPEN WEIGHT – SATURDAY 6th Oct 2012  Registration: Midday – Start: 2pm						
Category Female Junior	Code		Category Male Junior	Code		
Female Senior Kumite 18yrs and over Open Weight	KU30		Male Senior Kumite 18yrs and over Open Weight	KU31		

KUMITE SENIOR TEAM – SATURDAY 6th Oct 2012  Registration: Midday – Start: 2pm						
Category Female Junior Code		Category Male Junior Code				
Female Senior Kumite Teams 18yrs and over (3 person team)	КТ3	Male Senior Kumite Teams 18yrs and over (3 person team)				

## ATHLETES CAN REGISTER FOR MORE THAN ONE CATEGORY AT A TIME





## **Sunday 7th October 2012**

## Kata 7 to 13yrs and Cadets (14/15yrs)

KATA TEAM UNDER 14yrs – SUNDAY 7th Oct 2012 Registration: 8.30am – Start: 9am – Event: Team Kata					
Category Code Category Co				Code	
Mixed Pairs Team Kata 7 – 10yrs	KAT1		Mixed Pair Team Kata 11 - 13	KAT2	

KATA 7 – 13 YEARS INCLUSIVE – SUNDAY 7th Oct 2012  Registration: 8.30am – Start: 9am					
Category	Code		Category	Code	
Girls Kata 7-9yrs	KA7		Boys Kata 7-9yrs	KA10	
Girls Kata 10-11yrs	KA8		Boys Kata 10-11yrs	KA11	
Girls Kata 12-13yrs	KA9		Boys Kata 12-13yrs	KA12	

KATA Cadets 14 – 15 YEARS – Sunday 7th Oct 2012  Registration: 8.30am – Start: 9:00am					
Category Code Category		Code			
Female Cadet Kata 14-15yrs	KA13		Male Cadet Kata 14-15yrs	KA14	





KUMITE 7 – 11 YEARS INCLUSIVE – SUNDAY 7th Oct 2012  Registration/Weigh In: 9.30am – Start: 11am					
Category	Code		Category	Code	
Girls Kumite 7-9yrs - 25kgs	KU32		Boys Kumite 7-9yrs - 33kgs	KU36	
Girls Kumite 7-9yrs + 25kgs	KU33		Boys Kumite 7-9yrs + 33kgs	KU37	
Girls Kumite 10-11yrs - 35kgs	KU34		Boys Kumite 10-11yrs - 45kgs	KU38	
Girls Kumite 10-11yrs + 35kgs	KU35		Boys Kumite 10-11yrs + 45kgs	KU39	

KUMITE TEAM 7 - 9 YEARS INCLUSIVE - SUNDAY 7th Oct 2012  Registration: 9.30am - Start: Midday						
Category	Code		Category	Code		
Girls Team Kumite (3) 7 – 9yrs	KT5		Boys Team Kumite (3) 7 – 9yrs	KT7		
Girls Kumite Open 7 – 9yrs	KU40		Boys Kumite Open 7 – 9yrs	KU42		

KUMITE OPEN & TEAM 10 - 13 YEARS INCLUSIVE – SUNDAY 7th Oct 2012 Registration: 10am – Start: TBC					
Category	Code		Category	Code	
Girls Team Kumite (3) 10 – 13yrs	KT6		Boys Team Kumite (3) 10 – 13yrs	KT8	
Girls Kumite Open 10 – 13yrs	KU41		Boys Kumite Open 10 – 13yrs	KU43	

KUMITE 12 – 13 YEARS INCLUSIVE – SUNDAY 7 <sup>th</sup> OCTOBER 2012  Registration/Weigh In: 11am – Start: TBC					
Category	Code	Category			
Girls Kumite 12-13yrs - 45kgs	KU44	Boys Kumite 12-13yrs -45kgs KU46			
Girls Kumite 12-13yrs + 45kgs	KU45	Boys Kumite 12-13yrs + 45kgs KU47			





CADET KUMITE 14 & 15 YEARS – SUNDAY 7th Oct 2012  Registration: Midday – Start: TBC (Afternoon)						
Category Female Cadet	Code		Category Male Cadet	Code		
Female Cadet Kumite 14-15yrs - 47kgs	KU50		Male Cadet Kumite 14-15yrs - 52kgs	KU53		
Female Cadet Kumite 14-15yrs - 54kgs	KU51		Male Cadet Kumite 14-15yrs - 57kgs	KU54		
Female Cadet Kumite 14-15yrs + 54kgs	KU52		Male Cadet Kumite 14-15yrs - 63kgs	KU55		
			Male Cadet Kumite 14-15yrs - 70kgs	KU56		
			Male Cadet Kumite 14-15yrs + 70kgs	KU57		

CADET KUMITE OPEN & TEAM 14 - 15 YEARS - SUNDAY 7th Oct 2012  Registration: Midday . Start: TBC (Afternoon)					
Category Female Cadet Code			Category Male Cadet	Code	
Female Cadet Team (3) Kumite 14-15yrs	KT9		Male Cadet Team (3) Kumite 14-15yrs	KT10	
Female Cadet Kumite 14-15yrs Open	KU48		Male Cadet Kumite 14-15yrs Open	KU49	





The BKF are pleased to continue to support disabled competitors within karate and are delighted to announce that the Disability Kata contest will this year again feature at the BKF Open. The event will take place on Saturday at 10am for [all ages] for those with a physical or mental disability. The range will depend on demand and as this is a new area for us we ask for understanding on this sensitive matter. Should you enter this category you cannot participate in any other category.

The BKF have published a paper on this which is available on our website and Mike Billman from our executive has been given the task of overseeing this project. Mike can be contacted through our web email address.

DISABILITY KATA – Saturday 6th Oct 2012					
Registration 8.30am Start: 9am					
Category	Code				
Disability Kata all ages male and female	KUDK 01				

### **Photography and Recording**

The BKF will have an official photography who will be taking photographs during the event. These photos will be used for public relations and for use on the BKF website as well as Facebook.

If anyone has any issues please contact BKF Organiser John Dundas (jdundas@sigtec.com)

These images will also be available for Associations, Groups, Clubs and families to download and use as long as BKF are given the credit.

Video and photography use by the general public is "Free of charge" but you will have to register on the day of the event at the main centre reception.

Please reframe from encroaching on the matted areas for photography or videoing.





## **IMPORTANT NOTES**

This event is being organised by the British Karate Federation with grateful assistance from the Scottish Karate Governing Body Ltd.

## IMPORTANT NOTE FOR COACHES

# Repechage will be for JUNIORS and SENIORS Individual Kumite and Kata. No Repechage for Cadets

Competitors can only compete in their own categories and cannot move up to compete in another category.

In the unlikely event of low Category entries the organisers reserve the right to amalgamate categories.

Coaches, please ensure your competitors leave the area when their category finishes, this is a strict rule.

Please advise your competitors accordingly regarding insurance cover.

A maximum of 4 coaches passes per association. Please supply a list of coaches when submitting your application.

## Parental consent: This is the responsibility of the association

## **Coaches Code Of Dress: IMPORTANT**

Coaches must be in Association tracksuits or colours etc. and must wear their coaching ID badge. Inappropriate dress will be refused access to the Tatami.

Only coaches ADHERING TO DRESS CODE and in possession of a coaches pass will be allowed on the competition area, these will be supplied at the event. Coaches passes will be provided according to the number of entries up to a maximum of four. All coaches must provide his/her details to the Chief Referee. Only 1 coach is permitted on the Tatami at any one time.

#### Insurance

It is the responsibility of each individual to have their own insurance cover for the event.





## Schedule

## Saturday 6th October 2012

All Kata and Kumite will be held under WKF rules.

Kata will start from 9am with individual Kata being the first event. Kumite events will have staggered start times, starting from 10.30 am with registration and weigh in being one hour before. All staggered times are estimated as this will depend on the number of entries in each category.

## **Sunday 7th October 2012**

All Kata and Kumite for 14/15 years and above will be held under WKF rules, WKF face and body protection for 14-15 year olds will be compulsory.

All Kata events will start at 9am with the individual kata being the first event. Registration will be from 8.30am.

For 13 years and under, competitors may choose which ever Kata they wish to perform and this can be repeated in all subsequent rounds.

All staggered times are estimated as this will depend on the number of entries in each category.

Minimum age is 7yrs and above for all Kata and Kumite.

## From Chief Referee (C. Mbakwe WKF Referee)

Could all Associations and coaches be advised that the WKF rules will be strictly applied in all categories for 14 years and above with the exception of repercharge for Cadets. Juniors and Senior Individual Kata/Kumite will have repercharge.





## **Transport Information**

Glasgow is very well connected by Road, Rail and Air. Within the Central belt of Scotland there are 3 main airports.

#### **Airports**

Glasgow International Airport Glasgow Prestwick Airport Edinburgh Airport -

- 8 miles from Glasgow City Centre - 29 miles from Glasgow City Centre

- 45 miles from Glasgow City Centre

## **Main Line Railway Stations**

Glasgow Queen Street Station Glasgow Central Station

### **Airlines Glasgow International Airport (GLA)**

Air Southwest Aer Lingus BMI **BMIbaby British Airways** Canadian Affair Continental Easyjet Emirates Flybe Icelandair Jet2 **KLM** Onur Thomson Spainair

Thomas Cook US Airways

## **Airlines Edinburgh Airport (EDI)**

Aer ArannAer LingusAir FranceAustrianBMIBMIbabyBritish AirwayContinentalEasyjetFlybeGermanwingsJet2

KLM Lufthansa Norwegian Ryanair SAS

Thomas Cook Thomson

## **Airlines Glasgow Prestwick Airport (PIK)**

Ryanair Wiz Air

## **Airline Websites**

Aer Lingus <u>www.aerlingus.com</u>
Air France <u>www.airfrance.com</u>
Austrian www.aua.com

Aer Annan www.aerarann.com
Air Southwest www.airsouthwest.com
BMI www.flybmi.com

BMIbaby <a href="https://www.bmibaby.com">www.bmibaby.com</a>
British Airways <a href="https://www.ba.com">www.ba.com</a>
Continental <a href="https://www.easyjet.com">www.easyjet.com</a>
Emirates <a href="https://www.emirates.com">www.emirates.com</a>
Flybe <a href="https://www.flybe.com">www.flybe.com</a>

Germanwings <u>www.germanwings.com</u> Icelandair www.icelandair.com

Jet2 <u>www.jet2.com</u> KLM www.klm.com

Norwegian <u>www.norwegian.com</u>
Pakistan (PIA) <u>www.piac.com.pk</u>
SAS <u>www.flysas.com</u>
Thomas Cook <u>www.thomascook.com</u>
Onur Air www.onurair.com.tr
Ryanair www.ryanair.com
Spainair www.spainair.com
Thomson www.thomson.co.uk

US Airways <u>www.usairways.com</u> Wiz Air www.wizzair.com Canadian Affair www.canadianaffair.com





## **Glasgow International Airport Public Transport Links**

#### **Trains**

The nearest rail station to the airport is Paisley Gilmour Street, which is just one mile from the terminal and easily reached by taxi or bus (services 66 and 300).

There are 8 trains an hour from Paisley Gilmour Street to Glasgow Central (5 ph on Sundays). Rail tickets to Glasgow Central, via Paisley Gilmour Street, can be purchased from the SPT Travel Centre on the ground floor of the airport terminal, next to domestic arrivals.

## **Airport Express Bus Service 500**

Services to Glasgow city centre Service 500 (<a href="www.glasgowflyer.com">www.glasgowflyer.com</a>) The Arriva Glasgow Flyer provides a high-frequency bus service to and from Glasgow City Centre and Buchanan bus station (stand 46). This service leaves from Bus Stop 1.

Services run up to every 10 minutes and journey time is 15 minutes to the City Centre. The bus service stops at all major City centre hotels and Strathclyde University.

Single fare: £4.20 Adult Return: £6.20 Adult Open Return: £6.50

## **Airlink City Bus Service 747**

Service 747 AirLink (www.firstgroup.com) service operates between Glasgow Airport and the city centre via Partick, Kelvingrove Art Gallery and Charing Cross.

Buses run up to every 20 minutes and journey time to Buchanan bus station is around 48 minutes. Service 747 provides direct access to many visitor hotels in the West end. This service leaves from Bus Stop 8.

Single fare: £4 Return: £5. Plus

## **Buses to Railway Station Service 66 and 300**

These buses leave on a frequent basis and stop at Paisley Gilmour Street railway station Service 66 leaves from Stand 7 and Service 300 leaves from Stand 6.





## **Edinburgh Airport Public Transport Links**

There is no direct public transport link between Edinburgh Airport and Glasgow City Centre. The journey requires a bus and a train trip which should take approx. 1hr 30 minutes.

Edinburgh Airlink 100 is an express bus service runs from the airport to Waverley Bridge beside Waverley Street main railway station. The bus runs every 10 minutes to 15minutes. Journey time 25 minutes.

**Fare:** Single £3.50, Return £6 (reductions for children).

Buy tickets at the airport information desk, at the bus stop or from the driver Train from Edinburgh Waverley Station to Glasgow Queen Street depart every 15 minutes with a journey time of 50 minutes.

Fare: Return Adult £22.00 Return Child £11.50

## **Glasgow Prestwick Airport Public Transport Links**

#### **Trains**

Glasgow Prestwick is served by its own railway station which is accessible by a covered walkway to/from the airport.

From Airport

0548 – 2308 Monday – Saturday 0850 – 2307 Sunday

From Glasgow

0600 - 0015 Monday - Friday 0600 - 2330 Saturday 0900 -2300 Sunday

#### 1/2 Price Rail Travel

All passengers travelling to and from the airport will receive 50% discount on the standard fare. Passengers joining the train at Prestwick Airport require to show their official flight confirmation and photo id to the train conductor when buying their ticket, as there is no ticketing office at Prestwick Airport.

#### **Bus Services**

## X77 Express Bus Service Prestwick

Glasgow Prestwick Airport is served by Stagecoach Western X77 Express Service and operates to/from Glasgow Buchanan Street Station. This is a direct service which stops outside the airport on the A79.

X77 From Airport 0639 - 2034 Monday — Saturday 0810 — 1810 Sunday X77 From Glasgow 0735 - 2330 Monday — Saturday 0905 — 1905 Sunday

Journey time is 50 minutes

Stagecoach Western runs the bus service between the Airport Terminal and Glasgow Buchanan Bus

Station from 06:30 - 22:20 for more details click below.





#### **Glasgow Prestwick Airport Public Transport Links (Continued)**

#### **Late Evening Bus Services From Prestwick Airport**

The X99 airport express bus service offers passengers, who arrive on late evening flights out with public transport times, a direct service between the airport and Glasgow.

Passengers are strongly recommended to pre-book tickets, although they can be purchased from the driver on the day of travel subject to availability.

Depart: Glasgow Prestwick Airport - Side of Terminal 23:59 pm Arrive: Glasgow Buchanan Bus Station Stance 1 01:00 am

### **Early Morning Bus Service to Prestwick Airport**

The X99 airport express bus service offers passengers, who require to check-in prior to 07:30 on weekdays and 10:00 on Sundays, a fast, comfortable and reliable service between Glasgow and the airport.

Depart: Buchanan Bus Station Stance 1 04.30am Arrive: Glasgow Prestwick 05.15 am

To buy tickets online visit www.gpia.co.uk/AirportInfo/HowTo/bus.asp Or by telephoning 08712 222 883. (UK calls only). Tickets are only valid for the X99 service.

Fares: £8 single (pre book) £9 single (standard fare)

## **Car Parking at the Venue (Kevlinhall Venue)**

Below you will find a map that shows the locations of various car parking areas around the main venue. Both areas are covered by payment parking meters for the Saturday and Sunday. You will require change for these machines.

The main car park has 400 spaces and is cheaper than the on-street parking. The car park and on-street parking both have marked disabled parking spaces.







#### **Accommodation**

Glasgow has a very large range of hotel accommodation from group specialist thru to 5 star hotels. The BKF have been working in partnership with "Glasgow City Marketing Bureau" and its members to bring you some of the best deals in accommodation.

As well as hotels the University of Glasgow and Strathclyde University have offered their accommodation at low rates for the weekend of the event. Excellent for squads.

## Main Hotel Booking Site "SeeGlasgow"

The Glasgow City Marketing Bureau offer some of the best discounted rates to visitors to the City. Prices for hotels start at £40 per night including a full Scottish breakfast. All the main hotels can be booked from this website. To check on availability and make a booking visit www.seeglasgow.com

## **University Of Glasgow Accommodation**

**Queen Margaret Residence** -Queen Margaret Residence is situated near to the Botanic Gardens. 3 Miles to main venue. The accommodation comprises of en suite rooms with access to a shared well-equipped kitchen. All guests also have access to a common lounge area. The 2011 rate for this residence is £35.75 per person per night (self-catering but inclusive of a breakfast muffin and juice).

**Wolfson Hall** - Wolfson Hall is situated in the West of Scotland Science Park in a quiet woodland area about 20 minutes drive from the main venue and city centre. All rates include a full Scottish breakfast and all guests have access to a shared TV room and common room. The rate is from £25.00 per room per night (bed and breakfast).

**Cairncross House** - Cairncross House is a perfect base to explore Glasgow. It is within easy walking distance of the University and the city centre and close to local amenities such as shops, bars and restaurants. It is only a few miles from the main venue. All rooms are standard with wash hand basin and self-catering with access to a shared kitchen and lounge/TV area. The rate for this residence is £19.25 per person per night (self-catering).

For facts and photographs of our residences, please follow this link: http://www.gla.ac.uk/services/cvso/accommodation

## **University of Strathclyde**

The University of Strathclyde's city centre campus is the ideal location for all visitors to the city.. They are delighted to offer you Bed and Breakfast and also Self Catering. Bed and Breakfast can be in either of our standard or en suite single bedrooms. Self catering is in standard single bedroom flats, available for a minimum 4 persons.

Contact: Mary Young on UK +44 (141) 548 3604 Email mary.young@strath.ac.uk

#### **Pond Hotel Glasgow Special Rates**

The Pond Hotel is only 15 minutes from the main venue. The hotel has offered a special rate to the BKF for the weekend of the competition. The hotel has 137 rooms and free car parking.

Double room for sole use £60.00 Bed & breakfast per room per night Double or Twin for 2 people £70.00 Bed & Breakfast per room per night. Please Quote "British Karate Federation" when booking either via telephone number +44 141 334 8161 or reservation@pondhotel.com





## **Visitor Requirements to Enter the UK**

The UK Border Agency is responsible for securing the United Kingdom's borders and controlling migration. They consider applications for permission to enter or stay in the United Kingdom (UK) through their visa services around the world.

To check if you require a visa please visit the UK Border Agency Visa website which gives you information and guidance about which nationalities need UK visas to enter the country. www.ukvisas.gov.uk

## **General Information**

Time Zone GMT+1 (British Summer Time)

Voltage: 220Volt/50Hz

Weights and sizes: Metric System Weather Oct: Aver 50deg F/9deg C Shops:

Supermarkets: Most open 7 days a week.

Mobile Phone: Vodafone, Orange, O2, T-Mobile,3G

Currency: British Pound £ Vaccination Required : No Credit Cards: All major cards Most open 7 days a week Banks: Mon-Fri 9am - 5pm

Transportation Links: Underground, bus and rail. (www.spt.co.uk for further information)

## **Emergency Medical Treatment**

Glasgow has a number of Accident and Emergency units. The closest one to the main venue is the Western Infirmary (approximately ½ mile from the venue).

Glasgow Western Infirmary. 24hrs Accident and Emergency Service. Tel: 0141 211 2000

## **Emergency Phone Number**

If you require the Police, Fire Service or Ambulance in an emergency then you must call "999". This will put you through to an operator who will ask you which service you require. They will then transfer your call to the relevant service.

## **Drinks and Food at Venue**

There will be a café that will operate throughout the day. There are also a number of vending machines onsite and nearby shops.

## **Disabled Access and Parking**

The venue has disabled parking bays at the side of the building (see parking map) and also full disabled access





## **Registration & Payment**

The British Karate Federation are pleased to announce that "*Sports Data*" is now a major sponsor of the "British Open 2012". "*Sports Data*" is approved by the "World Karate Federation". Many major championships around the world are now using "Sports Data"

Sports Data allows for "OnLine" Registration of your entry as well as paying for your entry via Paypal.

You will be able to see all the entries for the contest as well as the draw sheets once they have been generated.

For online registration visit: www.sportdata.org

For help on how to register online visit:

http://www.sportdata.org/set-online/faq\_en.php?active\_menu=faq

We will still accept registrations via postal service and email. This year you will also be able to pay by "Paypal" for your entry.

Email entries: jdundas@sigtec.com

Post: BKF2012 c/o John Dundas, 26 Balgray Road, Glasgow, G77 6PB, United Kingdom

## **Payment Options**

Online registration Pay with Paypal or request invoice and then pay by cheque.

Postal entries: Pay with Paypal invoice will be sent on receipt of entries or pay by cheque

Email entries: Pay with Paypal invoice will be sent on receipt of entries or pay by cheque

Paypal address: jdundas@sigtec.com Mark all payments BKF 2012

**Cheques** made payable to "British Karate Federation"







## **Coach Passes**

Name	Date Of Birth	Coach Number

Coaches can also be registered online

## **ENTRY FORM**

ASSOCIATION:		COUNTRY:		
CONTACT NAME:	TELEPHONE:		E-MAIL:	
FULL ADDRESS:				
I confirm that all the competitors entered or	n this sheet have recei	ved my advice of and a	accept the following statement:	
that the competitor or his personal represen	ntative may have for a ersonal belongings su	ny injury (however cau	ents and all other competitors from all claims sed) sustained by the competitor and for the ng the course of the Championships or while	
SIGNED				
BY COACH	PRINT	LIC	CENCE NO	

## **ENTRY FORM**

## **Individual Entry £15.00 per event**

				≈ 10.00 pci					
COMPETITORS FULL NAME	SEX M/F	EXACT WEIGHT (KILOS)	D.O.B	GRADE	B.	KING CO R INDIVID EVENTS	UAL	TOTAL INDIVIDUAL COST	Country
					KATA	KUMITIE	OPEN		
Joe Bloggs	М	75kg	29-Nov-65		KA12	KU67	KU88	£45.00	Scotland

## **Team Entry Form**

ASSOCIATION:		COUNTRY:	
COACHES NAME:	TELEPHONE	Ξ:	E-MAIL:

CATEGORY	CODE	TEAMS	COST TEAM	TOTAL COST
Mixed Pairs Team Kata 7 – 10yrs	KAT1		£20.00	
Mixed Pair Team Kata 11 - 13	KAT2		£20.00	
Female Junior Team Kumite 16 – 17 yrs	KT1		£30.00	
Male Junior Team Kumite 16 – 17 yrs	KT2		£30.00	
Female Senior Team Kumite 18 yrs +	KT3		£30.00	
Male Senior Team Kumite 18 yrs +	KT4		£30.00	
Girls Team Kumite 7 - 9 yrs	KT5		£25.00	
Girls Team Kumite 10 - 13 yrs	KT6		£25.00	
Boys Team Kumite 7 - 9 yrs	KT7		£25.00	
Boys Team Kumite 10 - 13 yrs	KT8		£25.00	
Female Cadet Team Kumite 14 – 15	KT9		£30.00	
Mal Cadet Team Kumite 14 – 15	KT10		£30.00	

	TOTAL KUMITE	

## **Spectator Fees**

Туре
Adult
Children under 18
Family 2x2

Days	Cost
1	£8
1	£5
1	£17

Days	Cost
2	£12
2	£8
2	£22

Total amount payable: £\_\_\_\_\_

See Registration and Payment page for further details