



LIETUVOS SHOTOKAN KARATĖ FEDERACIJA LITHUANIAN SHOTOKAN KARATE FEDERATION

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Narystė tarptautinėse organizacijose – ESKA, WSKA, FSKA, WSKF

XVIII BALTIC STATES KARATĖ CLUBS SHOTOKAN CHAMPIONSHIP REGULATION

Competition aims: to promote Shotokan karate style, to prepare take part in 2012 World Karate Confederation (WKC) World Championship and Cup, which will be held on 5-8 d. of July, Radviliskis Lithuania V TAFISA Games program

Organizers of championship: Lithuanian Shotokan Karate Federation, Karate club “Alfa”.

Place: Jaksto str. 1, Panevezys, Lithuania **“Aukštaitija” sport Hall**

Date: Saturday, 18th of February 2012 y.

Rules: WKC/ Shotokan. The competitors must be the exact age of their group on day of competitions!
No exceptions. More information about WKC rules in website: www.wkc-org.net

Categories:

KATA

7-9 years girls; **7-8 and 9 years** boys

Kata: Taikyoku-Shodan, Heian-Shodan

10-11 years girls; **10 and 11 years** boys

Kata: Taikyoku-Shodan, Heian-Shodan, Heian-Nidan

12-13 years girls; **12 and 13 years** boys

Kata: Taikioku-Shodan, Heian-Shodan, Heian-Nidan, Heian-Sandan

14-15, years (girls and boys separate)

Kata: Heian-Shodan, Heian-Nidan Heian-Sandan, Heian-Yodan, Heian-Godan

16-17 years (girls and boys separate)

Kata: Heian-Nidan, Heian-Sandan, Heian-Yodan, Heian-Godan, Tekki-Shodan

Eliminations – flag system; **finals** (4 competitors) – point system (tokui kata). **The categories of an age class with less then 3 registered competitors will be merged together to near age category.**

KUMITE

Female: 7 y. (length of fight – 1:00 min.), 8-9 y. (1:00 min.), 10 y. (1:30 min.), 11 y. (1:30 min.), 12-13y. (1:30 min.), 14-15 y. (2:00 min), 16-17 y. (2:00 min) – Open category Jiu kumite Shobu Ippon.

Male: 7 y. (length of fight – 1:00 min.) – Open category Jiu kumite Shobu Ippon.

8-9 y. weight categories -34 kg; -39 kg; +39 kg (1:30 min.) – Shobu sanbon kumite;

10-11 y. weight categories -40 kg; -45 kg; +45 kg (1:30 min.) – Shobu sanbon kumite;

12-13 y. weight categories -50 kg; -55 kg; +55 kg (1:30 min.) – Shobu sanbon kumite;

14-15 y. weight categories -55 kg; -60 kg; +60 kg (2:00 min.) – Shobu sanbon kumite;

16-17 y. weight categories -60 kg; -65 kg; +65 kg (2:00 min.) – Shobu sanbon kumite.

Note: In all Kumite categories will be awarded **2 third** places. **Kumite Caterogies of a nage class with less then 4 registered competitors can be merge together.**



Protections: Gumshields, white gloves – compulsory, groinguards (boys) and chestprotectors (girls) – allowed

Judges: Chief judge Alfonsas Valuntonis will be very grateful for any help by qualified referees.

Program:

9.30 – 10.00	meeting (judges, chief instructors)	14.00 – 15.00	break time
10.00 – 14.00	kata, kumite eliminations:	15.00 – 15.15	opening ceremony
	10.00 – (7-9 y.), (10-11 y.)	15.30 – 18.00	finals, (16–17 y. male kumite)
	11.30 – (12-13 y.), (14-15 y.)	18.00 –	awards ceremony
	13.00 – (16-17)	18.30 –	press conference

Club leaders, team coaches are responsible for the technical preparation of athletes, health insurance and control. LSKF, competition organizers, for in case of injuries incurred during competitions does not assume responsibility and is recommending to take out insurance against accidents and injuries.

Entry Fee: 35 Lt (10 €) for each contest.

No entry fee for winners of 2011 year:

Kata:

Neringa Kežytė / G."Budo"
Monika Raitelaitytė / K."Samurajus"
Gabrielė Marozaitė / M."Danas"
Alena Kuranava / Minsk "Legion"
Artem Levchik /Grodno "Fudokan"
Paulius Petrauskas / K. "Era"
Matas Žymantas / Š. "Baltasis tigras"
Artur Davidov / Riga
Daniel Rodionov / Tallin "SK BUDO"
Andrei Senakosau / Minsk "Legion"
Gytis Kasperavičius / R. "Kentauras"
Lukas Urbonas / Š."Baltasis tigras"

Kumite:

Eglė Duobaitė / P. "Alfa"
Gabrielė Jakštaitė / K."Samurajus"
Gabrielė Marozaitė / M."Danas"
Eimantė Šaltūpytė / Š."Balt. tigras"
Austėja Matuzaitė / P. "Alfa"

Edvinas Gvozdas / K."Samurajus"
Erik Paviska / Daugav. LFSKA
Arnas Pačiūpis / K."Samurajus"
Tadas Vaitelė / M."Žemaitis"
D. Rodionov / Tallin "SK BUDO"
Marius Sadzevičius / P."Alfa"
Tanel Paabo/Tallin "SK BUDO"
Modestas Kuvykas / R."Kentauras"
Armandas Bunius / R. "Kentauras"
Deividas Gelžinis / M."Žemaitis"

Application Forms must be sent before **15rd of February 2012 y.**

e-mail: To: a.valuntonis@shotokan.lt Cc: alfa_club@yahoo.com

You can download entry forms from our web site: www.shotokan.lt

Contacts: Alfonsas Valuntonis phone: +370 686 55472

Kazimieras Bartkevicius phone: +370 698 25736; k.bartkevicius@shotokan.lt

If you need visa, please contact Kazimieras Bartkevicius and send the list of your delegation until 21st of January. The form is included.

Awards: champions will be awarded personal prizes, medals and diploma, prizeman – medals and diploma, coaches, who prepared champions – personal prize, **the best team – XVIII Baltic States Karate Clubs Shotokan Championship's Cup.**

Accommodation:

Hotel **VERSLO KLASE 3*** address: **Smelynes str. 104, Panevezys** (from 180 Lt ~50€/person)
www.versloklase.visiems.lt

Hotel **PANEVEZYS 2*** address: **Laisves ave. 26 Panevezys** (from 90 Lt ~ 25€/person)
www.lithuanianhotels.com/hotels/Panevezys

Hotel **PERVAZA 2*** address: **Smelynes str.112, Panevezys** (from 70 Lt ~ 20€/person)
www.pervaza.lt

Hostel **Sport "Olimpas"** address: **Liepu al. 4, Panevezys** (from 40 Lt ~ 12€/person)

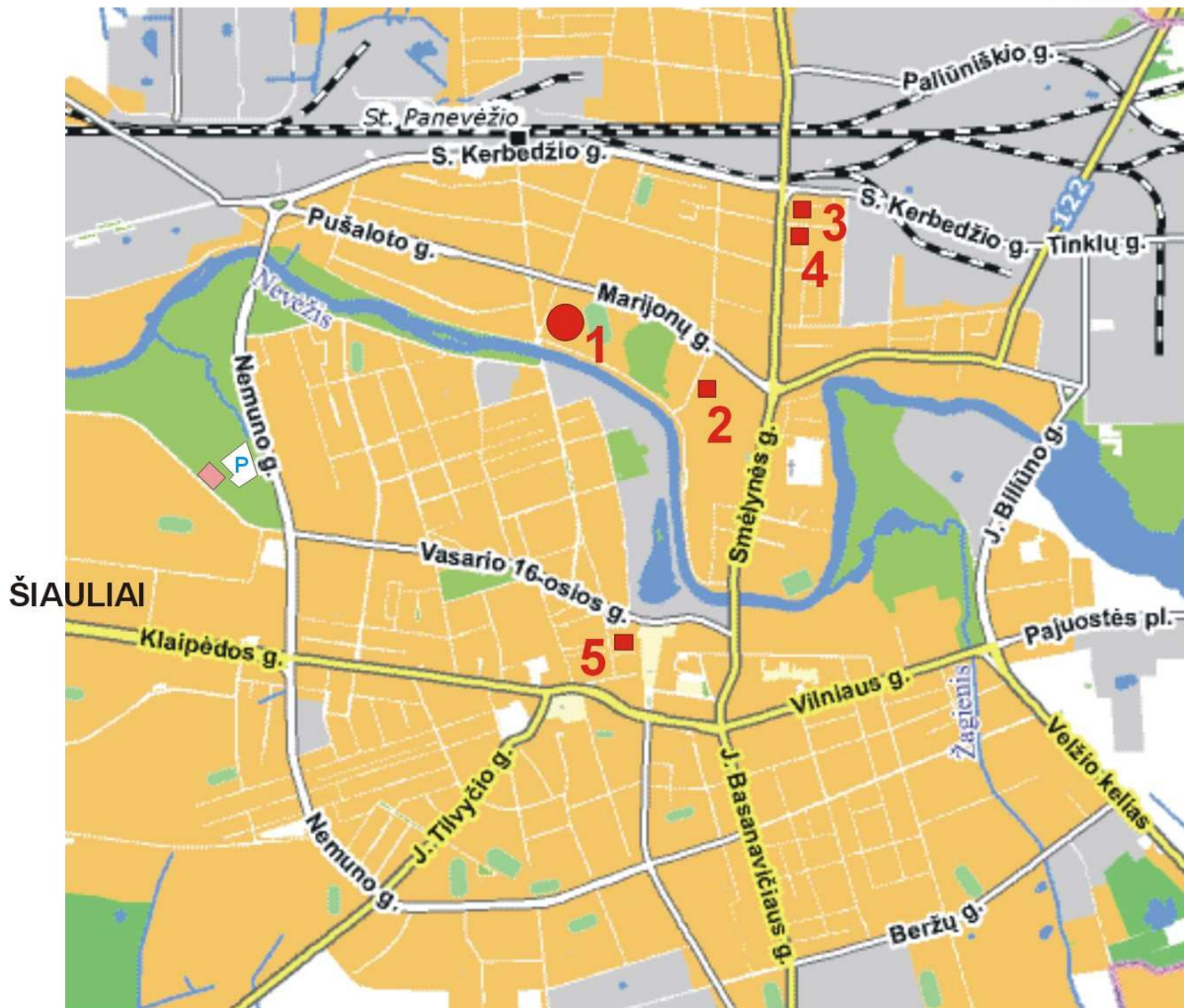
President of LSKF

K. Bartkevicius

PANEVĖŽYS

RYGA

DAUGAVPILS
ZARASAI



ŠIAULIAI

KAUNAS
VILNIUS

● **1** “AUKSTAITIJA” Sport Hall

■ **2** Hostel Sport “Olimpas”

■ **4** Hotel “Verslo klasė”

■ **3** Hotel “Pervaža”

■ **5** Hotel “Panevėžys”

