



OSTRAVA!!!

9th OSTRAVA GRAND PRIX 2011

Nomination tournament MČR 2011

- **organizer** VSK VŠB TU - OSTRAVA
- **date** 22.10.2011
- **place** the sport hall in Ostrava – Polanka,
Heleny Salichové street 1275 (here)
- **organizers** Blanka Mušálková
(+420 608 822 821, e-mail: blanka.mus@seznam.cz)
Vladimír Ryska
(+420 604 539 662, e-mail: RyskaVladimir@seznam.cz)
Vladimír Ryska (6.Dan)
- **general director** for competitions kata and kumite Mgr. Josef Rajchert
- **chief referee** valid certification ČSKe
(trademark 2011 + medical examination not older 1 year)
- **conditions** provided under the organizer
- **doctor** provided under WKF
- **rules of competitions** 200 CZK per individual (8€)
300 CZK for a katateam (12€)
If you pay the participation fee in a foreign currency,
the change shall be returned in CZK.
- **entry free** In writing at the chief referee after the payment 300 CZK.
- **protests** 1st place – medal, diploma
- **awards** 2nd and 3rd place – medal, diploma
- **application** Send entry form on e-mail: jirka.kotala@post.cz at the latest
by 19th October, 12.00 p.m.
- **time table**

7.15 – 8.30 a.m.

registration kata

9.00 a.m.

start of the kata competition

10.00 – 11.00 a.m.

registration kumite

After the end of kata competition will be the official ceremony
and start of the kumite competition.

Categories

Contestant can start either in his/her age category (age category in the day of the tournament) or qualifying category (age category in the period of Czech National Championship Youth: 3. - 4.12.2011. There is no need „alternative start“ for the start in the qualifying category. Order, in which contestants compete within their relevant categories, shall be generated by the random number method. In non-progress category the organizer reserves the right to change – merging categories in the case of a small participation of contestants in the category. Progress categories for younger contestants, older contestants and seniors.

Progress categories

boys 7 – 11 years

- kata: any kata - max. 1x repeat
- kumite: -30, -35, -41, +41kg (time limit 1,5 minute)

girls 7 – 11 years

- kata: any kata - max. 1x repeat
- kumite: -35, +35kg (time limit 1,5 minute)

boys 12 – 13 years

- kata: any kata - no repeat
- kumite: -39, -45, -52, -60, +60 kg (time limit 1,5 minute)

girls 12 – 13 years

- kata: any kata – no repeat
- kumite: -42, -50, +50 kg (time limit 1,5 minute)

seniors (male) kata 16+ years, kumite 18+ years

- kata: rules of WKF
- kumite: -60, -67, -75, -84, +84 kg, BRH (time limit 3 minutes)

seniors (female) kata 16+ years, kumite 18+ years

- kata: rules of WKF
- kumite: -50, -55, -61, -68, +68 kg, BRH (time limit 2 minutes)

seniors (male) Masters 40+ years

- kata: rules of WKF
- kumite: open

seniors (female) Masters 35+ years

- kata: rules of WKF
- kumite: open

Non-progress categories

cadets (male) 14 – 15 years

- kata: rules of WKF
- kumite: -57, -70, +70 kg (time limit 1,5 minute)

cadets (female) 14 – 15 years

- kata: rules of WKF
- kumite: -54, +54 kg (time limit 1,5 minute)

juniors (male) 16 – 17 years

- kata: rules of WKF
- kumite: -61, -68, -76, +76 kg (time limit 2 minutes)

juniors (female) 16 – 17 years

- kata: rules of WKF
- kumite: -59, +59 kg (time limit 2 minutes)

kata team – dividing in categories when you subscribe on a date of competition

Specification of KATA competition

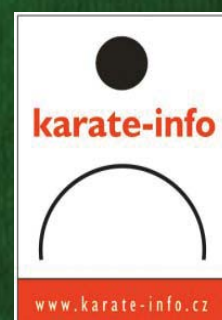
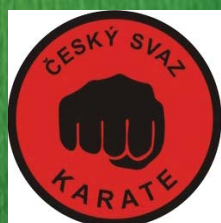
The competition is held for the styles of Shotokan – Ryu, Goju – Ryu, Shito – Ryu and Wado – Ryu. In the final kata teams contests, bunkai is a part of the group exercise.

Specification of KUMITE competition

Confirmation of medical examination not older than 12 months is a precondition for participation in the competition. All the contestants must use gumshields, hand pads and girl cadets, juniors and seniors must wear female chest protector, younger boys must wear groin guards (jock strap). There are mandatory combined shin and foot pads (so called boots) for all categories. Contestants must ensure red and blue distinguishing belts for themselves and hand pads (AO, AKA).

Accommodation

penzion U Hasičů	Hýlov 34, Klimkovice	tel.: +420 556 413 651
penzion U Peršana	Husova 208, Klimkovice	tel.: +420 775 088 669
ubytování Karolína	Husova 266, Klimkovice	tel.: +420 556 420 359
penzion AIDA	Pustkovecká 4/108, Ostrava – Pustkovec	tel.: +420 596 633 786
Hotel Sport Club	Čkalovova 18/6144, Ostrava – Poruba	tel.: +420 596 977 314
penzion Olymp	Vřesinská 115, Ostrava – Poruba	tel.: +420 777 026 001
penzion Dukát	Pohoří 710, Vřesina	tel.: +420 777 103 955
penzion V Hájku	Klimkovická 184, Vřesina	tel.: +420 731 908 338



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