



EUROPEAN MASTERS GAMES LIGNANO 2011

REGULATIONS - 11 KARATE

Nota Bene: All the information contained in the herewith current regulations is valid at the moment of publishing but may subject to variations.



Updated 1st of August version

For all which is not specifically prospected in the current regulations, the W.K.F. (World Karate Federation - Kata and Kumite Competition Rules) are valid and applied.

ENTRIES

The spirit of the European Master games is that all entries be free and that the athletes do not represent their country of origin, therefore, as a consequence athletes from outside Europe are allowed to subscribe to the games.

THE ESTIMATED FINAL REGISTRATION DATE

12th June 2011 **EARLY REGISTRATION** (with a 15% discount on the registration fee)

31st July 2011 **FINAL REGISTRATION**

Membership to a Sports Federation

All athletes:

- have to give proof of being members of their National Federation acknowledged and associated to the W.K.F. (World Karate Federation).
- they must have an up-to-date medical certificate which declares the athlete's fitness to compete in the discipline of Karate sports discipline (not requested to Italian participants who already possess a medical certificate as members of the sport chosen).

All Italian athletes who are members of Sports Organizations acknowledged by the CONI and regulated by the FIJLKAM can participate.

Anti doping

All athletes accept to undergo anti doping tests which will be carried out according to the rules and regulations of the IMGA- WADA.

Insurance policy

- All the athletes who do not possess the EHIC membership (European Health Insurance Card) must take out an accident insurance policy. Information can be found on the site <http://ehic.europa.eu>
- The athletes who do not have this insurance can take out a policy, in loco, with the O.C. insurance company, at the Games Centre, or following the link which will be activated on the site www.lignano2011.it

Entry terms and conditions

- All athletes must accept the entry terms and conditions, the specified rules and regulations, moreover, they must sign, on registration, release from civil liability.

Visa

The athletes coming from countries where an Entry Visa is requested, must ask for a Tourist Visa. Information regarding the issue of a Tourist Visa is obtainable on the site www.esteri.it/visti/home_eng.asp (Tourist type Visa).

1. Dates of the competition

1.1. The "European Masters Games" will start on Saturday 10th Sept. 2011 and end on Tuesday 20th Sept. 2011.

1.2. The **Karate** will start on **Thursday 15th Sept. 2011** and end on **Saturday 17th Sept. 2011**

1.2.1 SIC – Sport Information Centre

All information concerning the Judo games will be published on the site www.lignano2011.it and can be obtained from the SIC (Sport Information Centre) regarding the Judo games, which will be open at the Accreditation Centre from Wednesday 7th Sept. 2011 together with the checking of accreditation until Wednesday 14th Sept. 2011.

2 Details regarding sports facilities

The sports facilities at the GE.TUR. Tourist Village in Lignano Sabbiadoro, Viale Centrale n. 29, Palazzetto Polifunzionale GE.TUR. (3 tatami).

3. Age groups

3.1 All the age groups will be determined on 31st Dec. 2011.

3.2 Men: 4 classes

35+ = born in: 1976, 1975, 1974, 1973, 1972, 1971, 1970, 1969, 1968, 1967.

45+ = born in: 1966, 1965, 1964, 1963, 1962.

50+ = born in: 1961, 1960, 1959, 1958, 1957.

55 Over = born in: 1956 or before.

3.3 Women: 4 classes

35+ = born in: 1976, 1975, 1974, 1973, 1972, 1971, 1970, 1969, 1968, 1967.

45+ = born in: 1966, 1965, 1964, 1963, 1962.

50+ = born in: 1961, 1960, 1959, 1958, 1957.

55 Over = born in: 1956 or before.

4. Details regarding the competition

4.1 Temporary competition timetable:

Weighing of all categories and classes: see timetable.

15.09.2011 and 16.09.2011: Combats (Kumite) and finals of all categories and classes

17.09.2011: Form (Kata) and finals all categories and classes

The competitions will commence at 10.00 a.m. and will continue until 6.00 p.m. approximately every day (eventual adjustments will be notified after the registration deadline).

Competition timetable

Weighing: GE.TUR Sport Hall			
Date	Time	Cat.	Gender
15.09.2011	10:00 – 11:00	+ 84 kg	Men (All age classes)
15.09.2011	10:00 – 11:00	- 84 kg	Men (All age classes)
15.09.2011	10:00 – 11:00	+ 68 kg	Men (All age classes)
15.09.2011	10:00 – 11:00	- 68 kg	Men (All age classes)
16.09.2011	08:00 – 09:00	- 67 kg	Men (All age classes)
16.09.2011	08:00 – 09:00	- 60 kg	Men (All age classes)
16.09.2011	08:00 – 09:00	- 61 kg	Women (All age classes)
16.09.2011	08:00 – 09:00	- 55 kg	Women (All age classes)
17.09.2011	08:00 – 09:00	Kata	M + W (All age classes)
17.09.2011	09:00 – 10:00	- 75 kg	Men (All age classes)
17.09.2011	09:00 – 10:00	- 50 kg	Women (All age classes)

Thursday, 15th September, 2011	
Time	Competition
10:00 – 11:00	Weighing Men : All Classes - Categories +84 kg, - 84 kg
10:00 – 11:00	Weighing Women : All Classes - Categories +68 kg, - 68 kg
12:00 – 14:15	Preliminary and Retests Kumite Men -84 kg & +84 kg (All age classes)
14:15 – 16:00	Preliminary and Retests Kumite Women -68 kg & +68 kg (All age classes)
16:00 – 17:00	Opening Ceremony
Finals	
17:15 – 17:30	Kumite Men -84 kg and +84 kg (All age classes)
17:30 – 17:45	Medals Ceremony
17:45 – 18:00	Kumite Women -68 kg, +68 kg (All age classes)
18:00 – 18:15	Medals Ceremony

Friday, 16th September, 2011	
Time	Competition
08:00 – 09:00	Weighing Men : All Classes - Categories +67 kg, - 60 kg
08:00 – 09:00	Weighing Women : All Classes - Categories +61 kg, - 55 kg
10:00 – 12:30	Preliminary and Retests Kumite Men -67 kg & -60 kg (All age classes)
12:30 – 14:30	Preliminary and Retests Kumite Women -61 kg & -55 kg (All age classes)
Finals	
16:30 – 16:45	Kumite Men -67 kg & -60 kg (All age classes)
16:45 – 17:00	Medals Ceremony
17:00 – 17:15	Kumite Women -61 kg, -55 kg (All age classes)
17:15 – 17:30	Medals Ceremony

Saturday, 17th September, 2011	
Time	Competition
08:00 – 09:00	Weighing Men and Women - Kata
09:00 – 10:00	Weighing Men : All Classes - Categories - 75 kg
09:00 – 10:00	Weighing Women : All Classes - Categories - 50 kg
10:00 – 12:00	Preliminary and Retests Kata Individual Men & Women (All age classes)
12:00 – 13:00	Preliminary and Retests Kumite Women -50 kg (All age classes)
13:00 – 14:30	Preliminary and Retests Kumite Men -75 kg (All age classes)
Finals	
16:00 – 16:30	Kata individual Men & Women (All age classes)
16:30 – 16:45	Medals Ceremony
16:45 – 17:00	Kumite Women -50 kg and Men -75 kg (All age classes)

The Technical Committee may modify the timetable according to the needs of the event.
The events will end in good time so as to be able to participate to the social events.

Categories and specialities

4.2.1 Weight categories

Men: kg 60, kg 67, kg 75, kg 84, kg +84

Women: kg 50, kg 55, kg 61, kg 68, kg +68

4.2.2 Specialities

The games will be held in the two both male and female combat specialities (Kumite) and (Kata).

4.3. Duration of the combats

4.3.1 Men Kumite: 35+ - 45+ : two minutes

50+ - 55 over: two minutes

4.3.2 Women Kumite: 35+ - 45+ : two minutes

50+ - 55 over: two minutes

4.4 Weight check up

All the athletes, when they are being weighed, must exhibit a valid identity card, with a photo (passport or identity card) and also the membership card to the National Federation acknowledged by the WKF.

4.4.1 Scales for the weight check up

Scales respect the technical requirements according to the regulations of the W.K.F..

Athletes who need to check their weight before the competitions may do this in the pertinent rooms for weight control.

4.5 Participation

There are no limits at registration, therefore every athlete can participate in the games foreseen for his/her category and age group.

5. Training

5.1. The sports facilities for training sessions are available on Monday 12th Sept. 2011 and on Saturday 17th Sept. 2011 inside the GE.TUR. Tourist Village in Lignano Sabbiadoro, Viale Centrale n. 29.

5.2 The timetable for the training sessions will be notified further on. Booking for training can be carried out at the SIC at the Accreditation Centre.

6. Competitions: standards and rules

6.1. The organization and the management of the Karate games of the European Masters Games in Lignano 2011 will be held under the supervision of the National Sports Federation (FIJLKAM) and will be carried out according to the regulations and rules of the International Federation (W.K.F.) and of the International Masters Games Association (I.M.G.A.).

6.2. Games rules and regulations

Consult the W.K.F rules and regulations.

6.3. Technical meeting

The Technical meeting will be held on Tuesday 14.09.2011 at 10.00 a.m. at the Palazzetto Polifunzionale at the GE.TUR. Further information will be notified after the registration deadline of the European Masters Games Lignano 2011 on the site www.lignano2011.it and available at the SIC at the Accreditation Centre.

6.4. Jury and Umpires

The competition will be directed by an Umpire and by nominated jury members.

6.5. Registration and medals

In the case the number of participants be insufficient in one of the categories/age groups, the categories/age groups will be formed in a different way in order to allow the competition to be carried out. The awarding of medals will in no way be influenced, that is, athletes will be awarded medals in the age category/class in which they originally entered.

6.6. Prize giving ceremonies

According to the European Masters Games spirit, entries are free and athletes do not represent their country. Consequently, prize giving ceremonies will be carried out without hoisting the flag and without playing the winner's National Anthem.

The first four of each competition and age group will be awarded a medal.
can bear the title of "European Masters Games Lignano 2011 Champion".

7 Equipment

The following safeguards are compulsory for the Kumite competitions:

- Gloves approved by the W.K.F., one competitor will wear red gloves, and the other blue;
- Gumshield;
- Chest-shield approved by the W.K.F.
- Shin-guard approved by the W.K.F. - one competitor will wear red shin-guards, and the other blue;
- Foot-shield approved by the W.K.F. - one competitor will wear red foot-shields, and the other blue;
- WKF Body protector

La protection cup is not compulsory, but if it is worn, it must be approved by the WKF.

8. Outfits

8.1 Athletes must wear a white Karate-gi. The emblem or the National flag of one's nation can be worn on the front of the jacket and it must not be bigger than 12 cm by 8 cm (consult appendix 9 of the W.K.F. regulations). Only the original tags of the maker are allowed on the gi. Besides, on the back of the jacket, one will wear an identification number supplied by the Organizing Committee. A red belt will be worn by one of the competitors, and a blue one by the other. The red and blue belts must be five centimeters wide and sufficiently long so as to stick out fifteen centimeters on each side of the knot

8.2 The Organizing Committee may allow, in deviation from the above paragraph 8.1, the display of special tags or authorized sponsor brands.

8.3 The racket, once it has been fastened around the waist by the belt, must hang along the hips for a sufficient minimum length so as to cover them, but it must not be longer than three quarters of the hip. Female competitors may wear a white T-shirt under the Karate jacket

8.4 The sleeves of the racket must be long enough so as to cover more than half the forearm, and they must not be longer than the wrist. Folding up one's sleeves is not allowed.

8.5 Trousers must be long enough to cover at least two third of the shin-bone, but must not be longer than the ankle and cannot be folded up.

8.6 Athletes must keep their hair clean and must have it cut so as not to hazard the normal execution of the competition. The Hachimaki (scarf worn around the head) is not allowed. If the Umpire considers a competitor's hair too long and/or dirty, he/she may disqualify the competitor from the game.

Hair clips are forbidden, as also are metal hair pins. It is forbidden to wear ribbons and other ornaments. Very simple hair-grips are allowed.

8.7 Athletes must wear their nails short and must not wear metal objects as these may hurt their opponents. The use of metal bites for teeth must be approved by the Umpire and the Official Doctor. The competitor is totally responsible for any wound he/she may cause to the opponent.

9. Registration

9.1 Registration fee ATHLETES

The registration fee for the athlete of each for the European Masters Games Lignano 2011 is of € 120,00 per person and must be paid to the team leader before 31st July 2011. (Final registration).

In the case that the fee were paid before 12th June 2011 (Early Registration) one can benefit of a discount of 15% (the amount due is of € 102,00).

The payment of the registration fee (€ 102,00 before 12th June 2011 or € 120,00 before 31st July 2011) must be paid via International transfer on the bank account **c/c Comitato Esecutivo Organizzatore EMG Lignano 2011 - Banca Popolare FriulAdria – Agenzia 171 Trieste.**

IBAN IT25C0533602207000040545149 - BIC (or SWIFT) BPPNIT2P171, net of the transfer fees, or via Credit Card (The Pay Pal payment system can be used for online enrolment, available on the site: www.lignano2011.it).

The fee offers the following benefits:

- ⇒ The possibility to participate to all the games listed in the EMG programme;
- ⇒ The parade and access to the opening and closing ceremonies;
- ⇒ Free of charge urban transport service in Lignano Sabbiadoro;
- ⇒ Extra-urban transport service from Lignano to playing fields outside Lignano during the match days and for the sports to which one is accredited to (on request);
- ⇒ Medical assistance on the playing fields;
- ⇒ Free access to all playing fields;
- ⇒ Certificate of attendance;
- ⇒ Medals to the first three classified teams;
- ⇒ Registration kit with Credit Pass, a guidebook of the games, tourist information leaflets and sports bag;
- ⇒ F.V.G. Card – (Personal Card for guided tours, discounts on entrance fees to museums and for several other services in the region of Friuli Venezia Giulia);
- ⇒ Access to the Games - and Expo Centre;
- ⇒ Access to social events (the calendar of the events will be published on the site www.lignano2011.it);
- ⇒ Discounts on commercial activities in Lignano Sabbiadoro;

Further benefits may be given and will be reported on the site www.lignano2011.it .

Available services on request:

- ⇒ Transfer to or from airports or railway stations;
- ⇒ Transfer to the training fields situated outside Lignano Sabbiadoro;
- ⇒ Transfer to watch other sports games different from those to which one is registered in, organized outside Lignano Sabbiadoro;
- ⇒ Catering service at the game location;
- ⇒ Excursions, etc.

9.2 Registration fee COACHES AND ACCOMPANYING PERSONS

The registration fee for coaches and accompanying people to the European Masters Games Lignano 2011 is of € 60,00 per person and must be paid before 31st July 2011 (Final registration).

If the registration fee is paid before 12th June 2011 (Early registration) one can benefit of a discount of 15% (the enrolment fee will be reduced to € 51,00).

The payment of the registration fee (€ 51,00 before 12th June 2011 or € 60,00 before 31st July 2011) must be paid via International transfer on the bank account **c/c Comitato Esecutivo Organizzatore EMG Lignano 2011 - Banca Popolare FriulAdria – Agenzia 171 Trieste.**

IBAN IT25C0533602207000040545149 - BIC (or SWIFT) BPPNIT2P171, net of the transfer fees, or via Credit Card (The Pay Pal payment system can be used for online enrolment, available on the site: www.lignano2011.it).

The fee offers the following benefits:

- ⇒ The parade and access to the opening and closing ceremonies (Parade only for the coaches);
- ⇒ Free of charge urban transport service in Lignano Sabbiadoro;
- ⇒ Extra-urban transport service from Lignano to playing fields outside Lignano during the match days and for the sports to which one is accredited to (on request);
- ⇒ Medical assistance on the playing fields;
- ⇒ Free access to all playing fields;
- ⇒ Certificate of attendance (only for the coaches);
- ⇒ Registration kit with Credit Pass, a guidebook of the games, tourist information leaflets and sports bag;
- ⇒ F.V.G. Card – (Personal Card for guided tours, discounts on entrance fees to museums and for several other services in the region of Friuli Venezia Giulia);
- ⇒ Access to the Games - and Expo Centre;
- ⇒ Access to social events (the calendar of the events will be published on the site www.lignano2011.it);
- ⇒ Discounts on commercial activities in Lignano Sabbiadoro;

Further benefits may be given and will be reported on the site www.lignano2011.it .

Available services on request:

- ⇒ Transfer to or from airports or railway stations;
- ⇒ Transfer to the training playing fields situated outside Lignano Sabbiadoro;
- ⇒ Transfer to watch other sports games different from those to which one is registered in, organized outside Lignano Sabbiadoro;
- ⇒ Catering service at the game location;
- ⇒ Excursions, etc.

10 Links

OC - Organizing Committee:

www.lignano2011.it; e-mail: info@lignano2011.it

IMGA - International Masters Games Association: www.imga.ch; e-mail: info@imga.ch

WKF - World Karate Federation: www.wkf.net

EMC - European Master Committee: www.europeanmasterswl.com

FIJLKAM - Federazione Italiana Lotta, Judo, Karate e Arti Marziali: www.fijlkam.it

Comitato Regionale Friuli Venezia Giulia FIJLKAM: www.fijlkam-karate-fvg.it

EUROPEAN MASTERS GAMES – LIGNANO 2011

HEALTH FORM

SECTION FOR THE DOCTOR

I, Dr. (name, surname)

born (city, country)

on (dd / mm / yyyy)

 / /

with offices at (complete address)

and phone number

 /

HEREBY STATE

that Mr / Mrs / Ms (name, surname)

born (city, country)

on (dd / mm / yyyy)

 / /

and resident at (address, city, country)

ID document N°

is healthy and physically fit to compete in the chosen sport of (please mention the sport event) programmed during the European Masters Games at Lignano Sabbiadoro, from September 10th to 20th, 2011.

this certificate is valid until (dd / mm / yyyy)

 / /

date (dd / mm / yyyy)

 / /

Doctor's signature
and stamp

SECTION FOR THE ATHLETE