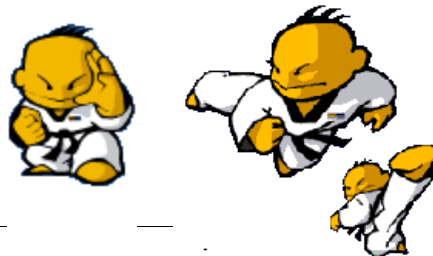


VI th INTERNATIONAL

'SHINDO CUP'

28th may 2011 Cieszyn, POLAND



THE AIM OF THE COMPETITION:

The aim of the competition is to find the best male and female competitor in given categories, as well as the popularization of WKF Karate.

ORGANIZERS OF THE COMPETITION:

- Sport Club „SHINDO”;
- the Municipal Council
and the district authorities in Cieszyn.

DATE AND PLACE OF THE COMPETITION:

28th may, 2011, sport hall "im. Cieszyńskich Olimpijczyków",
43-400 Cieszyn, Sportowa street nr 1.

PARICIPAITON - TERMS AND CONDITIONS:

Registration of the competitors and at least one referee till 22th may, 2011.

- by reagular post or e-mail (with confirmation) on the address:
- Klub Sportowy „Shindo” Kiedronia street nr 3,43-400 Cieszyn
e-mail: shindocieszyn@interia.pl; www.shindo.pl

THE WAY OF PERFORMING THE COMPETITION:

The competition will be carried out according to WKF rules as well as the following terms and conditions:

- kata categories:

A: tokui kata

B: tokui kata (in final different)

C/D: all rounds diffrent kata (from HEIAN SHODAN)

E/F: WKF rules

Kata team: tokui kata (nr 16 and 17+bunkai in final)

kumite categories - the competitors are required to wear gumshields in order to take part in kumite categories, they should also have their own blue and red belts, according to the WKF rules; fighting time: **10-11 and 12-13 years 1.5 minutes.**

The competitors are asked to provide their exact weight on the application form.
trophies, medals, diplomas (two 3rd places).

ACCOMODATION:

„GOŚCINIEC SPORTOWY”

TEL/FAX : +48 033 8525348

www.mosir-hotel.pl

e-mail: repcja@mosir-hotel.pl

PARTICIPATION FEES:

35 PLN for indyw. category, 45 PLN for TEAMS; fees should be paid to the organiser at the registration.

FINAL RULES:

any controversial issues will be settled by the main referee with the organiser's agreement;
the registraton of the protest regarding referee's decision will be possible after paying a bid bond of 200 PLN;
the organiser is not responsible for the things lost;
every team manager is responsible for his/her competitors behaviour during the competition;
the exposition and selling of goods will be possible only by the organisor's agreement;

THE SCHEDULE OF THE COMPETITION:

08.00 am - competitors arrival;
08.30 - referees' meeting;
09.00 - team managers' meeting;
09.30 - official opening ceremony;
09.45 - elimination and finals

CATEGORIES:

KATA male

- (1) 9 years and yangers /A/
- (2) 10 – 11 years /B/
- (3) 12 – 13 years /C/
- (4) 14 – 15 years /C/
- (5) 16 – 17 years /E/
- (6) + 18 years /F/

KATA female

- (7) 9 years and yangers /A/
- (8) 10 – 11 years /B/
- (9) 12 – 13 years /C/
- (10) 14 – 15 years /D/
- (11) + 16 years /E/

KATA team

- (12) 10 years and yangers male
- (13) 10 years and yangers female
- (14) 11-13 years femala
- (15) 11-13 years male
- (16) 14 and olders femala
- (17) 14 and olders male

KUMITE male

- (18) 10 – 11 years **-40kg,+40kg**
- (19) 12 – 13 years **-45kg,-50kg,-55kg,+55kg**
- (20) 14 – 15 years **-57kg,-63kg,-70kg,+70kg**
- (21) 16-17 years **-61kg,-68kg,-76kg,+76kg**
- (22) 18+ years **-67kg,-75kg,-84kg,+84kg**

KUMITE female

- (23) 10 – 11 years **-40kg,+40kg**
- (24) 12 – 13 years **-43kg, -50kg,+50kg**
- (25) 14 – 15 years **-47kg, -54kg,+54kg**
- (26) 16-17 years **-53kg,-59kg, +59 kg**
- (27) 18+ years **-55kg,-61kg,-68kg,+68kg**