EUROPEAN KARATE CHAMPIONSHIPS2011

46th European Senior Karate Championships

May 6th – 8th 2011 Kolping-Arena (Zentrum Schluefweg) Zürich-**Kloten**

Management Summary

Headquarter Hotel (details on page 9)

To guarantee the best price your order is required before February 1st, 2011 Individual bookings: https://events.kuoni-dmc.com/ei5/getdemo.ei?id=200038&s= 5VW0ZCVT7 Group reservations: https://files.me.com/marctkeller/x7ekxo (Please forward reservation form to: Kuoni Events, Beat Blumenthal, beat.blumenthal@ch.kuoni.com)

Food and Beverage (details on page 13)

In the Kolping Arena there are sports meals available. There are no food shops near the hall! We need your order by <u>April 15th, 2011</u>. Reservation form: <u>https://files.me.com/marctkeller/siiuxw</u>

Training (details on page 14)

The Application Form for the Trainings which will take place on May 4th 2011 and May 5th 2011 must be sent by <u>April 15th, 2011</u>. Application form will be published in February 2011.

Tickets (details on page 15)

Tickets are available on www.ticketcorner.ch

TERM OF RESPONSIBILITY (details on page 19)

To be filled, signed and sent back before March 15th, 2011!

Insurance

It is obligatory that all participants and members of delegations have their own medical insurance and personal trip insurance. The Swiss Karate Federation and the European Karate Federation are taking no liability for either of these.







Welcome to karate country Switzerland in Zurich Kloten,

Dear friends of our sport,

The Swiss Karate Society and Switzerland as the host country are looking forward to seeing and celebrating karate at its finest on May 2011.



The sport of karate in our country started off in the early 60'ies. The father of Swiss karate, Bernard Cherix, was one of the founding members of today's European Karate Federation. The Swiss Karate Federation already hosted the Championships European 1978 in Geneva and 1986 in Sion.

This tradition and a highly motivated Organizing Committee are building the base to prepare and execute the European Championships 2011 successfully.

Zurich is the powerhouse of Switzerland; vibrant and dynamic. Zurich is the venue for many sports, for classic music or jazz lovers, for theater and opera fans and for budokas.

Zurich residents have reasons to be proud of their city - called Turicum by the ancient Romains – since it has been continuously elected for years among the cities with top guality of life in the world.

With the European Championships the cosmopolitan city also puts a strong focus now on the world of karate. We all are looking forward to an exciting and emotional tournament.

Roland Zolliker **President Swiss Karate Federation**





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Dear friends of our sport,

We wait with great expectation and encouragement the arrival of these 45th European Senior Championships 2011 in Zürich. The Swiss Karate Federation hosted its last European Championships in 1986, namely the hosted the EKF Juniors of Sion, and the whole European family feels great to come back to Switzerland after 25 years to enjoy all together the top European event.

I would like to take this opportunity to recognize the work developed by the Swiss Karate Federation (SKF) during these last years. For me it is a model of efficiency, responsibility, quality and well doing. It has always been a pleasure to work with the SKF, and in all the before mentioned I want to make a special mention to its President Roland Zolliker, that has always made things easy inside a positive atmosphere of help and collaboration.

The celebration of this big event in Switzerland is something well deserved by the Swiss Federation and I can say, without any doubt, that these 45th European Senior Championships are going to be a new success of our sport in the Continent, a new success of the EKF Federation thanks to the inestimable contribution of one of its outstanding members as it is the Swiss Karate Federation.

Antonio Espinos President European Karate Federation

President of the European Karate Federation

Antonio Espinós





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About Zurich

Zürich has a unique position in Switzerland. It is the country's largest city and home to an internationally reputed financial centre as well as being the focus of an economic region which acts as the motor of Switzerland, and along with Geneva is the most important gateway to the country. The wide variety of cultural activities and educational institutions define Zürich's character as a diverse, open city with a passion for life. Zürich is the capital of the canton with the same name and the centre of a number of regions which together have some 1.9 million inhabitants. It is famous for its lakeside location and green, densely wooded chain of hills which run through the city from north to south. Zürich's place on the world stage does not come down to its size but to its strong international networks. The high standards of living, working and accommodations are continuously confirmed in surveys done by local residents, and Zürich consistently finds itself at the top of international city rankings in terms of quality of life.

Safety, order and cleanliness contribute greatly to the high quality of life in the City of Zürich. Environmentally friendly waste disposal and sustainable energy and water supplies are essential factors when it comes to competing with other international locations. Zürich is not just a clean city, it is also a safe one, thanks to the trust that locals have in the forces of law and order and which can also be attributed to various measures implemented by the city. Surveys tend to show that Zürich residents enjoy a high feeling of security.









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Useful Information

Language

The official languages are German, French and Italian. Most of the people speak English. Zurich is in the German part of Switzerland.

Weather

The average temperature in May is 12°C.

Electricity

The voltage in Switzerland is 220 V, 50 Hz. Switzerland uses the standard continental European "europlug", with 2 (or 3) round pins, socket and plug systems also found in Germany, France, etc.

Currency & Exchange

The National Currency of Switzerland is "Swiss Francs" (CHF). http://www.swissinfo.ch/eng/business/currency_converter.html?cid=109190 1 Euro = CHF 1.34 (July 2010)

Banks

Most banks are open from 9:00-17:00 on weekdays, and many are open on Saturday mornings. All banks offer currency exchange and cash advances on major credit cards.

Telephone

To call Switzerland from abroad, dial your international access code followed by 41 for Switzerland and then the telephone number (10 digits). The GSM mobile phone system is available. Please check compatibility with your operator.

Emergency Calls

Police117Fire Department118Ambulance144

Visa requirements

Mainly, you can stay in Switzerland up to three months without gainful employment (e. g. visit, tourism) and without a permit for foreign nationals. A foreign person can stay up to a maximum of six months, that is, within a duration of six months. This calculation starts at the moment of the first entry.









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Useful Information

Visa requirements

Country	Passport	ID-Card	Visa required
Albania	Yes	No	Yes
Andorra	Yes	No	No
Armenia	Yes	No	Yes
Belgium	Yes	Yes	No
Bosnia-Herzegovina	Yes	No	Yes
Bulgaria	Yes	Yes	No
Croatia	Yes	No	No
Cyprus	Yes	Yes	No
Denmark	Yes	Yes	No
Estonia	Yes	Yes	No
Finland	Yes	Yes	No
France	Yes	Yes	No
FYROM	Yes	No	No
Georgia	Yes	No	Yes
Germany	Yes	Yes	No
Great Britain	Yes	Yes	No
Greece	Yes	Yes	No
Hungary	Yes	Yes	No
Ireland	Yes	Yes	No
Island	Yes	Yes	No
Israel	Yes	No	No
Italy	Yes	Yes	No
Latvia	Yes	Yes	No
Liechtenstsein	Yes	Yes	No
Lithuania	Yes	Yes	No
Luxembourg	Yes	Yes	No
Malta	Yes	Yes	No
Moldova	Yes	No	No
Monaco	Yes	Yes	No
Monte Negro	Yes	No	No
Turkey	Yes	No	Yes
Turkmenistan	Yes	No	Yes
Ukraine	Yes	No	Yes











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Useful Information

Transportation

Regular transfer upon arrival and departure from Zurich Airport will be organized for the teams. The participating countries have to request this service in advance. The costs for this Transportation will be CHF 20.- (both ways).

Transportation between the official hotels and the sport hall Transportation to Kolping-Arena will be offered according to the EKF rules (this service will be free of charge). The shuttle bus will be provided from/to the HQ Hotel (Hotel *Mövenpick Airport*) and the Hotel *Mövenpick Regensdorf*. Information will be given during the Official Registration at the HQ Hotel. Since the other official Hotels are located within walking distance (10 minutes by foot) no transport will be provided for these hotels.

Public Traffic

Zürich has a modern public transport network which branches out far and wide: trams, buses, ferries, suburb trains and funiculars combine to make up a comprehensive and efficient range of transport options. Good international rail links and the nearby Zürich airport make travel to and from Zürich simple and comfortable. Indeed, the majority of European capitals are no more than an hour's flight from Zürich airport.

Time Differences

GMT (Greenwich Mean Time) +1 hour.

Zurich Airport

Zurich International Airport is about 20 minutes away from the city centre by car and can be reached by bus or taxi.









Official Partner Hotels during Karate EM 2011

HEADQUATER HOTEL Mövenpick Hotel Zurich-Airport *****



This 5-star hotel has been completely refurbished and offers the ultimate in comfort, style and exclusivity. Mövenpick Airport Hotel is the official HQ hotel for Officials, Judges, Teams and Guests. All rooms offer carpet or wooden flooring and modern amenities, such as air-conditioning, TV/radio, direct-dial phone with voicemail, high-speed Internet, minibar and safe.

Distance to Kolping arena: Shuttle-Service: Single Room: Double Room Queen: Double Room King:

10 min. by foot

yes CHF 232.00 / app. EUR 170.00 / night incl. breakfast & taxes CHF 280.00 / app. EUR 205.00 / night incl. breakfast & taxes CHF 311.00 / app. EUR 230.00 / night incl. breakfast & taxes

Mövenpick Hotel Regensdorf ****SUPERIOR



Combining exquisite seclusion and natural beauty, the hotel provides a warm welcome and efficient service. The modern and comfortable rooms are decorated in warm and earthy colours. The in-house restaurant offers meticulous service and unique fine dining.

Distance to Kolping arena: Shuttle-Service: Special: Single Room: Double Room Queen:

13 km yes

Training facilities for free / Wellness Park CHF 22.00 (40% reduction)

Hotel Hilton Zurich-Airport *****



This contemporary suburban hotel in a long multi-storey rectangular block is nestled in the Alpine countryside. The rooms are contemporary in decor offering partial garden or city views.

CHF 220.00 / app. EUR 160.00 / night incl. breakfast & taxes

CHF 275.00 / app. EUR 205.00 / night incl. breakfast & taxes

Distance to Kolping arena: Shuttle-Service: Double Room Single Use: Double Room:

10 min. by foot no

CHF 330.00 / app. EUR 245.00 / night incl. breakfast & taxes CHF 350.00 / app. EUR 260.00 / night incl. breakfast & taxes

Apart Hotel *** (operated by Hotel Hilton Zurich-Airport)



Owing to its convenient location, this is the ideal hotel for leisure travellers. The tastefully designed, cozy guest rooms provide all the modern comforts and amenities.

Distance to Kolping arena: Shuttle-Service: Single Room: Double Room:

10 min. by foot no

CHF 198.00 / app. EUR 145.00 / night incl. breakfast & taxes CHF 219.00 / app. EUR 160.00 / night incl. breakfast & taxes











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Official Partner Hotels during Karate EM 2011

10 min. by foot

10 min. by foot

no

no

Hotel Allegra ****



The construction of Hotel Allegra was completed in July 1999. Like everything else about this hotel, its 132 rooms (with up to four beds) are modern, bright and spacious, with all the latest amenities. The perfect spot to recharge yourself for the next day.

Distance to Kolping arena: Shuttle-Service: Single Room: Double Room Single Use: Double Room Twin: Triple Room: Four Bed Room:

no CHF 215.00 / app. EUR 160.00 / night incl. breakfast & taxes CHF 215.00 / app. EUR 160.00 / night incl. breakfast & taxes CHF 256.00 / app. EUR 190.00 / night incl. breakfast & taxes CHF 318.00 / app. EUR 235.00 / night incl. breakfast & taxes CHF 362.50 / app. EUR 265.00 / night incl. breakfast & taxes

Hotel Fly Away *** SUPERIOR



Hotel Fly away offers three-star superior comfort. 42 spacious, stylish guest rooms with luxuries prepared with a passion for detail, awaiting travelers looking for the best in the creature comforts. In these rooms you will enjoy a deep and healthy sleep.

Distance to Kolping arena: Shuttle-Service: Single Room: Double Room Single Use: Double Room Queen: Triple Room:

CHF 208.00 / app. EUR 155.00 / night incl. breakfast & taxes CHF 208.00 / app. EUR 155.00 / night incl. breakfast & taxes CHF 228.00 / app. EUR 170.00 / night incl. breakfast & taxes CHF 241.00 / app. EUR 180.00 / night incl. breakfast & taxes

Hotel Welcome Inn ***



Hotel Welcome Inn is a first-rate middle-class hotel, recently renovated, in an extremely convenient location. The 98 beautifully furnished rooms - singles, doubles, and rooms that sleep up to four - all offer every indulgence for vacationers.

Distance to Kolping arena: Shuttle-Service: Single Room: Double Room Single Use: Double Room Twin: Triple Room: Four Bed Room:

10 min. by foot

CHF	153.00	1	app.	EUR	115	.00 /	night	incl.	breakfast	&	taxes
CHF	206.00	1	app.	EUR	155	.00 /	night	incl.	breakfast	&	taxes
CHF	206.00	1	app.	EUR	155	.00 /	night	incl.	breakfast	&	taxes
CHF	270.00	1	app.	EUR	200	.00 /	night	incl.	breakfast	&	taxes
CHF	321.00	1	app.	EUR	235	.00 /	night	incl.	breakfast	&	taxes







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Reservation Form

GROUP RESERVATION OF ROOMS IN THE OFFICIAL PARTNER HOTELS*

* Individual reservations can be done via online registration tool accessible on www.karate2011.ch!

Personal Deta	ails
Name of Dojo	
Contact Persor	ı
Address	
Postcode/City	
Country	
Phone Number	

Email Address

Hotel Booking (4. - 9.5.2011)

Room Type	Number of Rooms needed
	Room Type

General Note / Special Requirements / Change of accommodation dates

Please forward reservation to: Kuoni Events, Beat Blumenthal, beat.blumenthal@ch.kuoni.com, +41 44 322 41 13

Confirmation and invoice for payment will be sent to you via email. To guarantee this reservation payment is due within 10 days after the reservation. Thank you for your understanding.

Please click here to download the reservation form: https://files.me.com/marctkeller/x7ekxo Please forward reservation to: Kuoni Events, Beat Blumenthal, beat.blumenthal@ch.kuoni.com

Or use the online registration tool accessible on www.karate2011.ch

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Sport Hall – Kolping-Arena

Kolping-Arena

The Kolping Arena, Ice-Hockey Premier League Club's "Kloten Flyers" home base, together with the adjacent center Schluefweg, is probably the largest leisure and sports facility on the outskirts of Zurich.

The Ice Hockey World Championship was held here in 2009. The Kolping-Arena is located almost within walking distance to the Headquarters hotel.

"Kolping Arena" is an ice-skating hall seizing up to 7500 spectators including the Restaurant "Redliner", as well as up to five takeaways. The large events take place here, lovely located close to an old forest.









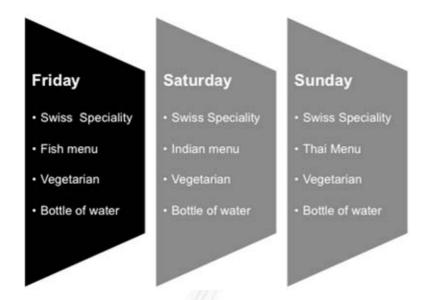
Food and Beverage

Well, you can eat and drink every day. But our cooking is like homemade for a very fair price especially for all the athletes.

We recommend buying Food Vouchers in advance

At the Kolping Arena there are sports meals (lots of carbohydrates and proteins) at various takeaways and restaurants available.

Every day you can choose from three different freshly prepared menus, such as, Indian, Chinese, Italian, Vegetarian or Swiss Style for a fair price. Why not buy food vouchers in advance?



- Our chef and his crew daily prepare fresh, delicious tasting and suitable sports meals
- We need your help to guarantee this fresh quality
- Your teams are requested to fill in the below official registration application form for all lunch meals (3 different choices daily)

Reservation Form: <u>https://files.me.com/marctkeller/siiuxw</u> PLEASE SEND THE FILLED FORM BY APRIL 15TH 2011 AT THE

LATEST TO christina.roemer@karate2011.ch

Important: There are no other possibilities to order food around the Kolping Arena Stadion

Cost per meal CHF 16.-- / €10.50 (rate as of 10.11.2010)









Your support is highly appreciated.

THANK YOU FOR ORDERING IN ADVANCE!



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Important Information

Registration

The Registration for all athletes and officials will take place in the HQ Mövenpick Hotel on Thursday, May 5th 2011 between 10:00 and 16:00 in room Zurich.

Each Delegation should bring a CD-ROM with their national anthem and two (2) national flags.

Press Accreditation

A Press accreditation can only be given to persons who apply for such in advance and who are able to prove they are journalists.

Training

The organizers will provide the National Federations, which turn in the relevant applications on time, with training facilities two (2) days prior to the days of the Championships in "Turnhalle Spitz" or "Turnhalle Schluefweg", both next to the Kolping Arena. In the Hotel Mövenpick-Regensdorf there are training facilities available.

The application must be done before April 15th 2011. Application form will be published in February 2011.

Transportation to the Sport Hall from the Mövenpick Hotels (Airport and Regensdorf) should be arranged either by the delegations or through the official travel agency Kuoni Events upon special request and at their own cost. As the other official Hotels are located within walking distance no transport will be provided for these hotels.

Insurance

It is obligatory that all participants and members of delegations have their own medical insurance and personal trip insurance. The Swiss Karate Federation and the European Karate Federation are taking no liability for either of these. The chiefs of the delegations have to sign the enclosed term of responsibility and return it by 8th of March 2011.







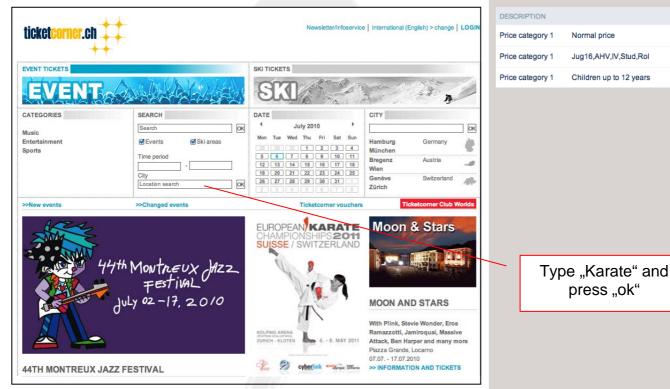
PRICE

CHF 35.00

CHF 20.00

CHF 10.00

Tickets available on: www.ticketcorner.ch



Link: http://www.ticketcorner.ch/ekf-senior-european-karate-championships-tickets.html?affiliate=TCS&doc=artistPages/tickets&fun=artist&action=tickets&erid=472301

Farewell Party

The Farewell party will be held at the Headquarters Hotel airport Mövenpick. This becomes a memorable occasion not only for the athletes but also for the officials. There is nothing more liberating than a party after work. Whether the favorite athlete has won or not - we will celebrate. We have worked with the Headquarters Hotel Mövenpick Airport to make a party that you won't forget. Dance with the sound of a DJ, chat in the farewell lounge or end the night in the Sayonnara bar? With Us You are not spoiled for choice, you can have it all. We are there to share the joy. Let's party. Accurate information about the party will be provided at the info desk during the Championships, but you can also reserve a ticket now.



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AGENDA – Thursday, May 5th 2011



Place:	Schedule:	Activity:
HQ - Room "London"	10:00 - 16:00	Registration of Delegations
HQ - Room "Paris"	09:00 - 11:00	EKF Executive Committee Meeting
HQ - Room "Frankfurt"	10:00 - 11:00	EKF Medical Commission Meeting
HQ - Room "Frankfurt"	11:00 - 12:00	EKF Anti-Doping Commission Meeting
HQ - Room "Frankfurt"	12:00 - 14:00	EKF Technical Commission Meeting
center Schluefweg	15:00 - 16:00	EKF Referee Commission Meeting
center Schluefweg	16:00 - 17:00	MAC Meeting
HQ – Room "Zurich"	16:00 - 19:00	EKF Congress
HQ - Room "Zurich"	19:30 - 20:30	Open Draw to all Coaches (after Congress)
center Schluefweg	17:30 - 18:30	License Renewal Examination
center Schluefweg	19:30 - 20:30	EKF Referee Briefing

Weight in – Friday, May 6th 2011

Weigh-in will take place in the sports hall Kolping Arena, $Friday,\ May\ 06^{th}$

Time	Male	Female
09:00 - 09:10	+ 84 kg	
09:10 - 09:20	- 84 kg	
09:20 - 09:30	- 75 kg	
09:30 - 09:40	- 67 kg	
09:40 - 09:50	- 60 kg	
10:30 - 10:40		+ 68 kg
10:40 - 10:50		- 68 kg
10:50 - 11:00		- 61 kg
11:00 - 11:10		- 55 kg
11:10 - 11:20		- 50 kg



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AGENDA – Friday, May 6th 2011



Friday, May 6th 2011

Weight in Male All Categories		
Elimination and Repechage Kata Individual Male & Female		
Weight in Female All Categories		
Elimination Kumite Male -84 kg & +84 kg		
Elimination Kumite Female -68 kg & +68 kg		
Elimination Kumite Male -75 kg		
Repechages all categories		
Opening Ceremony		
Finals		
Kata individual Male & Female		
18:45 – 19:00		
Kumite Male -84 kg & +84 kg		
Medals Ceremony		
Kumite Female -68 kg, +68 kg & Male -75 kg		
Medals Ceremony		









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AGENDA – Saturday, May 7th 2011



Saturday, May 7 th 2011		
10:00 - 11:30	Elimination Kumite Male -67 kg & -60 kg	
11:30 - 13:00	Elimination Kumite Female -61 kg & -55 kg	
13:00 – 13:30	Elimination Kumite Female -50 kg	
13:30- 15:00	Repechages all categories	
15:00 – 16:30	Elimination and Repechage Kata Team Male & Female	
	Finals	
16:30 - 16:45	Kumite Male -67 kg & -60 kg	
16:45 – 17:00	Medals Ceremony	
17:00 – 17:20	Kumite Female -61 kg, -55 kg & -50 kg	
17:20 - 17:40	Medals Ceremony	
17:40 – 18:10	Kata Team Male & Female	
18:10 – 18:30 Medals Ceremony		

AGENDA – Sunday, May 8th 2011

Sunday, May 8th 2011

3 /	
09:00 - 15:30	Elimination & Repechage Kumite Team Male
13:00 - 16:30	Elimination & Repechage Kumite Team Female
	Finals
16:30 - 16:45	Kumite Team Female
16:45 – 17:15	Kumite Team Male
17:15 – 17:35	Medals Ceremony
17:35 – 18:00	Closing Ceremony

Important Note:



Medal matches (matches for bronze and finals) in Kumite individual male take <u>4 minutes</u> and in Kumite individual female <u>3 minutes</u>.

In Kata team competition male and female Bunkai will be performed in all medal matches (matches for bronze medals and finals).





TERM OF RESPONSIBILITY

To be filled, signed and sent back before March 15th 2011!

the undersigned, as Ι. the chief of Delegation of my country, duly enrolled to participate in the 46th European Senior Karate Championships, which will be held in Zurich, Switzerland, from May 6th to 8th of 2011, with full knowledge of the Statues, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities for whatever happens to our athletes, coaches and other members of our delegation participating in this Championships, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation, etc. Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the European Karate Federation and the Hellenic Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country / Nation	
Surname, First Name	1117
Passport number & expiry date	
Position in the federation	
Address	
Phone number	
Email	

Signature & Stamp

Fill in, stamp, sign and send to: Swiss Karate Federation Udelbodenstrasse 73, CH- 6014 Luzern FAX: +41 41 440 69 84, Email: skf@karate.ch





EKF APPROVED ITEMS



DAEDO, S.L. C/ Balmes 55 08007 Barcelona Spain

tel: +34 93 2635350 / 93 4541514 fax: +34 93 4535251

e-mail: daedo@daedosport.com



SBI SPORT AB Staffanstorpsvägen 115 SE-232 91 Arlöv- Malmö Sweeden

tel: +46 (0) 40 94 88 88 fax: +46 (0) 40 94 07 80

e-mail: info@sbisport.se



WESING

No.82, Yutian New village Yutian Village, Xiamei Town Nan' an City, Fujian, China

tel: +86 595 2690 6000 fax: +86 595 8675 6390 e-mail: <u>info@wesingsports.com</u>

Important: The use of the WKF Face Mask is compulsory for Kumite Cadet Categories (male & female). The use of the WKF Body Protector is compulsory for all age categories, this is, Kumite Cadet, Junior and Senior Categories (male & female). It can be purchased from the distributors of the five WKF approved companies, whose details can be found at WKF web site www.wkf.net, clicking on the banner of the Face Mask and Body Protector that appears on the right side of the home page at WKF web site.



WKF approved TRADEMARKS for sports items will also be permitted.









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