



13th International Grand Prix d'Italia 2011

26 - 27 March

Paladesio - Desio

More than 1500 athletes coming all over the world

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*City of Desio, Sport department
and*

SPORTPADANIA

The competition is open to all the sports associations
and federations conforming to their own insurance

Saturday 26th March at 09.30
KATA and KUMITE
CAD - JUNIOR - SENIOR -
MASTER



Sunday 27th March at 9.30
KATA and KUMITE
KIDS

e-mail: info@kentozen.it
www.kentozen.it

Saturday 26th & Sunday 27th MARCH 2011

Presents:

13TH INTERNATIONAL ITALIAN GRAND PRIX "OPEN" W.U.K.O.

KATA Competition: Individuals & Teams

Styles will be grouped in SHOTOKAN-SHOTOKAI and INTERSTYLE (SHITO,WADO,GOJU.....etc).

KUMITE: Sanbon – Individuals and Teams Kids/Cadets/Junior / Senior/Master
Ippon – Individuals Junior / Senior

The competition is open to all the sports associations and federations conforming to their own insurance rules.

City: **DESIO (MI)**

Address: **SPORTHALL- PALADESIO - Via AGNESI**

Dual carriageway MILANO-MEDA, exit 8 (the stadium is on the way, after 2 km)

Programme: (Competition divided on 8 tatami)

Saturday 26 th	Sunday 27 th
Hs 09.30: Team KATA Cadets/ Junior/Senior	Hs 09.15: Opening Ceremony
Hs 10.00: Individual categories Kata	Hs 09.30: Team KATA Kids 6/8 years followed by individual categories
Hs 13.30: Opening Ceremony	Hs 10.30: Team KATA Kids 9/11 years followed by individual categories
Hs 14.30: SANBON Kumite individual competition, Cadets, Juniors and Seniors	Hs 12.00: Team KATA Kids 12/14 years followed by individual categories
Hs 17.00: Kumite IPPON e Master competition	Hs 13.00: KUMITE Sanbon Kids 6/8 years
Hs 17.30: Sanbon Team Kumite Cadets	Hs 14.00: Team KUMITE Sanbon Kids
Hs 18.00: Sanbon Team Kumite Jun/Sen	Hs 15.00: KUMITE Sanbon Kids 9/11 and 12/14 years
Hs 21.30: Estimated end of competition.	Hs 18.00: Estimated end of competition

Inscriptions: By **Monday 22th March 2010**, **no inscriptions on place accepted.**

It is possible to apply **ONLY** via E-MAIL to the: info@kentozaen.it filling out the form on our website www.kentozaen.it under "events" (instruction on pag. 6 of this schedule)

NB: Always ask for confirmation of mailing reception

Fees: € 20 x individual competition (every athlete can participate to two individual categories; any other categories will be charge 5 € each).

€ 15 x Teams

It is possible to pay at the competition. The names of the participants will be considered for the number of payers.

INFOLINE: Mobile: **+39 340 9585463**

info@kentozaen.it

www.kentozaen.it

SATURDAY 26TH

KATA: SHOTOKAN-SHOTOKAI
CADETS, Junior, Senior, Master (Rules pag 5)

TEAM KATA: CADETS/JUNIOR/SENIOR Hs 09,30

S1- W/Y/O/G (M) **S2-** B/B/B (M)

S3- W/Y/O/G (F) **S4-** B/B/B (F)

INDIVIDUAL KATA CADETS/JUNIOR/SENIOR /MASTER: Hs 10,00

CADETS /JUN-YEAR: 1991/92/93/94/95/96

SENIOR YEAR: 1990 to 1976

A1- W/Y (M)	A5- W/Y (F)	A9 W/Y (M)	A13 W/Y (F)
A2- O/G (M)	A6- O/G (F)	A10 O/G (M)	A14 O/G (F)
A3- BLUE/BROWN (M)	A7- BLUE/BROWN (F)	A11 BLUE/BROWN (M)	A15 BLUE/BROWN (F)
A4- BLACK (M)	A8- BLACK (F)	A12 BLACK (M)	A16 BLACK (F)

MASTER RENGOKAI : (shoto-shito-wado-ecc.....)

D1- W/Y/O/G (M)

D2- B/B/B (M)

D3- W/Y/ O/G (F)

D4- B/B/B (F)

KUMITE:

Cadets, Junior, Senior, Master (Rules pag 5)

INDIVIDUAL KUMITE (Sanbon) Hs: 14,30 Cadets (1994/95/96) –Junior (1991/92/93)-
Senior (1990\76)

CADETS:

JUNIOR:

SENIOR: (NO CADETS)

E1- W/Y/O/G Kg -70 (M)	G1- W/Y/O/G Kg -70 (M)	H1- W/Y/O/G Kg -70 (M)
E2- W/Y/O/G Kg +70 (M)	G2- W/Y/O/G Kg +70 (M)	H2- W/Y/O/G Kg +70 (M)
E3- BL/BR/BL Kg -65 (M)	G3- BL/BR/BL Kg -65 (M)	H3- BL/BR/BL Kg -65 (M)
E4- BL/BR/BL Kg -70 (M)	G4- BL/BR/BL Kg -70 (M)	H4- BL/BR/BL Kg -70 (M)
E5- BL/BR/BL Kg -75 (M)	G5- BL/BR/BL Kg -75 (M)	H5- BL/BR/BL Kg -75 (M)
E6- BL/BR/BL Kg +75 (M)	G6- BL/BR/BL Kg +75 (M)	H6- BL/BR/BL Kg +75 (M)
E7- W/Y/O/G Kg -50 (F)	G7- W/Y/O/G Kg -55 (F)	H7- W/Y/O/G Kg -58 (F)
E8- W/Y/O/G Kg +50 (F)	G8- W/Y/O/G Kg+55 (F)	H8 W/Y/O/G Kg +58 (F)
E9- BL/BR/BL Kg -50 (F)	G9- BL/BR/BL Kg -55 (F)	H9 BL/BR/BL Kg -58 (F)
E10- BL/BR/BL Kg +50 (F)	G10- BL/BR/BL Kg+55 (F)	H10 BL/BR/BL Kg +58 (F)

****MASTER (only SANBON) Hs: 17,00**

L1 OPEN -Kg- OPEN (M) **L2** OPEN -Kg- OPEN (F)

IPPON JUNIOR/SENIOR Hs: 17,00 (no cadets)

L3- OPEN Kg OPEN (M) **L4-** OPEN Kg OPEN (M)

TEAM KUMITE SANBON: CADETS Hs: 17,30

JUNIOR/ SENIOR Hs: 18,00

E13- Mixed (2 male/1 Female)

V1-Mixed (2 Male/1 Female)

KATA: INTERSTYLE (SHITO,WADO,GOJU, etc....)

Cadets, Junior, Senior, Master (Rules pag 5)

TEAM KATA: CADETS/JUNIOR/SENIOR Hs 09.30

T1- W/Y/O/G (M) **T2-** B/B/B (M)

T3- W/Y/O/G (F) **T4-** B/B/B (F)

INDIVIDUAL KATA: CADETS/JUNIOR/SENIOR /MASTER: Hs 10,00

CADETS /JUN-YEAR: 1990/91/92/93/94/95

SENIOR YEAR: 1989 to 1975

C1- W/Y (M)	C5- W/Y (F)	C9- W/Y (M)	C13 W/Y (F)
C2- O/G (M)	C6- O/G (F)	C10 O/G (M)	C14 O/G (F)
C3- BLUE/BROWN (M)	C7- BLUE/BROWN (F)	C11 BLUE/BROWN (M)	C15 BLUE/BROWN (F)
C4- BLACK (M)	C8- BLACK (F)	C12 BLACK (M)	C16 BLACK (F)

MASTER RENGOKAI : (shoto-shito-wado-ecc.....)

D1- W/Y/O/G (M)

D2- B/B/B (M)

D3- W/Y/O/G (F)

D4- B/B/B (F)

KATA: SHOTOKAN-SHOTOKAI Kids (Rules pag 5)

TEAM KATA Kids: Hs 9,30 (6/8 years old); **11,00** (9/11 years old); **12,00** (12/14 years old)

M1- age 6/8 W/Y/O/G/B/B

M2- age 9/11 W/Y/O/G

M4- age 12/14 W/Y/O/G

M3- age 9/11 B/B/B

M5- age 12/14 B/B/B

KATA INDIVID. Kids: 9,30 (6/8 years old); **11,00** (9/11 years old); **12,00** (12/14 years old)

Years: 2003/04/05 (6/8)

N1- 6/8 W/Y (M)

N2- 6/8 O/G (M)

N3- 6/8 B/B (M)

N4- 6/8 W/Y (F)

N5- 6/8 O/G (F)

N6- 6/8 B/B (F)

Years: 2000/01/02 (9/11)

N7- 9/11 W/Y (M)

N8- 9/11 O/G (M)

N9- 9/11 B/B (M)

N10- 9/11 BLACK (M)

N11- 9/11 W/Y (F)

N12- 9/11 O/G (F)

N13- 9/11 B/B (F)

N14- 9/11 BLACK (F)

Years: 1997/98/99 (12/14)

N15- 12/14 W/Y (M)

N16- 12/14 O/G (M)

N17- 12/14 B/B (M)

N18- 12/14 BLACK (M)

N19- 12/14 W/Y (F)

N20- 12/14 O/G (F)

N21- 12/14 B/B (F)

N22- 12/14 BLACK (F)

KUMITE SANBON: Kids (Rules at the bottom of the page)

INDIVIDUAL KUMITE (sanbon): Hs13,00 (6/8 y.); **15,00** (9/11 y.); **15,00** (12/14 y.).

R1- age 6/8

W/Y/O (M) OPEN

R2- age 6/8

G/BL/BR (M) OPEN

R3- age 9/11

W/Y/O (M) Kg-45

R4- age 9/11

G/BL (M) Kg-45

R5- age 9/11

BR/Black (M) Kg-45

R6- age 9/11

W/Y/O (M) Kg+45

R7- age 9/11

G/BL (M) Kg+45

R8- age 9/11

BR/Black (M) Kg+45

R09- age 12/14

W/Y/O/G (M) Kg-50

R10- age 12/14

BL/BR/BL (M) Kg-50

R11- age 12/14

W/Y/O/G (M) Kg+50

R12- age 12/14

BL/BR/BL (M) Kg+50

R13- age 6/8

W/Y/O (F) OPEN

R14- age 6/8

G/BL/BR (F) OPEN

R15- age 9/11

W/Y/O/G (F) Kg-40

R16- age 9/11

BR/Black (F) Kg-40

R17- age 9/11

W/Y/O/G (F) Kg+40

R18- age 9/11

BL/BR/BL (F) Kg+40

R19- age 12/14

W/Y/O/G (F) Kg-45

R20- age 12/14

BL/BR/BL (F) Kg-45

R21- age 12/14

W/Y/O/G (F) Kg+45

R22- age 12/14

BL/BR/BL (F) Kg+45

TEAM KUMITE (shobu sanbon): Hs: 14,00 (1997/98/99/2000/01/02)

Q1- Male OPEN

Q2- Female OPEN

KATA: INTERSTYLE (SHITO, WADO, GOJU, etc.): Kids (Rules pag 5)

TEAM KATA KIDS: 9,30 (6/8 years old); **11,00** (9/11 years old); **12,00** (12/14 years old)

Z1- age 6/8 W/Y/O/G/B/B

Z2- age 9/11 W/Y/O/G

Z4- age 12/14 W/Y/O/G

Z3- age 9/11 B/B/B

Z5- age 12/14 B/B/B

INDIVIDUAL KATA KIDS: 9,30 (6/8 y.); **11,00** (9/11 y.); **12,00** (12/14 y.).

Years: 2002/03/04

P1- age 6/8 W/Y (M)

P2- age 6/8 O/G (M)

P3- age 6/8 B/B (M)

P4- age 6/8 W/Y (F)

P5- age 6/8 O/G (F)

P6- age 6/8 B/B (F)

Years: 1999/00/01

P7- age 9/11 W/Y (M)

P8- age 9/11 O/G (M)

P9- age 9/11 B/B (M)

P10- age 9/11 BLACK (M)

P11- age 9/11 W/Y (F)

P12- age 9/11 O/G (F)

P13- age 9/11 B/B (F)

P14- age 9/11 BLACK (F)

Years: 1996/97/98

P15- age 12/14 W/Y (M)

P16- age 12/14 O/G (M)

P17- age 12/14 B/B (M)

P18- age 12/14 BLACK (M)

P19- age 12/14 W/Y (F)

P20- age 12/14 O/G (F)

P21- age 12/14 B/B (F)

P22- age 12/14 BLACK (F)

Athletes can participate in higher categories only after the inscription or only after having competed in their own category. This rule is necessary in order to avoid that some categories are overcrowded.

KUMITE (SANBON KIDS)

Individual Kumite:

- The matches will last 1.30 minutes;
- Max scHs: **3 IPPONS**, both in all the stages and in finals;
- Contact to face is forbidden, light chudan contact permitted

Team Kumite: the previous rules apply (participants between 6/8 years of age not permitted)

COMPULSORY PROTECTIONS: Cup, Gloves, shin pads, helmet, body armour,

Protections are personal. Helmet and body armour can be provided by the organizers if the athletes do not own them. A selling point will be present as well.

A stand selling the main equipment for the competition will be available.

KATA Rules (Number point system used, no flag)

- Styles will be divided into SHOTOKAN and INTERSTYLE (SHITO, WADO, GOJU.....etc).
- It is important to specify the style when applying to the competition.
- White, Yellow and Orange belts can bring the same KATA to the final.
- Given the presence of athletes from different Federations, in the KIDS categories the following KATAS are allowed: Gojushiho sho/dai, Unsu Suparimpei, or a correspondent one in your own style.
- KIDS KATA teams can be of mixed genders.

KUMITE SANBON RULES: CADETS /JUNIOR/SENIOR and MASTER

- Matches will last 2 minutes
- Finals will last 3 minutes with a max schs of 3 IPPONS.
- COMPULSORY PROTECTIONS: Cup, Gloves Chest cover, shin pads (without foot cover)
- OTHER ACCEPTED PROTECTIONS: Gum shield
- ***Team Kumite:** Same as mentioned rules.
- ****Juniores and Seniores can't participate in the Master category**

The societies which own an advertising banner are kindly invited to expose it during the 2 days competition



At the end of each category an award ceremony will take place.

KATA or KUMITE:

Individual Categories:

Cup to the first and second, medals to the two third places.

Team Categories:

Cup plus medals to the first THREE teams in each category

SOCIETY:

Participation prize to everyone.

- Cup to the first four societies in Shotokan Kata and in Interstyle Kata.
- Cup to the first four societies in Kumite.

EXTRA Prizes:

They will be awarded directly to the societies by the sponsors of the event.

HOTEL STAYING (breakfast included)

HOTEL LA CORTE

Piazza M. Fossoli, 18 20033- Desio (MB)

Tel. +39 0362630834- +39 3406669090 <http://www.pensionelacorte.it>

Convenzione "Karate"

- SINGLE ROOM € 42,00, DOUBLE € 68,00, TRIPLE € 78,00, QUADRUPLE € 88,00

RESTAURANT

During the two days of the competition there will be a restaurant point in the
PALASPORT

On the site www.kentozazen.it you will find the complete list of the Hotels settled with the event

INFOLINE: Mobile: +39 340 9585463

info@kentozazen.it

www.kentozazen.it

Entry instructions.

You'll find where and how to complete the entry form on the website www.kentozazen.it.

- Go to the “News and Results” page or click directly on “home”
- Select “entry form” in the top right-hand corner to open an excel file.
- The file is protected so you’ll be able to complete only the parts that are of interest to organisers.
- Complete the form in the following areas: **Club’s name, federation or organisation, city of origin, style practised**
- Insert the names of individual athletes with surname and then first name as well as the letter/letters of the category in which they compete.
- In case the allocated space is insufficient, please click on the red “iscrizioni n°2 (at the bottom of the page) and an exact copy of the first page will open. Would you still need extra space , a third page “iscrizioni n°3” is available and you can insert up to 100 names

this

way.

7. Follow the same procedure for team entries. They should be entered at the bottom after the individual entries and you can enter up to 48 teams indicating the name of the team in the first space followed by the surnames or the 3 components and the reference and category numbers in the other 2 spaces.

8. Insert the name of the head of your club in the space "signed" and insert a telephone number in the appropriate box.

9. Please do not insert any information not asked for. Only the following is necessary

- Clus's name
- Name and surname of athletes
- Reference letter and number for categories Kata, Kumite and extra categories.(found in the newsletter and chosen according to age, belt, sex and style of athlete)
- IT IS NOT NECESSARY TO INDICATE DATE OF BIRTH, SEX OR BELT. The organisers would be able to retrieve this information from the reference to category (e.g. If you have inserted "N1" you would have chosen the category 6/8 years white/yellow,boys Kata shotokan) .

10. Please Save the document and send it by E-mail **ONLY** to info@kentozaZen.it. No faxes or other entry forms different from online form will be accepted.

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