

# Grand Prix Poland

## 6-7.11.2010 ŁÓDŹ, POLAND



Dear Friends,  
We have the pleasure to invite you to participate in our karate competition:  
**Grand Prix Poland for Children, Cadets, Juniors and Seniors**

### Information about the tournament:

#### Organizer

"HARASUTO" Karate Klub Łódź  
Address: 92-413 Łódź, H.Brodatego 1/6 POLAND

#### Aim

The exteriorization in individual competitions the best competitors, popularization of spirit and idea of karate is the aim of championship.

#### Place:

The Sport Hall  
ŁÓDŹ ul. Małachowskiego 5/7 POLAND

#### Time Schedule

##### 6.11.2010. (Saturday)

##### Juniors 16-17 years, Seniors 18 years and older

Referee briefing 9 am in judge's hall

Technical briefing: 9:15 am

Beginning competition: 9:30 am team kata  
10:00 individual kata

11:30 individual kumite, team kumite

##### 7.11.2010. (Sunday)

##### category 9 years and younger, 10-11 years, 12-13 years, cadets 14-5 years

Technical briefing: 9:15 am

Beginning competition: 9:30 am team kata  
10:00 individual kata

11:30 individual kumite, team kumite

#### Registration

Application by letter, or e-mail on address:

92-413 Łódź, H.Brodatego 1/6 POLAND

e-mail: [harasutokk@wp.pl](mailto:harasutokk@wp.pl)

Registrations must arrive at the latest by 30.10.2010

#### Possession:

- up to date medical examination
- any kind of ID (passport for example)
- confirmation of payment;

#### Verification and weighting:

5.11.2010 17:00-21:00 and 6.11.2010 8:00-9:00 juniors and seniors

7.11.2010 cadets, boys and girls less than 14 years

#### Registration fee

- individual competitions 15 €
- team 30 €

Take-off payment will be accepted during registration to 6.11.2010 9am or 7.11.2010 9am

Number starting: 700 competitors

#### Referees:

Chief Referee – nominated by organizing committee.

Referees from participating teams are accepted

#### Prizes:

1st place - cup, medal and diploma

2nd place and 2 x 3rd places - medal and diploma

### Competitions

#### Saturday 6.11.2010

Individual kata female – juniors, seniors

Individual kata male - juniors, seniors

Individual kumite juniors (16-17 yrs female): -48kg, -53kg, -59kg, +59kg

Individual kumite juniors (16-17 yrs male): -55kg, -61kg, -68kg, -76 kg, +76kg

Individual kumite seniors (+18 yrs female): -50kg, -55kg, -61kg, -68kg, +68kg, open

Individual kumite seniors (+18 yrs male): -60kg, -67kg, -75kg, -84 kg, +84kg, open

Team kata female (juniors + seniors)

Team kata male (juniors + seniors)

Team kumite female (3+1) – juniors, seniors

Team kumite male (3+1) – juniors, seniors

#### Sunday 7.11.2010

Individual kata girls – 9 years or less, 10-11 years, 12-13 years,  
14-15 years

Individual kata boys - 9 years or less, 10-11 years, 12-13 years,  
14-15 years

Individual kumite girls (10-11 years): -34kg, -40kg, +40kg

Individual kumite girls (12-13 years): -43kg, -50kg, +50kg

Individual kumite girls (14-15 years): -47kg, -54kg, +54kg

Individual kumite boys (10-11 years): -34kg, -40kg, +40kg

Individual kumite boys (12-13 years): -45kg, -50kg, -55kg, +55kg

Individual kumite boys (14-15 years): -52kg, -57kg, -63kg, -70kg, +70kg

Team kata girls – 10 years or less, 11-13 years, 14-15 years

Team kata boys – 10 years or less, 11-13 years, 14-15 years

Team kumite girls (3+1) – 12-13 years, 14-15 years

Team kumite boys (3+1) – 12-13 years, 14-15 years

### Competitions rules

#### WKF rules with following changes:

Category team kata 10 years and younger and 11-13 years in final bunkai kata does not be required.

In category 9-13 years in every round different kata (Heian, Pinan - acceptable), in another category- WKF rules

The time of fight 90 sec (category 10-11, 12 -13 years)

Another category WKF rules. Repasage and two 3 rd place

If it to weight category will be notified less than 8 competitors category be becomes played with another weight category.

The team you would be implement younger competitor.

#### Protection

Fist protection, shin pads, gum shields are compulsory in all kumite competitions

Chest protection for women and crotch protection for men is recommended.

Kumite 14- 15 years face masks is recommended (WKF rules)

#### Protests

In writing on the Chief Referee hand after payment of deposit in height 50 €

#### Accommodation

Hotel Focus \*\* <http://www.hotelfocus.com.pl>

Hotel Boss\* <http://www.hotel-boss.pl/>

Any questions considering the way the event will be held should go directly to Dariusz Dąbrowski

Tel. +48 603 385 145

Janusz Harast

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<http://www.harasuto.pl>