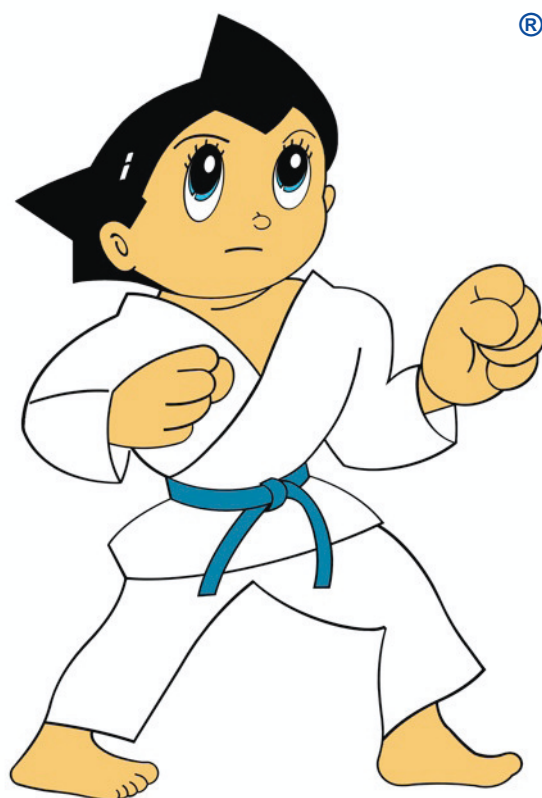




RAPID BRATISLAVA  
SLOVAK KARATE UNION  
[www.rapidcup.eu](http://www.rapidcup.eu)



# BULLETIN



**RAPID CUP®**  
INTERNATIONAL YOUTH KARATE CUP  
**9. 10. 2010**  
**SIBAMAC ARENA-NTC**  
**BRATISLAVA**  
**SLOVAKIA**



**RAPID BRATISLAVA**  
**SLOVAK KARATE UNION**  
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## **DEAR FRIENDS**



The first RAPID CUP Tournament was a great success and contributed to the publicity of Slovak junior karate. We had 51 clubs from the Czech Republic, Hungary, Poland and Slovakia in attendance of this very first year that posed a challenge to organizational skills and endurance of all involved. We are now preparing for the 2nd RAPID CUP Tournament with the goal to increase the quality and international participation. I sincerely hope that those who attended last year will accept our invitation for this year and that additional clubs will consider their participation as well.

**Ing. Ján Longa**  
**7. DAN**

**chairman of RAPID BRATISLAVA**  
**president of tournament RAPID CUP**



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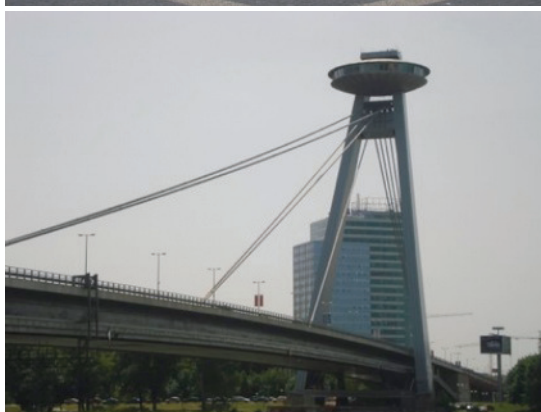
**BRATISLAVA**  
**CAPITAL CITY OF SLOVAKIA**

FOR INFORMATION ABOUT BRATISLAVA VISIT :

[www.visit.bratislava.sk/en/](http://www.visit.bratislava.sk/en/)

FOR PICTURE OF BRATISLAVA VISIT :

[www.worldphotopage.com/img/bratislava/flash/index.html](http://www.worldphotopage.com/img/bratislava/flash/index.html)





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**TIME ZONE**

GMT (GREENWICH MEAN TIME) +1 HOUR (SUMMER PERIOD).  
FROM 25.10. TO 29.3. GMT +2 HOURS (WINTER PERIOD).

**WEATHER**

IN OCTOBER THE WEATHER IN BRATISLAVA CAN BE VARYING, SO WE RECOMMEND WARM CLOTHES. MORE  
INFORMATION ABOUT WEATHER CAN BE FOUND ON :  
[www.shmu.sk](http://www.shmu.sk)

**LANGUAGE**

THE OFFICIAL LANGUAGE IS SLOVAK, MANY PEOPLE SPEAK ENGLISH.

**CURRENCY**

OFFICIAL CURRENCY IN SLOVAKIA IS EURO.

**BANKS AND CREDIT CARDS**

MOST OF SLOVAK BANKS ARE OPENED FROM 9:00 TO 18:00, SOME OF THE ARE OPENED ON SATURDAY AS  
WELL. MOST OF CASH-MACHINES, HOTELS, SHOPS, RESTAURANTS ACCEPT VISA, EUROCARD /  
MASTERCARD, DINERS CLUB AND AMERICAN EXPRESS.

**MOBILE OPERATORS**

ORANGE INFO +421 905 905 905  
T- MOBILE INFO +421 903 903 903  
TELEFÓNICA O2 INFO +421 949 949 949

**INTERNET**

IN "SIBAMAC ARENA-NTC" THERE IS A POSSIBILITY OF FREE WI-FI CONNECTION.

**POST**

PRICES FOR POST SERVICES CAN BE FOUND ON :  
[www.posta.sk](http://www.posta.sk)

**ELECTRIC SYSTEM AND ADAPTORS**

220 V / 50 Hz. 2-PIN ADAPTER EUROPLUG.



**ROAD LIMITS**

THE SPEED LIMIT IN CITIES IS 50 KM / H., OUTSIDE TOWN IT IS 90 KM / H., HIGHWAYS 130 KM / H., ZERO  
TOLERANCE FOR ALCOHOL.

**OPENING TIMES FOR SHOPS**

MOST SHOPS IN BRATISLAVA ARE OPENED FROM 10:00 UNTILL 18:00.

**IMPORTANT NUMBERS**

SOS 112, POLICE 158, FIRE BRIGADE 150, RESCUE SYSTEM 155.

**MEDICAL CARE**

"RAPID CUP" IS FULLY COVERED BY THE PROFESSIONAL MEDICAL TEAM WITH EMERGENCY VAN PARKED  
BY THE HALL. SLOVAK COMPETITORS MUST HAVE VALID MEDICAL CHECK, NOT OLDER THAN ONE YEAR.  
FOREIGN COMPETITORS MUST BE INSURED IN ORDER TO RECIVE TREATMENT.

**VISA**

COUNTRIES OF EUROPEAN UNION, F.Y.R.O.M, MONTENEGRO AND SERBIA DO NO NEED ANY VISA TO ENTER  
THE COUNTRY. COUNTRIES SUCH AS ALBANIA, ARMENIA, AZERBAIJAN, BELARUS, BOSNA &  
HERZEGOVINA, GEORGIA, MOLDOVA, RUSSIAN FEDERATION, TURKMENISTAN, TURKEY AND UKRAINE NEED  
TO APPLY FOR VISA. IF YOU ARE FROM A COUNTRY NOT MENTIONED AND YOU ARE UNSURE ABOUT THE  
VISA PLEASE CONTACT US ON :  
[info@rapidcup.eu](mailto:info@rapidcup.eu)



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**AIRPORTS**

INFORMATION ABOUT ARRIVALS AND DEPARTURES ON BRATISLAVA AIRPORT CAN BE FOUND :

[www.letiskobratislava.sk/index.aspx?lang=1033](http://www.letiskobratislava.sk/index.aspx?lang=1033)

INFORMATION ABOUT ARRIVALS AND DEPARTURES ON VIENNA AIRPORT CAN BE FOUND:

[www.viennaairport.com/jart/prj3/via/website.jart?rel=en&reserve-mode=active](http://www.viennaairport.com/jart/prj3/via/website.jart?rel=en&reserve-mode=active)

**RAILWAYS**

INFORMATION ABOUT ARRIVALS AND DEPARTURES ON BRATISLAVA MAIN STATION CAN BE FOUND ON :

[www.zsr.sk/anglicky.html?page\\_id=124](http://www.zsr.sk/anglicky.html?page_id=124)

**COACHES**

INFORMATION ABOUT ARRIVALS AND DEPARTURES OF COACHES CAN BE FOUND ON :

[www.slovaklines.sk/index\\_en.html](http://www.slovaklines.sk/index_en.html)

**PUBLIC TRANSPORT**

TRAMS, BUSES AND TROLLEYBUSES ARE OPERATING FROM 5:00 UNTIL 23:00.

ALL ROUTES AND FARES CAN BE FOUND ON :

[www.dpb.sk](http://www.dpb.sk)

**TAXI**

INFORMATION ABOUT BRATISLAVA TAXI SERVICES CAN BE FOUND ON :

[www.najditaxi.sk/taxi-bratislava](http://www.najditaxi.sk/taxi-bratislava)

**RESTAURANTS**

THE CLOSEST RESTAURANTS ARE :

NTC CAFÉ RESTAURANT - PRÍKOPOVA 6 [www.ntccafecafe.sk](http://www.ntccafecafe.sk)

TENIS PUB - ODOJÁROV 3 [www.tenispub.eu](http://www.tenispub.eu)

REŠTAURÁCIA 44 - VAJNORSKÁ 44 [www.restauracia44.obedovat.sk](http://www.restauracia44.obedovat.sk)

VAJNORSKÁ VIECHA - VAJNORSKÁ 36

STEAK HOUSE - VAJNORSKÁ 19 [www.steak-house.sk](http://www.steak-house.sk)

MODUS - BUDYŠINSKA 2 [www.obedovat.sk/bratislava/Restauracia\\_2428\\_Modus](http://www.obedovat.sk/bratislava/Restauracia_2428_Modus)

**HOTELS**

AVAILABLE HOTELS CAN BE FOUND :

[www.bratislavahotels.com](http://www.bratislavahotels.com)

WE RECOMMENDED ACCOMMODATION :

LUXURY HOTEL SET

[www.hotelset.sk](http://www.hotelset.sk)

DISCOUNT FOR "RAPID CUP" IS 40%, DIRECTLY IN THE AREA OF "SIBAMAC ARENA-NTC"

ECONOMICAL HOTEL KYJEV

[www.hotelkyjev.com/index.html](http://www.hotelkyjev.com/index.html)

CHEAP HOTEL RAPID

[www.hotelrapid.sk/hotel.htm](http://www.hotelrapid.sk/hotel.htm)





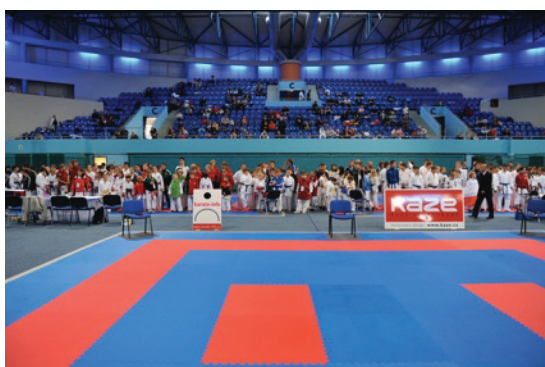
# RAPID BRATISLAVA SLOVAK KARATE UNION [www.rapidcup.eu](http://www.rapidcup.eu)



## SPORT HALL

“RAPID CUP” IS TAKING PLACE IN “SIBAMAC ARENA-NTC”. IT IS MODERN AND BIG SPORT HALL IN BRATISLAVA. THE PLACE IS SIZED 50 x 42 M, WHICH ALLOWS CONSTRUCTIONS OF 12 TATAMI. THERE ARE 1584 SEATS IN THE CROWD. IN 2007 42 ND EUROPEAN KARATE CHAMPIONSHIPS AND “RAPID CUP” 2009 WERE ORGANIZED HERE.

SIBAMAC ARENA-NTC  
PRÍKOPOVA 6, 831 03 BRATISLAVA SLOVAKIA  
[www.ntc.sk](http://www.ntc.sk)





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### **OFFICIAL PROGRAMME**

<b>8:00 - 9:30</b>	<b>REGISTRATION</b>
<b>9:45 - 10:00</b>	<b>REFEREE MEETING</b>
<b>10:00 - 12:30</b>	<b>KATA COMPETITION</b>
<b>12:00 - 13:00</b>	<b>OPENING OF COMPETITION, MEDAL CEREMONY</b>
<b>13:00</b>	<b>KUMITE COMPETITION</b>

### **RULES**

**"RAPID CUP" HAS OFFICIAL WKF RULES.**  
**FULL REPECHAGE WITH TWO 3 PLACES**

### **MAIN REFEREE**

**VOJTECH JANKÓ**  
**4. DAN**



## CATEGORIES

### KATA INDIVIDUALS

<b>A</b> 5-7 years	<b>BOYS</b> FREE (TOKUI) KATA MINIMAL 2 KATA	<b>GIRLS</b> FREE (TOKUI) KATA MINIMAL 2 KATA
<b>B</b> 8-9 years	<b>BOYS</b> FREE (TOKUI) KATA MINIMAL 2 KATA	<b>GIRLS</b> FREE (TOKUI) KATA MINIMAL 2 KATA
<b>C</b> 10-11 years	<b>BOYS</b> FREE (TOKUI) KATA MINIMAL 3 KATA	<b>GIRLS</b> FREE (TOKUI) KATA MINIMAL 3 KATA
<b>D</b> 12-13 years	<b>BOYS</b> FREE (TOKUI) KATA KATA CANNOT BE REPEATED	<b>GIRLS</b> FREE (TOKUI) KATA KATA CANNOT BE REPEATED
<b>E</b> 14-15 years	<b>CADETS MALE</b> WKF RULES SHITEI / TOKUI KATA OFFICIAL WKF LIST	<b>CADETS FEMALE</b> WKF RULES SHITEI / TOKUI KATA OFFICIAL WKF LIST
<b>F</b> 16-17 years	<b>JUNIORS MALE</b> WKF RULES SHITEI / TOKUI KATA OFFICIAL WKF LIST	<b>JUNIORS FEMALE</b> WKF RULES SHITEI / TOKUI KATA OFFICIAL WKF LIST

### KUMITE INDIVIDUAL

<b>A</b> 5-7 years	<b>BOYS</b> -26 kg, +26 kg 60 SEC. DUEL	<b>GIRLS</b> -26 kg, +26 kg 60 SEC. DUEL
<b>B</b> 8-9 years	<b>BOYS</b> -28 kg, +28 kg 60 SEC. DUEL	<b>GIRLS</b> -30 kg, +30 kg 60 SEC. DUEL
<b>C</b> 10-11 years	<b>BOYS</b> -35 kg, -40 kg, +40 kg 90 SEC. DUEL	<b>GIRLS</b> -35 kg, -40 kg, +40 kg 90 SEC. DUEL
<b>D</b> 12-13 years	<b>BOYS</b> -40 kg, -50 kg, +50 kg 120 SEC. DUEL	<b>GIRLS</b> -40 kg, -45 kg, +45 kg 120 SEC. DUEL
<b>E</b> 14-15 years	<b>CADETS MALE</b> -52 kg, -57 kg, -63 kg, -70 kg, +70 kg 120 SEC. DUEL	<b>CADETS FEMALE</b> -47 kg, -54 kg, +54 kg 120 SEC. DUEL
<b>F</b> 16-17 years	<b>JUNIORS MALE</b> -55 kg, -61 kg, -68 kg, -76 kg, +76 kg 120 SEC. DUEL	<b>JUNIORS FEMALE</b> -48 kg, -53 kg, -59 kg, +59 kg 120 SEC. DUEL





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**PROTECTION**

FOR ALL CATEGORIES KUMITE PROTECTORS ARE MANDATORY FOR : TEETH, ARMS, SHANKS AND COMBS.  
WKF APPROVED PROTECTORS FOR FACE, CHEST, BODY AND JOCKSTRAPS ARE RECOMMENDED.

**OFFICIAL WEIGHING**

ALL KUMITE COMPETITORS ARE OBLIGED TO COMPETE IN THEIR WEIGHT CATEGORY. ORGANIZER  
RESERVE RIGHT TO PERFORM A WEIGHT CHECK AT ANY TIME. COMPETITOR THAT IS COMPETING IN  
DIFFERENT WEIGHT CATEGORY THAN HIS WILL BE SENT OFF TOURNAMENT WITHOUT THE FEE-RETURN.

**FEES**

ONE CATEGORY (KATA OR KUMITE) € 15,00.  
TWO CATEGORIES (KATA AND KUMITE) € 20,00.

**PRIZES**

1. - 3. PLACE CUP, MEDAL, DIPLOMA.  
3 MOST SUCCESSFUL CLUBS WILL WIN THE GRETS CUPS.



**REGISTRATION**

OPENING DATE : 15. 8. 2010  
CLOSING DATE : 7. 10. 2010

REGISTER USING THE ELECTRONIC FORM :

**>>> [www.rapidcup.eu/en/registration.php](http://www.rapidcup.eu/en/registration.php) <<<**

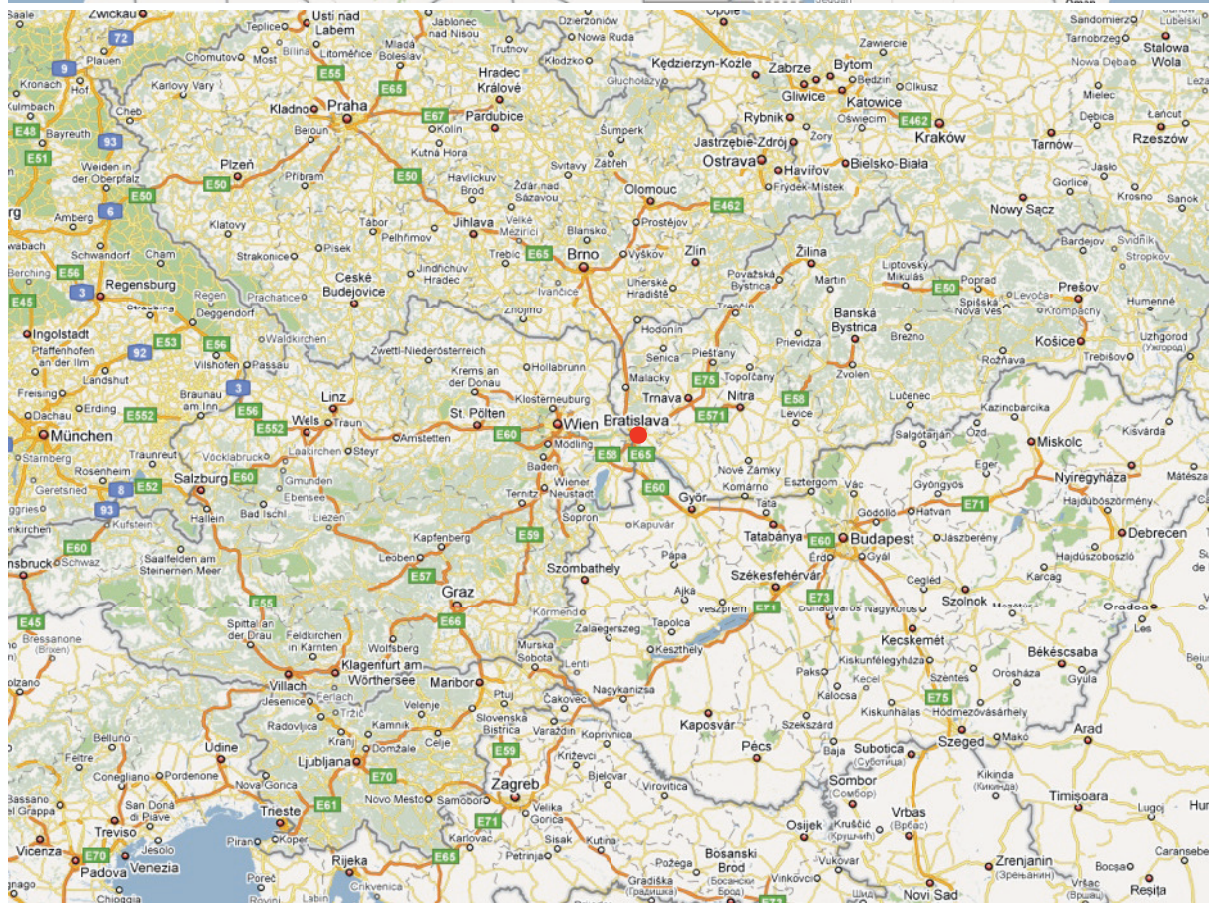




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## MAPS



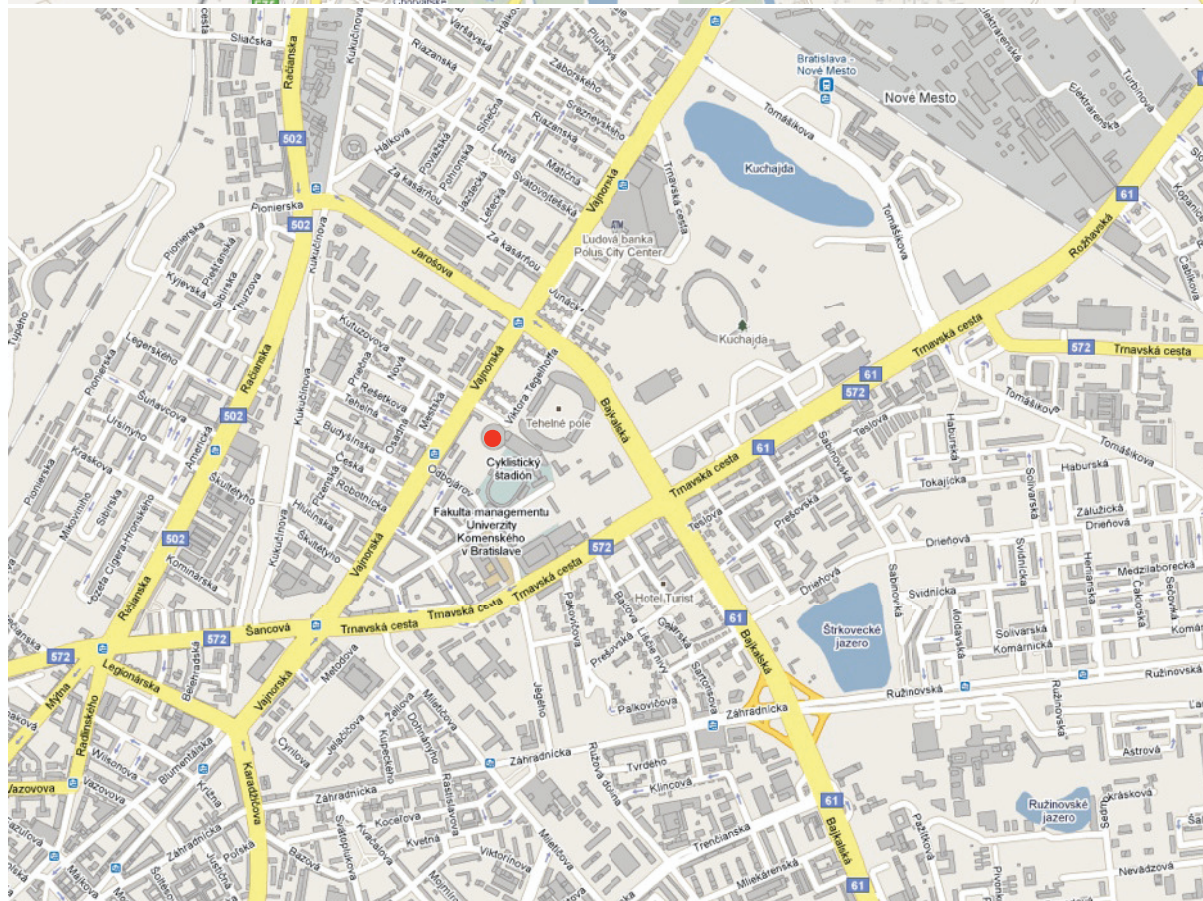
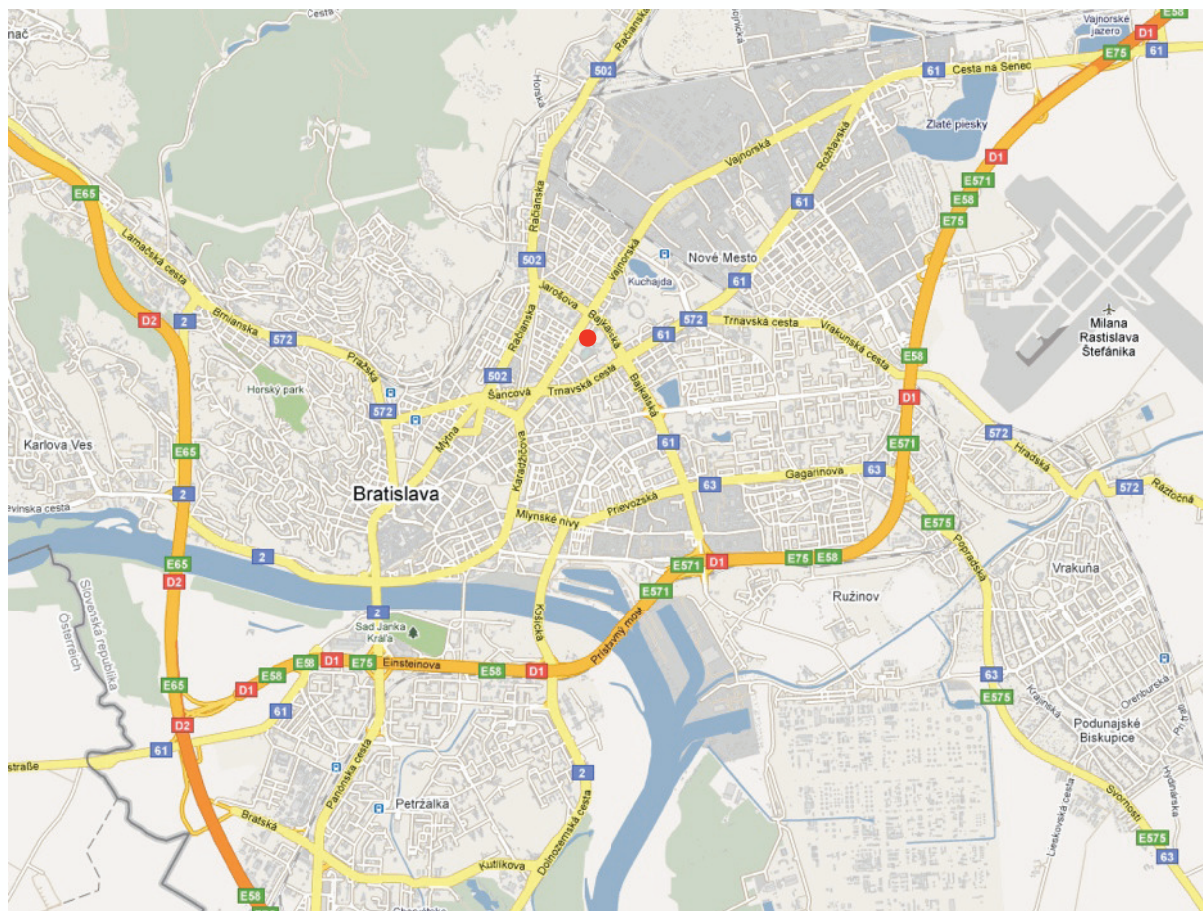




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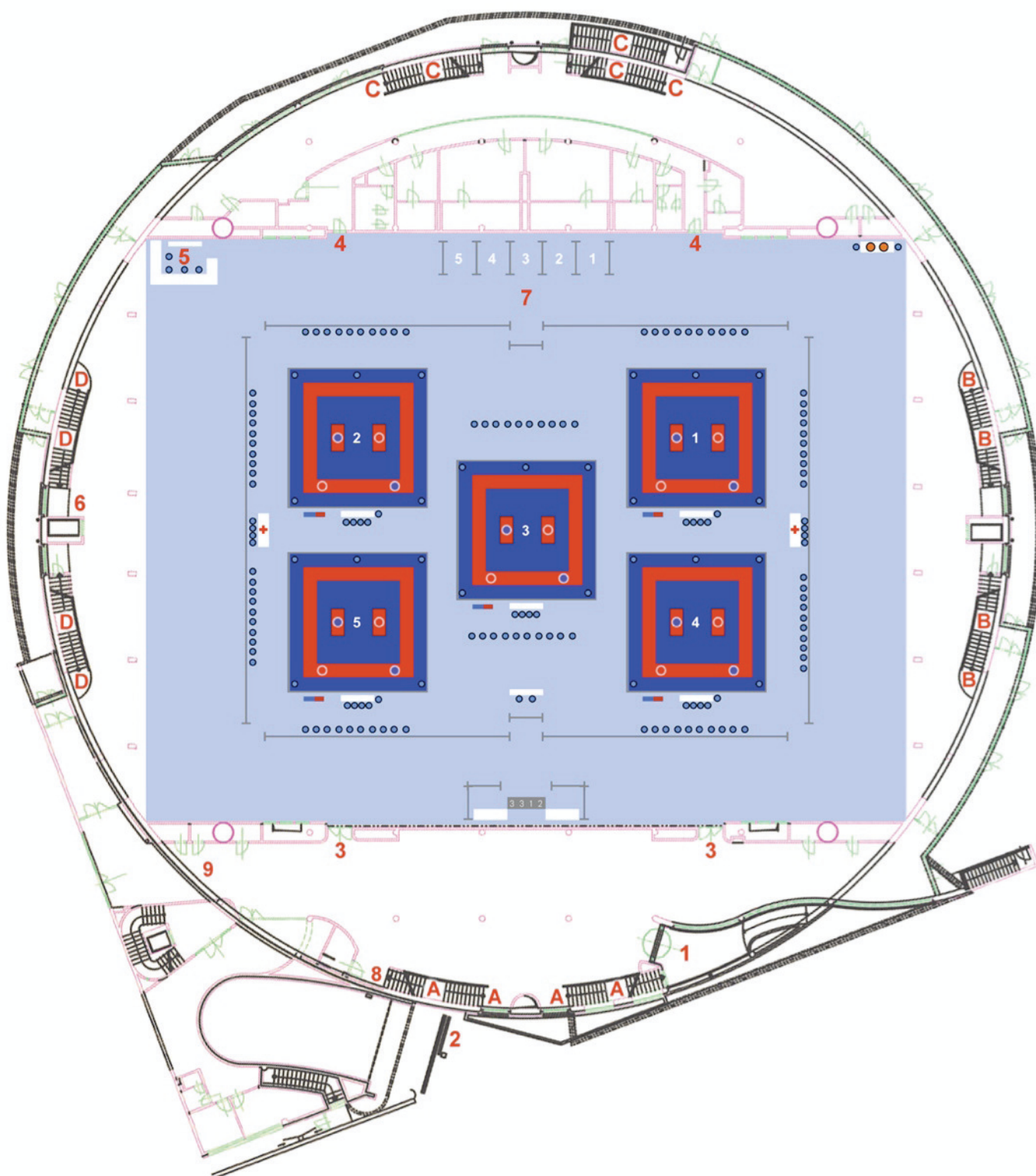






### HALL PLAN - AREA

- 1 MAIN ENTRANCE
- 2 GARAGE
- 3 MATCH PLACE
- 4 DRESSING ROOM REFEREES
- 5 TECHNICAL COMMISSION
- 6 DRESSING ROOM COMPETITORS
- 7 TRAINING ROOM
- 8 WC
- 9 RESTAURANT





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**HALL PLAN - STANDS**

STAND A - 400 SEAT  
STAND B - 288 SEAT  
STAND C - 696 SEAT  
STAND D - 200 SEAT

