



Union des Fédérations Africaines de Karaté (UFAK)
Union of African Karate Federations (UFAK)

SECRETARIAT GENERAL – SECRETARY GENERAL

03 BP 2160 Cotonou – BENIN – West Africa

Phone: (229) 21 33 16 40 Fax : (229) 21 33 12 82 E-Mail : ufaksg@intnet.bj
Cell: (229) 90 90 04 05 // Cell: (229) 93 13 13 62 // (229) 97 87 31 63

Site Web UFAK: www.karateafrique.org

Affiliated to World Karate Federation (WKF)

Supreme Council for Sport in Africa (SCSA)

Union of African Sports Confederation (UCSA)

Association of National Olympic Committees of Africa (ANOCA)

NEWS BULLETIN N°1

CAPE -TOWN 2010

13th AFRICAN KARATE CHAMPIONSHIPS


SENIORS

International technical Courses for
Athletes, Coaches & Referees.

Meetings of UFAK Executive Committee, Bureau
& Permanent Commissions

From Saturday 1st to Sunday 08 August 2010

CAPE-TOWN / SOUTH AFRICA

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13th UFAK Karate Seniors Championships, Cape – Town SOUTH AFRICA from August 01 to 08, 2010

TECHNICAL PROGRAMME

1. KATA

- 1 (one) Men’s Senior Team per country : (03 competitors)
- 1 (one) Ladies Senior Team per country: (03 competitors)
- Individual Senior Men : (01 competitor per country)
- Individual Senior Ladies (01 competitor per country)

□ For Men’s Kata events & Ladies Kata events, WKF Rules authorized age is +16.

2. KUMITE

- 1 (one) Men’s Senior Team per country : (5+2 competitors)
- 1(one) Ladies Senior Team per country: (3+ 1 competitors)
- Men’s Kumite Individual :(1 competitor per category per country)
- Ladies Kumite Individual :(1 competitor per category per country)

□ For Men’s Kumite events & Ladies Kumite events, WKF Rules authorized age is +18.

3. CATEGORIES

SENIOR
Individual Kumite Male :- 60 kg , -67kg , -75kg , -84 kg , + 84 kg
Individual Kumite Female : -50 kg , -55kg , -61 kg , -68 kg , + 68 kg



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PROVISORY CALENDAR

Sunday, August 1st, 2010

08h to 20h00	Delegations Arrival and welcome	CAPE TOWN
09h to 20h00	Registration and Accreditations for Referee, Coach, & Athlete Courses ,Officials and VIP	CAPE TOWN

Monday, August 02, 2010

08h00-12h00	Referee Courses KUMITE theory	CAPE TOWN
12h00 -14h00	Lunch Break	CAPE TOWN
14h00-18h00	Referee Courses KUMITE theory	CAPE TOWN

Tuesday, August 03 , 2010

08h00-12h00	Referee Courses KUMITE theory	CAPE TOWN
12h00-14h00	Lunch Break	CAPE TOWN
14h00-15h00	KUMITE theory Examination	CAPE TOWN
15h00 -18h00	KUMITE Practice Examination	CAPE TOWN

Wednesday, August 04 , 2010

08h00 -12h00	Referee Courses KATA theory Athletes and Coaches Technical Courses	CAPE TOWN
10h00 -12h00	UFAK Executive Committee meeting	CAPE TOWN
12h00-14h00	Lunch Break	CAPE TOWN
14h00-18h00	Athletes and Coaches Technical Courses	CAPE TOWN
14h00-15h00	KATA theory Examination	CAPE TOWN
15h00-18h00	KATA Practice Examination	CAPE TOWN

Thursday, August 05, 2010

08h00 -12h00	UFAK Executive Bureau Meeting (Technical Commissions Reports, Seminars Technical Results) Executive Bureau Press Conference, Visite to Sports Minister , NOC President others authorities	CAPE TOWN
12h00 -14h00	Lunch Break	CAPE TOWN
1400 -20h00	<ul style="list-style-type: none"> Athletes Medical Visit Competitors Registration and Weighting Technical Meeting Draw Meeting 	CAPE TOWN

Friday August 6, 2010

09h00 -10h30	Eliminations and Repechages KATA individual Male and Female	CAPE TOWN
10h30 -12h30	Eliminations and Repechages KUMITE Male (-60 kg, -67kg,-75 kg)	CAPE TOWN
12h30 -14h00	Eliminations and Repechages KUMITE Female (-50 kg,-55 kg,-61 kg)	CAPE TOWN
14h00 -15h 00	Eliminations and Repechages KUMITE Male (-84 kg, +84 kg)	CAPE TOWN
15h00 -16h 00	Eliminations and Repechages KUMITE Female (- 68kg, + 68kg)	CAPE TOWN
16h 00 -16h 30	Finals KATA Male and Female	CAPE TOWN
16h 30 -17h 00	Medals Presentation	CAPE TOWN
17h 00- 17 h30	Finals KUMITE Male (-60 kg, -67kg,-75 kg)	CAPE TOWN
17h 30 -17h 45	Medals Presentation	CAPE TOWN
17h 45 à 18h 15	Finals KUMITE Female (-50 kg,-55 kg,-61 kg)	CAPE TOWN
18h 15 - 18h 30	Medals Presentation	CAPE TOWN
18h30 - 18h 45	Finals KUMITE Male (-84 kg, +84 kg)	CAPE TOWN
18h 45- 19h 00	Medals Presentation	CAPE TOWN
19h 00-19h 15	Finals KUMITE Female (- 68kg, + 68kg)	CAPE TOWN
19h 15 -19h 30	Medals Presentation	CAPE TOWN

Saturday August 7, 2010

08h00- 10h00	Eliminations and Repechage s KATA TEAM Male and Female	CAPE TOWN
10h00-12h00	Eliminations and Repechage s KUMITE TEAM Male	CAPE TOWN
10h00-14h00	Eliminations and Repechage s KUMITE TEAM Female	CAPE TOWN
14h00- 14h30	Finals KATA TEAM Male and Female	CAPE TOWN
14h30- 15h00	Medals Presentation	CAPE TOWN
15h00-15h30	Finals KUMITE TEAM Female	CAPE TOWN
15h30 -16h 00	Medals Presentation	CAPE TOWN
16h00 -16 h30	Finals KUMITE TEAM Male	CAPE TOWN
16h30 -16h45	Medals Presentation	CAPE TOWN
17h00 -18h00	Closing Ceremony	CAPE TOWN
20h00-22h00	COCKTAIL	CAPE TOWN

Sunday August 8, 2010

07h00-12h00	Delegations Departure	CAPE TOWN

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13th UFAK Karate Seniors Championships, Cape – Town SOUTH AFRICA from August 01 to 08, 2010

OTHER PROVISIONS

- All Coaches must be registered with their teams and must attend the Coaches Course in order to get UFAK. Coach Qualification.
- Only qualified Referees and Judges will be authorized to perform the 12th African Karate Senior. Championships.
- ✓ All Referees with valid qualifications must attend the Referee Course before being authorized to perform the 13th African Karate Senior. Championships.
- ✓ Referees with Continental qualifications less than two (02) years are not submitted to exams.
- ✓ All Referees with Continental qualifications old than two (02) years must confirm their qualifications by having exams
- Only Competitors with official WKF equipment (Karategi and others) will be allowed to participate to the 13th African Karate Senior. Championships
- All Referees, Judges, Coaches & Athletes must have their UFAK official Passport to attend the Courses and championships.
- No Passeport, No Participation
- Only NF President or persons delegated by President will be allowed to represent a respective country. All representatives who are not the President must have a letter of delegation signed and stamped by NF President on letter head paper..
- **Each Country should provide two (02) National Flags and a tape of the national Anthem.**
- **The 13th African Karate Senior. Championships will take place in compliance with WKF Regulations and Rules.**

13th UFAK Karate Seniors Championships, Cape – Town SOUTH AFRICA from August 01 to 08, 2010



FINANCIAL INFORMATION

**FEES AND UFAK ACTIVITIES PARTICIPATION GENERAL CONDITIONS
VALID FROM JANUARY 1st, 2008**

1. Annual membership fee500 Euro

The deadline for membership fee payment is 31st March, each year. If the payment is made after the deadline, but in the same year, a surcharge of **100 Euro** will be applied. If the payment is made the year after, a surcharge of **200 Euro** will be applied.

Beyond two years of late membership fees payment, member is put in status quo and become observant member without right to vote.

2. Referee course registration fees and conditions

- 2. a. Indistinctly Kata or Kumite120 Euro**
- 2. b. Both Kata and Kumite200 Euro**

The deadline for registration is **45 days** before the 1st day of the referee course. For late registration cases, acceptance will be subject to places being available and a surcharge of **50 Euro** for each single late registration (kata or kumite) and of **100 Euro** for each double late registration (kata and kumite) will be applied. As each National Federation will have to transmit a list of trainees at least **30 days** before the day of commencement of the course.

3. Coach course registration fees100 Euro

4. Athletes course registration fees25 Euro

5. Referee license renewal fee (indistinctly Kata or kumite).....100 Euro

6. Referees registration fees for African Championships

The registration of qualified referees for officiating in African Championships will be free of charge when done within the same deadline as for the referee course registration (**30 days**) before the 1st day of the referee course). For late registration a surcharge of **100 Euro** will be applied.

7. Passport UFAK/ FMK.....15 Euro

8. Registration fees for African Championships (Cadet & Junior/Senior) for each entry, as follows:

- Male kumite team.....**100 Euro**
- Female kumite team.....**75 Euro**
- Male kata team**75 Euro**
- Female kata team.....**50 Euro**
- Each individual entry.....**50 Euro**

9. Protest fee in African Championships.....150 Euro

10. Surety Fee for African Championships organization6.000 Euro

Nom du Compte: UFAK
Adresse: 03 BP 2160 Cotonou, BENIN
Nom de la Banque : Société Générale de Banques au Bénin
Etablissement : B0104
Guichet : 01001
N° de Compte : 030654623001-91
Clé RIB : 91
Domiciliation : Cotonou GANHI



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TERM OF RESPONSIBILITY

I, _____ undersigned, as the Chief of Delegation of my country, duly enrolled to participate in 13th African Senior Karate championships which will be held in Cape Town , South Africa from 1st to 08th August, 2010, with fully knowledge of the Statutes, the Rules, Regulations and the Norms of AFRICAN KARATE FEDERATION UNION (UFAK), pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I will take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this tournament, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the 13th African Senior Karate championships, Benin Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

FEDERATION.....

COUNTRY.....

Address.....

FAX..... TEL.....

Date.....

Signature

NB: To be returned to UFAK Secretary General not later than July 1st 2010



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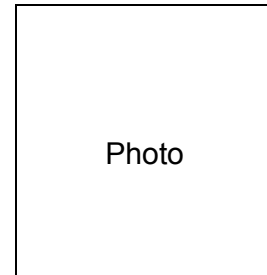
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APPLICATION FORM REFEREE COURSE

Surname & second name (s)
 Birth date Age
 Dan.....
 Country City.....
 Name of the Federation.....



 Date Name of National Federation President Signature of National Federation President

This candidat has the following qualifications ☒ (please stick the right box)

UFAK Zone Qualification(s)

Kata Judge-B Year Judge- A Année.....
 Kumité Judge-B Year ... Referee-B Year... Judge-A Year ... Referee-A Year.....

UFAK Continental Qualification(s)

Kata Judge-B Year Judge- A Année.....
 Kumité Judge-B Year ... Referee-B Year... Judge-A Year ... Referee-A Year.....

WKF Qualification(s)

Kata Judge-B Year Judge- A Année.....
 Kumité Judge-B Year ... Referee-B Year... Judge-A Year ... Referee-A Year.....
 personnal Kata Styleother kata style

I commit to participate to following Course

Kata **kumite** **kata & kumite**
 Candidate Style

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APPLICATION FORM FOR ATHLETE TECHNICAL COURSE

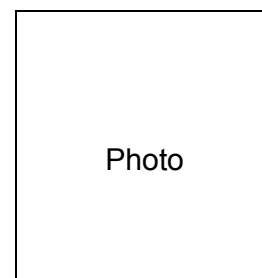
Surname & second name (s)

Birth dateAge

Dan.....

Country.....City.....

Name of the Federation.....



Date

Name of National Federation President

Signature of National Federation President

This candidate has the following qualifications ☉ (please stick the right box)

DanSince Participated to competitions since personal Style of

Kata.....Other style of kata.....

UFAK Zone Performance(s)

UFAK Continental Performance(s)

WKF Performance(s)

I commit to participate to following Course

Kata kumite kata & kumite

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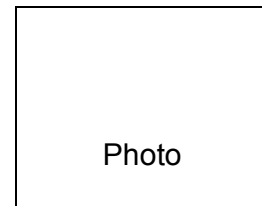
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APPLICATION FORM FOR TECHNICAL COACH COURSE

Surname & second name (s)
 Birth dateAge
 CountryCity.....
 Name of the Federation.....



 Date Name of National Federation President Signature of National Federation President

This candidate has the following qualifications ⊗ (please stick the right box)

DanSince Coach since personal Style of
 Kata.....Coaching Dploma.....

NATIONAL TECHNICAL POSITIONS

UFAK ZONE TECHNICAL POSITIONS

UFAK TECHNICAL POSITIONS

WKF TECHNICAL POSITIONS

I commit to participate to following Coach Course

Kata kumité kata & kumité

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APPLICATION FORM FOR TRAINING FACILITIES

1. COUNTRY:.....

2. HOTEL:.....

3. DAYS: 01 02 03 04 05 06 07

4. SCHEDULE: Morning

Afternoon

The organization will try to comply with all applications received, depending on the number of countries and schedule available.

5. NUMBER OF COMPETITORS:

➤ 5.1. Male Kumite _____

➤ 5.2. Female Kumite _____

➤ 5.3. Male Kata _____

➤ 5.4. Female Kata _____

TOTAL:

Send to: 13th African Seniors Karate Championships Organizing Committee not later than July 1st 2010

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