



9th KARATE TOURNAMENT „CENTRAL EUROPE OPEN” 10-11 APRIL 2010 BYDGOSZCZ, POLAND

Organizer

Stowarzyszenie Klub Sportowy „BUSHI-DO” Bydgoszcz
Polish Karate Federation

Prizes and awards

Cups, medals and diplomas.
Special awards for the best male and female competitors and for the best club.

Tournament supervisor:

Sensei Piotr Gołębiewski

Where the event is going to take place:

Hala Sportowa
11 Kromera street, Bydgoszcz, Poland

Deadline:

31.03.2010r
Stowarzyszenie Klub Sportowy „BUSHI-DO”;
1A Inwalidów street, 85-727 Bydgoszcz;
fax: (+48 52) 3494540;
e-mail: info@karate-bushido.pl ; bushi-do@wp.pl

IMPORTANT!

All participants must registrate in advance by
entry form.

Forms sent after the deadline date will not be
processed!

Fees:

15 euro – 1 individual competition
30 euro – per team

The payment on the day of the event by cash.

Competitions:

Saturday, 10.04.2010

Individual kata male - cadets, juniors, seniors
Individual kata female - cadets, juniors, seniors

Individual kumite cadets (14-15 years male): -57kg, -63kg, -70kg, +70kg
Individual kumite cadets (14-15 years female): - 54kg, +54kg
Individual kumite juniors (16 -17 years male): - 61kg, - 68kg, - 76kg, +76kg
Individual kumite juniors (16- 17 years female): - 53kg, - 59kg, + 59kg
Individual kumite seniors (+ 18 years male): - 60kg, - 67kg, -75kg, -84kg, +84kg
Individual kumite seniors (+ 18 years female): -50kg, -55kg, -61kg, -68kg, +68kg

Team kata male - cadets + juniors, seniors
Team kata female - cadets + juniors, seniors
Team kumite (M) - cadets + juniors, seniors
Team kumite (F) - cadets + juniors, seniors

Sunday, 11.04.2010

Individual kata boys: 8 yrs or less; 9 yrs; 10 yrs; 11 yrs;
Individual kata girls: 8 yrs or less; 9 yrs; 10 yrs; 11 yrs;
Individual kata boys 12-13 yrs;
Individual kata girls 12-13 yrs;

Individual kumite (fantom) boys 8-9 years
Individual kumite (fantom) girls 8-9 years
Individual kumite boys 10-11 years: - 35kg, - 40kg, +40kg
Individual kumite girls 10-11 years: - 35kg, - 40kg, +40kg
Individual kumite boys 12-13 years: - 50kg, - 55kg, +55kg
Individual kumite girls 12-13 years: - 45kg, - 52kg, +52kg

Team kata boys: 9 yrs or less; 10-11yrs, 12-13 yrs;
Team kata girls: 9 yrs or less; 10-11 yrs, 12-13 yrs;

Team kumite boys: 12-13 yrs;
Team kumite girls: 12-13 yrs;

COMPETITION RULES:

WKF rules with following changes:

Individual kata:

Kata from the Shotokan WKF list (suitable kata from other styles)
11 yrs and less – two kata
12-13 yrs – three kata; different kata in the final
14-15 yrs and more – different kata in each round according to the WKF rules

Team kata:

Different kata in each round /except 11 yrs old and less/
14-15 yrs and more perform BUNKAI KATA in the final.

Kumite:

Duration of bout:
12 – 13 yrs - 90 sek.
cadets + juniors, seniors (F) – 120 sek.
seniors (M) – 180 sek.

Team kumite:

12-13 yrs, cadets+ juniors, seniors – 3 members

Protection:

Compulsory protective equipment kumite:
(all categories): approved WKF mitts in red and blue, gum shield, female chest protector,
shin pads and foot protection (in red and blue).
In kumite U16 a face mask and a body protection according to the new WKF - rules are
compulsory in kumite U12 and U14 and youngsters requested.

Fighting area:

The tournament will be held on 4 tatamis.

Weighing and registration of competitors:

Hala Sportowa
11 Kromera street, Bydgoszcz, Poland
09.04.2010 - from 17.00 till 21.00 - cadets, juniors, seniors
10.04.2010 - from 17.00 till 21.00 - boys and girls less than 14 yrs

During registration on the 10-11.04.2010 additional submission will not be possible.
The only things possible will be crossing off the name of a competitor who did not show
up despite earlier submission or replacing a competitor who was crossed off the list
during registration.

- any kind of ID (passport for example)
- up to date medical examination
- insurance policy
are required for contestants' registration

The competition draw:

will take place on the 08.04.2010

Exact date of birth counts when assigning contestants to competitions.

Accommodation:

Cheap hotel – 30 euro per person.
Applications up to 15.03.2010;
Fax: +48 52 3494540 E-mail: info@karate-bushido.pl, bushi-do@wp.pl
Other hotels
<http://www.inhotel.pl/bydgoszcz/brda> ***
<http://www.inhotel.pl/bydgoszcz/apollo> **
<http://www.inhotel.pl/bydgoszcz/parkhotel> **
<http://www.inhotel.pl/bydgoszcz/ratuszowy> **
<http://www.inhotel.pl/bydgoszcz/sporting> **
<http://www.zlotehotele.pl/chemik/pl/index.html> **
<http://www.zlotehotele.pl/millennium-szosa/pl/index.html> ***

Reservation is possible on condition that an amount of money is paid to the account in advance:
Deutsche Bank PBC SA 39 1910 1048 2121 9918 8944 0003
Any questions considering the way the event will be held should go directly to
Piotr Gołębiewski, tel. +48 602 51 73 95, fax: +48 52 349 45 40
e-mail: bushi-do@wp.pl, or info@karate-bushido.pl

Everyone's invited!