



# 12<sup>th</sup> International Grand Prix d'Italia 2010

27 - 28 March

Paladesio - Desio

More than one thousand athletes coming all over the world



*City of Desio, Sport department and*

**SPORTPADANIA**

The competition is open to all the sports associations and federations conforming to their own insurance

Saturday 27th March at 9.30  
KATA and KUMITE  
CAD - JUNIOR - SENIOR -  
MASTER



Sunday 28th March at 9.30  
KATA and KUMITE  
KIDS

FAX: 1782258511

e-mail: [cellamarovincenzo@tiscali.it](mailto:cellamarovincenzo@tiscali.it) [www.kentozazen.it](http://www.kentozazen.it)



 **Regione Lombardia**  
Sport

 **Coni**  
Comitato Regionale  
Lombardia

2



**USacli**



**SPORTPADANIA**

**Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> MARCH 2010**

Presents:

# 12<sup>TH</sup> INTERNATIONAL ITALIAN GRAND PRIX "OPEN" W.U.K.O.

## KATA Competition: Individuals, Teams & Master

Styles will be grouped in SHOTOKAN-SHOTOKAI and INTERSTYLE (SHITO,WADO,GOJU.....etc).

**KUMITE: Sanbon – Individuals and Teams Kids/Junior / Senior/Master**  
**Ippon – Individuals Junior / Senior**

*The competition is open to all the sports associations and federations conforming to their own insurance rules.*

City: **DESIO (MI)**

Address: **SPORTHALL- PALADESIO - Via AGNESI**  
Dual carriageway MILANO-MEDA, exit 8 (the stadium is on the way, after 2 km)

### Programme: (Competition divided on 8 tatamis)

Styles will be grouped in **SHOTOKAN-SHOTOKAI** and **INTERSTYLE SHITO,WADO,GOJU.....etc)**

Saturday 27 <sup>th</sup>	Sunday 28 <sup>th</sup>
Hs 09.30: Team KATA Primaries Junior/Senior	Hs 09.30: Team KATA Kids 6/8 years followed by individual categories
Hs 10.00: Individual categories Kata	Hs 11.00: Team KATA Kids 9/11 years followed by individual categories
<b>Hs 13.30: Opening Ceremony</b>	Hs 12.00: Team KATA Kids 12/14 years followed by individual categories
Hs 14.30: SANBON Kumite individual competition, Primaries, Juniors and Seniors <b>followed by OPEN categories</b>	<b>Hs 14.00: Team KUMITE Sanbon Kids</b>
Hs 17.00: Kumite IPPON e Master competition	Hs 14.00: KUMITE Sanbon Kids 6/8 years
Hs 17.30: Sanbon Team Kumite Primaries	Hs 15.00: KUMITE Sanbon Kids 9/11 and 12/14 years
Hs 18.00: Sanbon Team Kumite Jun/Sen	<b>Hs 18.00: Estimated end of competition</b>
<b>Hs 21.30: Estimated end of competition.</b>	

Inscriptions: By **Monday 22<sup>th</sup> March 2010**, **no inscriptions on place accepted.**  
It is possible to apply via fax to the following number: **Fax: +39 178 225 8511**

Otherwise, it is possible to apply by using the following email address:

[cellamarovincenzo@tiscali.it](mailto:cellamarovincenzo@tiscali.it)

Fees: €20 x individual competition (every athlete can participate to two individual categories; any other categories will be charge 5 € each).

€15 x Teams

It is possible to pay at the competition. The names of the participants will be considered for the number of payers.

**INFOLINE: Mobile: +39 348 0196281** [cellamarovincenzo@tiscali.it](mailto:cellamarovincenzo@tiscali.it) [www.kentozazen.it](http://www.kentozazen.it)

**SATURDAY 28<sup>TH</sup>**

**KATA: SHOTOKAN-SHOTOKAI**

*Primaries, Junior, Senior, Master (Rules pag 5)*

🏆 **TEAM KATA: PRIMARIES/JUNIOR/SENIOR Hs 09,30**

**S1-** W/Y/O/G (M) **S2-** B/B/B (M) **S3-** W/Y/O/G (F) **S4-** B/B/B (F)

🏆 **INDIVIDUAL KATA PRIMARIES/JUNIOR/SENIOR /MASTER: Hs 10,00**

**PRIMARIES /JUN-YEAR: 1990/91/92/93/94/95**

**A1-** W/Y (M) **A5-**W/Y (F)  
**A2-** O/G (M) **A6-**O/G (F)  
**A3-**BLUE/BROWN (M) **A7-**BLUE/BROWN (F)  
**A4-**BLACK (M) **A8-** BLACK (F)

**SENIOR YEAR: 1989 to 1975**

**A9** W/Y (M) **A13** W/Y (F)  
**A10** O/G (M) **A14** O/G (F)  
**A11** BLUE/BROWN (M) **A15** BLUE/BROWN (F)  
**A12** BLACK (M) **A16** BLACK (F)  
**\* A17 OPEN (M) \* A18 OPEN (F)**

**MASTER RENGOKAI : (shoto-shito-wado-ecc.....)**

**D1-** W/Y/O/G (M) **D2-** B/B/B (M) **D3-** W/Y/ O/G (F) **D4-** B/B/B (F)

**KUMITE:**

*Primaries, Junior, Senior, Master (Rules pag 5)*

🏆 **INDIVIDUAL KUMITE (Sanbon) Hs: 13,00** Primaries (1993/94/95) –Junior (1990/91/92)-  
 Senior (1989\75)

**PRIMARIES:**

**E1-** W/Y/O/G Kg -70 (M)  
**E2-** W/Y/O/G Kg +70 (M)  
**E3-** BL/BR/BL Kg -65 (M)  
**E4-** BL/BR/BL Kg -70 (M)  
**E5-** BL/BR/BL Kg -75 (M)  
**E6-** BL/BR/BL Kg +75 (M)  
**E7-**W/Y/O/G Kg -50 (F)  
**E8-**W/Y/O/G Kg +50 (F)  
**E9-** BL/BR/BL Kg -50 (F)  
**E10-**BL/BR/BL Kg +50 (F)

**JUNIOR:**

**G1-** W/Y/O/G Kg -70 (M)  
**G2-** W/Y/O/G Kg +70 (M)  
**G3-** BL/BR/BL Kg -65 (M)  
**G4-** BL/BR/BL Kg -70 (M)  
**G5-** BL/BR/BL Kg -75 (M)  
**G6-** BL/BR/BL Kg +75 (M)  
**G7-** W/Y/O/G Kg -55 (F)  
**G8-** W/Y/O/G Kg+55 (F)  
**G9-** BL/BR/BL Kg -55 (F)  
**G10-** BL/BR/BL Kg+55 (F)

**SENIOR: (NO Primaries)**

**H1-** W/Y/O/G Kg -70 (M)  
**H2-** W/Y/O/G Kg +70 (M)  
**H3-** BL/BR/BL Kg -65 (M)  
**H4-** BL/BR/BL Kg -70 (M)  
**H5-** BL/BR/BL Kg -75 (M)  
**H6-** BL/BR/BL Kg +75 (M)  
**(S) H12 OPEN (M)** Kg -60 (F)  
**H7-** W/Y/O/G Kg +60 (F)  
**H8** W/Y/O/G Kg -55 (F)  
**H9** BL/BR/BL Kg -60 (F)  
**H10** BL/BR/BL Kg +60 (F)  
**H11** BL/BR/BL Kg +60 (F)

**(S) H13 OPEN (F)**

**\*\*MASTER (only SANBON) Hs: 17,00**

**L1** OPEN -Kg- OPEN (M)  
**L2** OPEN -Kg- OPEN (F)

**JUNIOR/SENIOR IPPON Hs: 17,00 (no Primaries)**

**L3-** OPEN Kg -70 (M) **L4-** OPEN Kg +70 (M) **L5-** OPEN -Kg- OPEN (F)

🏆 **TEAM KUMITE SANBON: PRIMARIES Hs: 17,30**

**E13-** Male OPEN **E14-** Female OPEN  
**E15-** Mixed (2 male/1 Female)

**JUNIOR/ SENIOR Hs: 18,00**

**V1-** Male OPEN **V2-** - Female OPEN  
**V3-** Mixed (2 Male/1 Female)

**KATA: INTERSTYLE (SHITO, WADO, GOJU, etc....)**

*Primaries, Junior, Senior, Master (Rules pag 5)*

🏆 **TEAM KATA: PRIMARIES/JUNIOR/SENIOR Hs 09.30**

**T1-** W/Y/O/G (M) **T2-** B/B/B (M) **T3-** W/Y/O/G (F) **T4-** B/B/B (F)

🏆 **INDIVIDUAL KATA: PRIMARIES/JUNIOR/SENIOR /MASTER: Hs 10,00**

**PRIMARIES /JUN-YEAR: 1990/91/92/93/94/95**

**C1-** W/Y (M) **C5-** W/Y (F)  
**C2-** O/G (M) **C6-** O/G (F)  
**C3-**BLUE/BROWN (M) **C7-** BLUE/BROWN (F)  
**C4-** BLACK (M) **C8-** BLACK (F)

**SENIOR YEAR: 1989 to 1975**

**C9-** W/Y (M) **C13** W/Y (F)  
**C10** O/G (M) **C14** O/G (F)  
**C11** BLUE/BROWN (M) **C15** BLUE/BROWN (F)  
**C12** BLACK (M) **C16** BLACK (F)  
**\* C17 OPEN (M) \* C18 OPEN (F)**

**MASTER RENGOKAI : (shoto-shito-wado-ecc.....)**

**D1-** W/Y/O/G (M) **D2-** B/B/B (M) **D3-** W/Y/O/G (F) **D4-** B/B/B (F)

**SUNDAY 28<sup>TH</sup>**

## KATA: SHOTOKAN-SHOTOKAI Kids (Rules pag 5)

🏆 **TEAM KATA Kids: Hs 9,30 (6/8 years old); 11,00 (9/11 years old); 12,00 (12/14 years old)**

**M1-** age 6/8 W/Y/O/G/B/B

**M2-** age 9/11 W/Y/O/G

**M4-** age 12/14 W/Y/O/G

**M3-** age 9/11 B/B/B

**M5-** age 12/14 B/B/B

🏆 **KATA INDIVID. Kids: 9,30 (6/8 years old); 11,00 (9/11 years old); 12,00 (12/14 years old)**

**Years: 2002/03/04** (6/8)

**N1-**6/8 W/Y (M)

**N2-**6/8 O/G (M)

**N3-**6/8 B/B (M)

**N4-**6/8 W/Y (F)

**N5-**6/8 O/G (F)

**N6-**6/8 B/B (F)

**Years: 1999/00/01** (9/11)

**N7-**9/11 W/Y (M)

**N8-**9/11 O/G (M)

**N9-**9/11 B/B (M)

**N10-**9/11 BLACK (M)

**N11-**9/11 W/Y (F)

**N12-**9/11 O/G (F)

**N13-**9/11 B/B (F)

**N14-**9/11 BLACK (F)

**Years: 1996/97/98** (12/14)

**N15-**12/14 W/Y (M)

**N16-**12/14 O/G (M)

**N17-**12/14 B/B (M)

**N18-**12/14 BLACK (M)

**N19-**12/14 W/Y (F)

**N20-**12/14 O/G (F)

**N21-**12/14 B/B (F)

**N22-**12/14 BLACK (F)

## KUMITE SANBON: Kids (Rules at the bottom of the page)

🏆 **TEAM KUMITE (shobu sanbon): Hs: 14,00 (1996/97/98/99/2000/01)**

**Q1-** Male OPEN

**Q2-** Female OPEN

🏆 **INDIVIDUAL KUMITE (sanbon): Hs14,00 (6/8 y.),15,00 (9/11 y.),15,00 (12/14 y.).**

**R1-** age 6/8 W/Y/O (M) OPEN

**R2-** age 6/8 G/BL/BR (M) OPEN

**R3-** age 9/11 W/Y/O (M) Kg-45

**R4-** age 9/11 G/BL (M) Kg-45

**R5-** age 9/11 BR/Black (M) Kg-45

**R6-** age 9/11 W/Y/O (M) Kg+45

**R7-** age 9/11 G/BL (M) Kg+45

**R8-** age 9/11 BR/Black (M) Kg+45

**R09-** age 12/14 W/Y/O/G (M) Kg-50

**R10-** age 12/14 BL/BR/BL (M) Kg-50

**R11-** age 12/14 W/Y/O/G (M) Kg+50

**R12-** age 12/14 BL/BR/BL (M) Kg+50

**R13-** age 6/8 W/Y/O (F) OPEN

**R14-** age 6/8 G/BL/BR (F) OPEN

**R15-** age 9/11 W/Y/O/G (F) Kg-40

**R16-** age 9/11 BR/Black (F) Kg-40

**R17-** age 9/11 W/Y/O/G (F) Kg+40

**R18-** age 9/11 BL/BR/BL (F) Kg+40

**R19-** age 12/14 W/Y/O/G (F) Kg-45

**R20-** age 12/14 BL/BR/BL (F) Kg-45

**R21-** age 12/14 W/Y/O/G (F) Kg+45

**R22-** age 12/14 BL/BR/BL (F) Kg+45

## KATA: INTERSTYLE (SHITO, WADO, GOJU, etc.): Kids (Rules pag 5)

🏆 **TEAM KATA KIDS: 9,30 (6/8 years old); 11,00 (9/11 years old); 12,00 (12/14 years old)**

**Z1-** age 6/8 W/Y/O/G/B/B

**Z2-** age 9/11 W/Y/O/G

**Z4-** age 12/14 W/Y/O/G

**Z3-** age 9/11 B/B/B

**Z5-** age 12/14 B/B/B

🏆 **INDIVIDUAL KATA KIDS: 9,30 (6/8 y.); 11,00 (9/11 y.); 12,00 (12/14 y.).**

**Years: 2002/03/04**

**P1-** age 6/8 W/Y (M)

**P2-** age 6/8 O/G (M)

**P3-** age 6/8 B/B (M)

**P4-** age 6/8 W/Y (F)

**P5-** age 6/8 O/G (F)

**P6-** age 6/8 B/B (F)

**Years:1999/00/01**

**P7-** age 9/11 W/Y (M)

**P8-** age 9/11 O/G (M)

**P9-** age 9/11 B/B (M)

**P10-** age 9/11 BLACK (M)

**P11-** age 9/11 W/Y (F)

**P12-** age 9/11 O/G (F)

**P13-** age 9/11 B/B (F)

**P14-** age 9/11 BLACK (F)

**Years: 1996/97/98**

**P15-** age 12/14 W/Y (M)

**P16-** age 12/14 O/G (M)

**P17-** age 12/14 B/B (M)

**P18-** age 12/14 BLACK (M)

**P19-** age 12/14 W/Y (F)

**P20-** age 12/14 O/G (F)

**P21-** age 12/14 B/B (F)

**P22-** age 12/14 BLACK (F)

Athletes can participate in higher categories only after the inscription or only after having competed in their own category. This rule is necessary in order to avoid that some categories are overcrowded.

### KUMITE ( SANBON KIDS )

#### **Individual Kumite:**

- The matches will last 1.30 minutes;
- Max scHs: **3 IPPONS**, both in all the stages and in finals;
- Contact to face is forbidden, light chudan contact permitted

**Team Kumite:** the previous rules apply (participants between 6/8 years of age not permitted)

COMPULSORY PROTECTIONS: Cup, Gloves, shin pads, helmet, body armour,

Protections are personal. Helmet and body armour can be provided by the organizers if the athletes do not own them. A selling point will be present as well.

A stand selling the main equipment for the competition will be available.

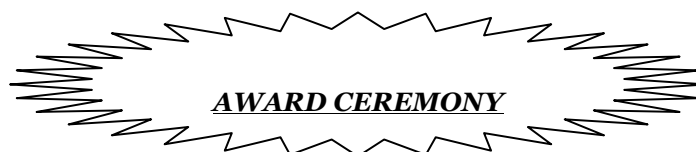
### **KATA Rules (Number point system used, no flag)**

- Styles will be divided into SHOTOKAN and INTERSTYLE (SHITO, WADO, GOJU.....etc).
- It is important to specify the style when apply to the competition.
- White, Yellow and Hsng belts can bring the same KATA to the final.
- Given the presence of athletes from different Federations, in the KIDS categories the following KATAS are allowed: Gojushiho sho/dai, Unsu Suparimpei, or a correspondent one in your own style.
- KIDS KATA teams can be of mixed genders.
- **\*The "Open" category is open only to Juniors and Seniors. Only the winners of the black belts categories will access, the "OPEN" winner will receive € 50 as a bonus.**

### **KUMITE SANBON RULES: PRIMARIES /JUNIOR/SENIOR and MASTER**

- Matches will last 2 minutes
- Finals will last 3 minutes with a max scHs of 3 IPPONS.
- COMPULSORY PROTECTIONS: Cup, Gloves Chest cover, shin pads (without foot cover)
- OTHER ACCEPTED PROTECTIONS: Gum shield
- \*Team Kumite: Same as mentioned rules.
- \*\*Juniors and Seniors can't participate in the Master category
- **(S)The "Open" category is open only to Juniors and Seniors. Only the winners of the black belts categories will access, the "OPEN" winner will receive € 50 as a bonus.**

The societies which own an advertising banner are kindly invited to expose it during the 2 days competition



At the end of each category an award ceremony will take place.

#### **KATA or KUMITE:**

Individual Categories:

Cup to the first, second and the two third places.

Team Categories:

Cup plus medals to the first THREE teams in each category

**The "Open" category is open only to Juniors and Seniors. Only the winners of the black belts categories will access, the "OPEN" winner will receive € 50 as a bonus.**

#### **SOCIETY:**

Participation prize to everyone.

- Cup to the first four societies in Shotokan Kata and in Interstyle Kata.
- Cup to the first four societies in Kumite.

#### **EXTRA Prizes:**

They will be awarded directly to the societies by the sponsors of the event.

### **HOTEL STAYING (breakfast included)**

#### **HOTEL SELIDE**

Via Giacomo Matteotti 1 20033 Desio (MB)

Tel. +39 0362 624441 Fax +39 0362 627406 <http://www.selide.it>

"Karate"

- SINGLE ROOM € 55,00, DOUBLE € 85,00, TRIPLE € 105,00, QUADRUPLE € 120,00

#### **HOTEL LA CORTE**

Piazza M. Fossoli, 18 20033- Desio (MB)

Tel. +39 0362630834- +39 3406669090 <http://www.pensionelacorte.it>

Convenzione "Karate"

- SINGLE ROOM € 42,00, DOUBLE € 68,00, TRIPLE € 78,00, QUADRUPLE € 88,00


### **RESTAURANT**

During the two days of the competition there will be a restaurant point in the PALASPORT

*On the site [www.kentozazen.it](http://www.kentozazen.it) you will find the complete list of the Hotels settled with the event*

**It is possible (and this is the best thing) to send the participations to the competition using the excel file present on the web site at the "GARE" or "NEWS" sections.**

**Application Form “12°International Grand Prix d'Italia”  
27<sup>th</sup> and 28<sup>th</sup> March 2010**

Society \_\_\_\_\_ States \_\_\_\_\_ 

Style **SHOTOKAN**

**INTERSTYLE**

enrols the following athletes:

N°	Name	CATEGORY KATA	CATEGORY KUMITE	CATEGORY EXTRA KATA	CATEGORY EXTRA KUMITE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21	1				
	2				
	3				
22	1				
	2				
	3				
23	1				
	2				
	3				
24	1				
	2				
	3				

Regional, National or International Referees who could participate in the competition if asked during the two days.

N°	SURNAME NAME / REFEREE	CATEGORY / REFEREE
1		
2		
3		

The undersigned \_\_\_\_\_ in charge of this society declares that the abovementioned athletes are regularly insured and in good health conditions.

Please remember to indicate a phone number for possible doubts concerning information about the competition.