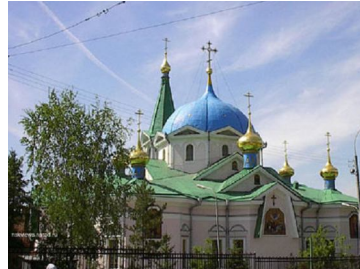
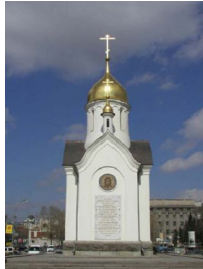


INFORMATION

General

Novosibirsk (Russian: Новосиби́рск, pronounced [nəvəsʲɪˈbʲɪrsk]) is Russia's third-largest city, after Moscow and Saint Petersburg, and the largest city of Siberia. It is the administrative center of Novosibirsk Oblast as well as of the Siberian Federal District. The city is located in the south-western portion of the federal district and occupies an area of 477.2 square kilometers (184.2 sq mi). The city stands on the banks of the Ob River in the West Siberian Plain. To the south of the city lies the Ukok Plateau, which forms part of the *Golden Mountains of Altai*.

Time zone: GMT+6 hour



Climate

The climate is sharply continental, with severely cold winters. Snow is frequent, falling on almost half of winter days, but individual snowfalls are usually light. Temperatures in summer range from 20 °C to 25 °C (75 °F); in winter -10 °C to -20 °C (0 °F), but can reach from -30 °C to -40 °C (-30 °F) in winter and 35-40 °C (100 °F) in summer. The difference between the highest and the lowest temperature is 88 °C (158 °F). Most of the time the weather is sunny, with an average of 2880 hours of sunshine per year, but heavy rain is possible in summer.

Travelers coming from countries with mild climates may find Novosibirsk's winter tough, but it will not be extraordinary for those from northern countries. At times, bitter cold may hold for some days, but temperatures of -40 °C and lower do not occur every year. In the springtime, streets and roads become dirty due to mud and melting snow, while the weather is still cold.

Transport

Novosibirsk is the third largest city in Russia (after Moscow and Saint Petersburg) and the first in Siberia in which a metro system was established (the Novosibirsk Metro, opened in 1985). The city is served by Novosibirsk Tolmachevo Airport with regular flights to Europe and Asia as well as to other Russian cities. There is also the auxiliary Novosibirsk Elitsovka Airport and a smaller field for general aviation at Novosibirsk Severny Airport. Novosibirsk was one of the stops for the 2009 edition of the popular television show, "The Amazing Race."

Language

Russian is the only federally official language of the Russian Federation there are several other officially-recognized languages within Russia's various constituencies. This is a list of languages that are official only in certain parts of Russia (such as abaza, altay, bashkir, buryat, tatar, udmurt, etc)

Visas

All foreigners (except citizens of some former Soviet republics) visiting Russia need a visa. In order to get one, travelers need an invitation from a Russian citizen or a company, which is then taken to a Russian embassy or consulate, where the actual visa is issued. Within three business days of arrival in Russia, the visa needs to be registered by the person/organization that issued

the invitation. If you don't make it through this bureaucratic loop, you may have problems leaving the country. There are several types of visas such as tourist and business (sport).

Tourist visas

Tourist visa can be obtained on the basis of an invitation from a tourist agency, registered with the Department of Consular Service at the Ministry of Foreign Affairs according to the Russian law, or on the basis of a hotel confirmation. Tourist visas are issued for a period for up to 30 days, and usually up to 14 days, and usually have just one entry.

Business (sport) visas

These are the most popular ones among business people and athletes. Officially business (sport) visas are intended for foreign citizens who travel to Russia to meet their business partners, take part in negotiations, participate in competitions or sport seminars, etc. You do not need to plan hotel reservation or an itinerary to get a business visa. These visas do not imply official employment in Russia (for this purpose a work visa should be obtained).

Sport visa can be obtained on the basis of an invitation from organizers of competitions (you should provide full information about your delegation, dates of entering and leaving country and route information to obtain an invitation, etc). To get an invitation you should contact with organizers AS SOON AS POSSIBLE, because preparation, issuing and sending – all these steps are requiring a lot of time.

When you get your invitation, you can easily go to Russian Federation Consulate and obtain your sport visa (free of charge).

Currency

The basic unit of the Russian currency is the rouble which consists of 100 kopeks. Notes come in 5, 10, 50, 100, 500 and 1000 denominations of rouble and coins are available in 1, 5, 10 and 50 kopeks and in 1, 2 and 5 roubles. Currency can be freely converted at banks and hotel. Traveller cheques are difficult and expensive to cash, but if necessary it is advised to take them in US Dollars or Euro. Also you can easily pay using you credit card (Visa, Master Card, Maestro).

Banks

The most reliable banks in Novosibirsk are:

The Central Bank of the Russian Federation (<http://www.cbr.ru/ENG/>)

Alfa Bank (<http://alfabank.com/>)

VTB 24 (<http://www.vtb24.ru/en/>)

Working hours: 9:00 a.m. - 6:00 p.m. (except Sundays)

Shopping

The best stores for shopping in Novosibirsk are Royal Park (four-storey complex with cinema halls, cafes and stores inside), Mega (IKEA) (a hugest complex in Novosibirsk with more than 200 stores and cafes inside), Mon Plisir, Olimp, Festival.

All payments are made in roubles.

Working hours for food stores are from 8-9 a.m. to 9-10 pm, for department stores - from 10-11 a.m. to 7-8 p. m.

Important phone numbers

| | | | |
|----|--------------|-----|--|
| 01 | Fire service | 07 | Directory assistance, Rostelecom |
| 02 | Police | 09 | Directory assistance (free, limited info) |
| 03 | Ambulance | 009 | Directory assistance (pay service, 35 rub./min.) |
| 04 | Gas service | | |

GENERAL REGULATIONS

Organizers

Karate Federation of Russia; The ministries of sports, tourism and the youth policy of the Russian Federation; DYNAMEX Sports Club

Chairman of Organizing Committee: Mr. Andrey Kovalev

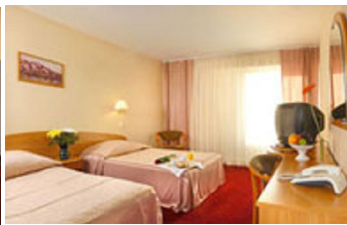
Location

Sport Complex of Novosibirsk State Technical University, 35/1 Prospekt Karla Marksa, Novosibirsk, Russia.



Accommodation

For the hotel booking, please contact us **till 1 February, 2010** on address of Dynamex Sports Club. All participants take places in **Congress-Hotel Novosibirsk** under the special price: 50 % discount from the tariff.



Registration

With the registration form to: DYNAMEX Sports Club
Office: str. Gogolya 34A, Novosibirsk, Russia, 630005.
Phone / Fax: 007 383 2112603.
E-Mail: sport@dynamex.ru

Or by online registration at <http://www.sportdata.org>

The registration of the delegations will be at the **Congress-Hotel Novosibirsk**, subject to the following schedule:

Friday 26. February: from 14.00 hrs. to 19.00 hrs.

Timetable of Weight in

Saturday 27. February 09:00am – 11:00am

Children

Sunday 28. February 09:00am – 11:00am

Cadets, Juniors, Seniors

Timetable

Saturday 27. February

Opening 08:00 Referee Meeting 08:30 Competition start 09:00

Saturday 27. February

Opening 08:00 Competition start 09:00

Registration Fee

15. – EURO per person in event

Disciplines

Kata individual male/female: U10, U12, U14, U16, Seniors

Kata team male/female: Seniors (age +16)

Kumite individual male/female:

| | U10 | U12 | U14 | U16 | U18 | Seniors |
|--------|------------------|----------------------|-------------------------|-------------------------|-------------------------|-----------------------|
| Male | -25, -30, +30 kg | -30, -34, -38,+38 kg | -36,-40,-45, -51,+51 kg | -52,-57,-63, -70,+70 kg | -55,-61,-68, -76,+76 kg | -67,-75, -84, +84 kg |
| Female | -30, +30 kg | -32, -36, +36 kg | -40, -45, +45 kg | -47, -54, +54 kg | -53, -59,+59 kg | -55, -61, -68, +68 kg |

Rules

KATA

Children, Tokui Kata free selection of Kata in each round a different Kata.
Cadet's / Juniors / Seniors, rule from WKF.

KUMITE

Children, Cadetts, Juniors, and Seniors, rule from WKF.

Insurance

It is compulsory that all participants and members of delegations must effect their own medical insurance and personal trip insurance. Organizers of tournament are taking no liability for these concepts.

Prizes

Trophies, medals and diplomas (two 3rd places).

Referees

Licensed WKF, EKF and national referees are welcome!

Responsibility

Each competing country is to bring national flag and hymn.