

Prague Open 2010

„sport without doping“ (competition for youth and adults)



1. Organizer: [KARATE TESHY Shotokan, o.s.](#), [SK Kesi Ryu Shotokan](#) and [PSKe](#)
2. Date: Sunday 31st January 2010
3. Place: Sports hall **SK Lužiny**, Bellušova 1877, Praha 5 – Lužiny
/metro B – Luka station/ Czech Republic
map: http://maps.google.cz/maps?f=q&source=s_q&hl=cs&geocode=&q=Bellu%C5%A1ova+1877,+Praha+5&sl=49.930008,15.369873&sspn=7.20139,19.775391&ie=UTF8&ll=50.041473,14.325078&spn=0.007014,0.019312&z=16&iwloc=A
4. Director of the tournament: **Vojtěch Tesárek**,
mobile: +420 724 116 347, e-mail: vojtech.tesarek@seznam.cz
5. Main referee: **Karel Kesl**, 7th Dan – mobile: +420 777 940 769, e-mail: sk-kesl-ryu@seznam.cz
6. Rules: WKF
7. Competition conditions: Valid Karate member card, actual medical certificate!
Shin and instep guards are obligatory for categories of men and women! They are recommended for other categories. No face masks.
8. Categories:
- | KATA | | KUMITE | |
|---|--|-----------------------|---------------|
| 8 th Kyu + 7 th Kyu | (-12 / 13-15 / 16-34 / +35 years) | Boys | (7-11 years) |
| 6 th Kyu and higher | (-12 / 13-15 / 16-34(39) / +35(40) years) | Cadets male, female | (12-13 years) |
| Kata Team | (-15 / 16-34 / +35 years /irrespective of gender!) | Juniors male, female | (14-17 years) |
| | | Men, women | (18-34 years) |
| | | Veterans male, female | (+35 years) |
9. Time schedule: **08:00 – 08:45 a.m.** Registration of all categories
(Registration for Kumite is also possible from 9:15 to 11:00 a.m.)
09:15 a.m. Opening of the competition
10. Participation fee: CZK 200,- (10€) per individual Kata / Kumite
CZK 200,- (10€) per Kata Team
11. Prizes: Medals and diplomas
12. Registration: Applications to be sent by **Wednesday January 27, 2009** to e-mail jukl.jan@seznam.cz.
Application <http://www.pske.cz/PragueOpen/100131-Prague-Open-2010-ENG.xls>
The application must contain name of the club, names and gender of competitors, date of birth, technical skills level, age category, discipline (Kata, Kumite – weight).
For including competitors in the age category the age on the day of the competition is decisive.
13. Information: Prague Karate Association <http://www.pske.cz/PragueOpen>
KARATE TESHY Shotokan <http://www.karatetesy.cz>

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Jan Jukl, Sport Technical Commission
Prague Karate Association

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Vojtěch Tesárek, Director of the competition

Specification of categories

KUMITE

Boys	(7 - 11 years)	-35 kg	+35 kg		
Cadets male	(12 - 13 years)	-39 kg	-52 kg	+52 kg	
Juniors male	(14 - 17 years)	-52 kg	-63 kg	+63 kg	
Men	(18 - 34 years)	-67 kg	-75 kg	+75 kg	OPEN
Veterans male	(+35 years)	OPEN			
Cadets female	(12 -13 years)	OPEN			
Juniors female	(14 -17 years)	-54 kg	+54 kg		
Women	(18 - 34 years)	-55 kg	-68 kg	+68 kg	OPEN
Veterans female	(+35 years)	OPEN			

KATA TEAM

Three age categories, irrespective of gender!

(variants: 3 men, 3 women, or mixed team - 2 men and 1 woman or 2 women and 1 man).

Final – without bunkai! All team members must fulfil the age limit for the respective category.

Children	(-15 years)
Adults	(16 - 34 years)
Veterans	(+35 years)

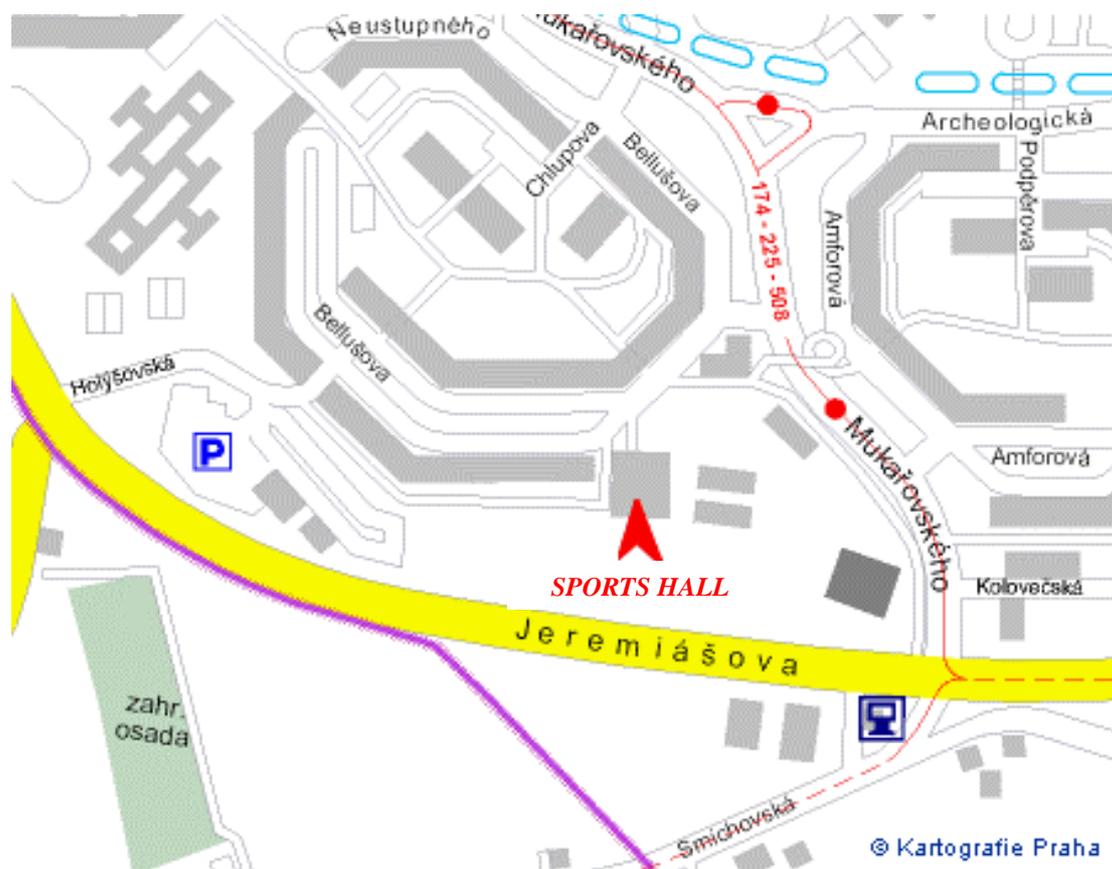
KATA – 6th Kyu and higher (WKF rules)

Cadets male, female	(-12 years)
Juniors male, female	(13 - 15 years)
Men	(16 - 39 years)
Women	(16 - 34 years)
Veterans male	(+40 years)
Veterans female	(+35 years)

KATA – 8th Kyu + 7th Kyu /any kata – may be repeated/

Cadets male, female	(-12 years)
Juniors male, female	(13 - 15 years)
Men, women	(16 - 34 years)
Veterans (male+female)	(+35 years)

Sports hall SK Lužiny, Bellušova 1877, Praha 5 - Lužiny



Sports hall is situated in Praha 5 - suburb Lužiny, Bellušova street 1877, near Jeremiášova and Mukařovského streets crossroad.

By metro

5 minutes walk from metro station Luka (line B). From the metro station go on footbridge over the main road, go through shopping center and market, just behind the market at the basic school turn left to Bellušova street and go along the street to the sports hall.

By bus

2 minutes walk from bus stop Amforova - bus No. 174 (route: Hradčanská – Břevnov – Vypich – Motol – Stodůlky – Lužiny – Velká ohrada) - the sports hall can be seen from the bus stop.

By car

From the city center - arrival from Smíchov area along Radlická street. At the end of Radlická street at lights crossroad near Aral petrol station turn left to Jeremiášova street (main two-lane road). After almost 2 km at lights crossroad at Šafránka petrol station and Billa supermarket turn right to Mukařovského street, after 200 m drive (behind footbridge) turn left and after 50 m again turn left to Bellušova street - the sports hall is located on the left side of the street.