



OSTRAVA!!!



8th OSTRAVA GRAND PRIX 2009

1. **organizers:** VSK VŠB – TU OSTRAVA a KARATE TYGR SHOTOKAN
2. **date:** 31.10.2009
3. **place:** sport hall at Ostrava – Polanka, Heleny Salichové 1275 street ([here](#))
4. **organizers:** Blanka Mušálková (+420 608 822 821, e-mail: blanka.mus@seznam.cz)
Vladimír Ryska (+420 604 539 662, e-mail: RyskaVladimir@seznam.cz)
Petr Kutra (+420 602 682 851, e-mail: kutrovi@volny.cz)
5. **general director:** Vladimír Ryska (5.Dan)
6. **chief referee:** for competitions kata and kumite: Mgr. Josef Rajchert
7. **conditions:** valid pass (trademark 2009 + medical check not older than 1 year)
8. **doctor:** provided under organizer
9. **rules of competitions:** provided under WKF
10. **entry fee:** 200CZK (8 EURO) per individual
300CZK (12 EURO) for a kata team
If you pay the participation fee in a foreign currency, the change shall be returned in CZK.
11. **protests:** To be lodged with the chief referee after paying the protest fee of 300 CZK .
12. **prizes for winners:** 1st place – cup, medal, certificate
2nd and 3rd place – medal, certificate
13. **program:** Only registered contestants may participate in the competition.
They have to send a duly filled in application forms (lists of contestants), by 28th October 2009, 12.00 pm at the latest,
email: jirka.kotala@post.cz.
- an application must contain: name of contest, date of birth, name of club, discipline (kata, kumite), weight (on participation in kumite)

7.¹⁵ – 8.³⁰ hod. check of lists of contestants – KATA

9.⁰⁰ hod. elimination contests – KATA

10.⁰⁰ – 11.⁰⁰ hod. check of lists of contestants – KUMITE

after ending of competition kata it will be ceremonial opening and elimination contests kumite

14. category:

Contestant can start either in his/her age category (age category in the day of the tournament) or qualifying category (age category in the period of Czech National Championship Youth: 7.12.2009, Czech National Championship Cadets and Juniors: 6.12.2009). There is no need „alternative start“ for the start in the qualifying category.

Order, in which contestants compete within their relevant categories, shall be generated by the random number method. In non-progress category the organizer reserves the right to change – merging categories in the case of a small participation of contestants in the category.

Progress categories for younger contestants, older contestants and seniors.

progress

younger boys 7 – 11 years

- *kata*: kata – max. 1x repeat
- *kumite*: -30, -35, -41, +41kg (time limit 1,5 minute)

younger girls 7 – 11 years

- *kata*: kata – max. 1x repeat
- *kumite*: -35, +35kg (time limit 1,5 minute)

older boys 12 – 13 years

- *kata*: kata – no repeat
- *kumite*: -39, -45, -52, -60, +60 kg (time limit 1,5 minute)

older girls 12 – 13 years

- *kata*: kata – no repeat
- *kumite*: -42, -50, +50 kg (time limit 1,5 minute)

seniors male kata 16+ years, kumite 18+ years

- *kata*: rules of WKF
- *kumite*: -60, -67, -75, -84, +84 kg, BRH (time limit 3 minutes)

seniors female kata 16+ years, kumite 18+ years

- *kata*: rules of WKF
- *kumite*: -50, -55, -61, -68, +68 kg, BRH (time limit 2 minutes)

non-progress

cadets male 14 – 15 years

- *kata*: rules of WKF
- *kumite*: -52, -57, -63, -70, +70 kg (time limit 1,5 minute)

cadets female 14 – 15 years

- *kata*: rules of WKF
- *kumite*: -47, -54, +54 kg (time limit 1,5 minute)

juniors male 16 – 17 years

- *kata*: rules of WKF
- *kumite*: -55, -61, -68, -76, +76 kg (time limit 2 minutes)

juniors female 16 – 17 years

- *kata*: rules of WKF
- *kumite*: 48, -53, -59, +59 kg (time limit 2 minutes)

kata team - dividing in categories when you subscribe in sport hall

15. detailed rules for KATA contest:

The competition is held for the styles of Shotokan – Ryu, Goju – Ryu, Shito – Ryu and Wado – Ryu. In the final kata teams contests, bunkai is a part of the group exercise.

16. detailed rules for KUMITE contest:

Confirmation of medical check not older than 12 months is a precondition for participation in the competition. All the Contestants must use gumshields, hand pads and girl cadets, juniors and seniors must wear female chest protector, younger boys must wear groin guards (jock strap). There are mandatory combined shin and foot pads (so called boots) for all categories. Contestants must ensure red and blue distinguishing belts for themselves and hand pads (AO, AKA).

17. accommodation:

penzion BEN	crossroads streets H.Salichová a J.Šamala Ostrava - Polanka	tel.: +420 731 158 033
penzion „U Hasičů“	Hýlov 34 Klimkovice	tel.: +420 556 413 651
penzion „U Peršana“	Husova 208 Klimkovice	tel.: +420 556 420 278
penzion AIDA	Pustkovecká 4/108 Ostrava – Pustkovec	tel.: +420 596 633 786
Hotel Sport Club	Čkalovova 18/6144 Ostrava – Poruba	tel.: +420 596 977 314



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