



## The rules and regulations of the III-rd International Bielsko-Biała Karate Grand Prix Bielsko-Biała 10.10.2009



<b>Honourary Patronage</b>	<b>Jacek Krywult</b> The president of Bielsko-Biała
<b>Organiser</b>	KSA Atemi Bielsko-Biała <a href="http://www.atemi.bielsko.com.pl">www.atemi.bielsko.com.pl</a>
<b>Co-organisers</b>	The City Hall in Bielsko-Biała The Culture Department
<b>AIM OF THE COMPETITION</b>	Popularisation of the spirit of fight and idea of karate Appointing the best contestants in particular competitions.
<b>DATE AND PLACE</b>	<b>Date:</b> 10.10.2009. The competition starts at 10a.m.. The opening ceremony of the Grand Prix begins at 12 a.m. <b>Location:</b> The Sports Hall in Primary School No.37 in Doliny Miękusiej Street. ( Szkoła Podstawowa nr 37, ul. Doliny Miękusiej os. Karpackie) <b>Arrival of all participants:</b> 10.10.2009. <b>Verification of all contestants :</b> payments will be accepted on the day of the competition i.e. 10.10.2009 in the Sports Hall from 8 a.m. Contestants' papers will be checked during the competition. <b>The technical briefing:</b> <ul style="list-style-type: none"><li>✓ Referees: 10.10.2009 at 9.30am.</li><li>✓ Heads of teams: 10.10.2009 at 9.40am</li></ul>
<b>CONDITIONS OF PARTICIPATION</b>	The competition is open for polish and foreign clubs <ul style="list-style-type: none"><li>✓ Children ( to 11 years inclusive)</li><li>✓ Abecedarians ( 12-13 years)</li><li>✓ Cadets (14-15 years)</li><li>✓ Juniors (16-17 years)</li><li>✓ Seniors - contestants who were turned eighteen!</li></ul> <p style="text-align: center;"><b>The day of birth decides about the age category !!</b></p> People taking part in kata need to have at least 9 kyu degree, in kumite 6 kyu Written applications should be sent by 07.10.2009 at the following address: <ul style="list-style-type: none"><li>✓ <b>e-mail :</b> <a href="mailto:atemi@bielsko.com.pl">atemi@bielsko.com.pl</a></li><li>✓ <b>fax No.</b> +48 (prefix) 33 817 27 48</li><li>✓ <b>Magda Jędrzejczyk</b> +48 604 194 643, e-mail: <a href="mailto:j.megg@op.pl">j.megg@op.pl</a> (for foreigners)</li></ul> The draw will take place on 08.10.2009 in the Atemi club's office. <b>Contestants should have:</b> <ul style="list-style-type: none"><li>✓ Proven karate degree ( a diploma, budo-book etc)</li><li>✓ Identity card with a photo.</li><li>✓ A doctor's permission to take part in the competition</li><li>✓ Full Insurance coverage for all eventualities.</li></ul> <p style="text-align: center;"><b>The entry fee must be paid in cash before the beginning of competition</b></p>



## WAY OF CONDUCTING THE COMPETITION



The Grand Prix competitions will be conducted according to rules of WKF (with changes)- two third places, flag system in kata and kumite competitions with play-offs.

The competition will take place on 4-5 areas (tatami).

Contestants who start in kumite are obliged to have necessary equipment (WKF design)

- ✓ teeth guard
- ✓ groin guards
- ✓ feet guards
- ✓ gloves

There is no obligation to present bunkai by kata teams in final (except juniors & seniors).

Every club can appoint a free number of competitors and teams .

In kata competitions for children (11 years old) minimum two kata have to be done alternatively.

In kata competitions of Abecedarians in every round different kata have to be done (from H-1 or from WKF list )

Cadets, juniors, seniors - WKF rules !

## COMPETITIONS:

### A. Individual kata

No.	BOYS/MEN	No.	GIRLS/WOMEN
A1.	7 years old and less	A6.	7 years and less
A2.	8 years old	A7.	8 years old
A3.	9 years old	A8.	9 years old
A4.	10 years old	A9.	10 years old
A5.	11 years old	A10.	11 years old

A11.	Abecedarians kata (12-13)	A15.	Abecedarians kata (12-13)
A12.	Cadets kata (14-15)	A16.	Cadets kata (14-15)
A13.	Juniors kata (16-17)	A17.	Juniors kata (16-17)
A14.	Seniors kata (age +18)	A18.	Seniors kata (age +18)

### B Teams kata

nr konk.	Boys/Men	nr konk.	Girls/Woman
B1.	Teams kata 8 years old and less	B6.	Teams kata 8 years old and less
B2.	Teams kata of 9-11 years old	B7.	Teams kata of 9-11 years old
B3.	Teams kata of 12-13 years old	B8.	Teams kata of 12-13 years old
B4.	Teams kata of 14-15 years old	B9.	Teams kata of 14-15 years old
B5.	Teams kata of +16 years old	B10.	Teams kata of +16 years old

### C. Individual kumite

**C1. Children individual kumite: "phantom"** ( presentation of kumite techniques during fighting with a phantom), the time of the presentation: **20 sec.**

- ✓ girls in the age of 11 and less
- ✓ boys in the age of 11 and less

**C2. Abecedarians individual kumite (12-13 years old): 90 sec. fight**

- ✓ boys, weight -40kg, -45kg, +45kg
- ✓ girls, weight -40kg, +40kg

**C3. Cadets individual kumite (14-15 years old): 120 sec. fight**

- ✓ boys, weight -57kg, -63kg, -70kg, +70kg,
- ✓ girls: , weight: -47kg, -54kg, +54kg

**C4. Juniors individual kumite ( 16-17 years old): 120 sec. fight**

- ✓ men, weight -61kg, -68kg, -76kg, +76kg
- ✓ women, weight -53kg, -59kg,+59kg

**C5. Seniors individual kumite (18 years old inclusive): 180 sec. fight**

- ✓ men, weight -70kg, -75kg, -80kg, +80kg
- ✓ women:, weight -53kg, -60kg, +60kg

#### **D. Teams kumite (boys/men)**

**D.1.** Abecedarians (12-13) 3+1

**D.2.** Cadets (14-15) 3+1

**D.3.** Juniors (16-17) 3+1

**D.4.** Seniors (+18) 3+1

#### **ENTRY FEES**

Entry fee will be accepted in the competition's office in the Sports Hall in the Primary School No.37 in Doliny Mietusiej Street on the day of the Grand Prix competition i.e.10.10.2009 from 8am.

- ✓ Participation in one individual contest costs PLN 30 (€ 10)
- ✓ Participation in team contests costs PLN 50 ( € 15)

#### **AWARDS**

Competitors who are first in the individual contests will receive memorial cups, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas. For the first place in the team contests, the winning team will get a memorial cup, medals and diplomas. For 2nd and 3rd places they will receive memorial medals and diplomas.

#### **MISCELLANEOUS**

All controversial matters will be solved by the Main Judge of the competition in agreement with the organiser.

The organiser isn't responsible for lost items . Heads of teams are responsible for competitors' behaviour or eventual damages made by them.

During the competition only competitors, heads of teams, coaches and invited guests can stay in the area of a fighting floor. For the audience there are special places.

In order to lodge a protest against judges decision it is necessary to pay security at the amount of PLN 200 ( € 50) .

Exhibition and sale of goods is allowed on condition that the organiser gives his consent to it.

**It is also possible to order a tasty meal in the area of Sports hall for a cheap price.**

