



SOUTHERN OPEN **KARATE CHAMPIONSHIPS**

Sunday 10th May 2009

Rivermead Leisure Complex,
Richfield Avenue,
Reading.
Berkshire, RG1 8EQ

Coaches Packs from 9:00 am

Prompt

Commence 09.30 am

Categories 1 to 46

MALE SNR INDIVIDUAL KUMITE (From 1500hrs)

1.	Senior	-	Open Grade	16 years and over	75 Kilos+
2.	Senior	-	Open Grade	16 years and over	-75 Kilos
3.	Senior	-	Open Grade	16 years and over	-65 Kilos
4.	Senior	-	Open Grade	16 years and over	Open
Weight					
5.	Senior	-	4 th Kyu & below	16 years and over	75 + kilos
6.	Senior	-	4 th Kyu & below	16 years and over	-75 kilos

CADETS (From 1400hrs)

7.	Male	-70kgs	16 - 17 years	8. Male	70+kgs	16 - 17
years						
9.	Female	-57kgs	16 - 17 years	10. Female	57+kgs	16 - 17
years						

SNR LADIES (From 1400hrs)

11.	Senior	-	Open Grade	16 years and over	-60kgs+
12.	Senior	-	Open Grade	16 years and over	-60kgs
13.	Senior	-	Open Grade	16 years and over	-53kgs
14.	Senior	-	Open Grade	16 years and over	Open

Weight

Boys Open Grade 10-11yrs (From 1100hrs)

15. -35kgs	16. 35+kgs
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Boys Open Grade 12-13yrs.

17. -45kgs	18. 45kgs +
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Boys Open Grade 14-15yrs.

19. -55kgs	20. 55 kilos +
Open Weight	

Boys Open 10-15yrs. 21.

Girls Open Grade 10-11yrs (From 1100hrs)

22. -35 kgs	23. 35 kgs+
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Girls Open Grade 12-13yrs

24. - 45 kilos	25. 45 kgs+
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Girls Open Grade 14-15yrs

26. -55 kgs	27. 55 kgs+
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Girls Open 10-15yrs 28.

Open Weight

29.	Peewee Boys Kumite 9yrs and under
30.	Peewee Girls Kumite 9yrs and under

Team Kumite 3 on 3 (Follows Ind Events)

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|-----|---------------------------------|
| 31. | Male 16 yrs and over |
| 32. | Female 16 yrs and over |
| 33. | Boy 15 yrs & under –50 kilos |
| 34. | Boy 15 yrs & under 50 + kilos |
| 35. | Girls 15yrs & under Open Weight |

Individuel Kata 0930hrs start. All areas

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|-----|--------------------|-------------------------------|-----------------|
| 36. | Male Senior Kata | Open Grade | 16 years + . |
| 37. | Ladies Senior Kata | Open Grade | 16 years + . |
| 38. | Boys Kata | Open Grade | 13 - 15 years |
| 39. | Girls Kata | Open Grade | 13 - 15 years |
| 40. | Boys Kata | Open Grade | 10 - 12 years . |
| 41. | Girls Kata | Open Grade | 10 - 12 years |
| 42. | Male /Female Kata | 4 th Kyu and below | 16 years + |
| 43. | Boys/Girls Kata | 4 th Kyu and below | under 15 years |
| 44. | Boys Pee-wee Kata | Open Grade | 9 yrs and under |
| 45. | Girls Pee-wee Kata | Open Grade | 9 yrs and under |

Team Kata 1130hrs

- | | |
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| 46 | Team Kata any age, sex and grade x 3 persons. (Bunkai in Finals) |
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NO ENTRIES ON THE DAY



COMPETITION GUIDELINES

Kata

For Categories 36 to 41 any Kata may be performed. You must not however repeat a Kata . Category 42 to 45 any kata but a 1 in 3 i.e Yondan, then Sandan then Yondan etc but must be different in the final. In Team Kata category 46, Bunkai must be performed by the two Finalists.

Kumite

Full WKF rules, except in the teams and Snr Opens where 16yrs and above will fight with the contact rule, the 15yrs and below categories will fight with the none contact rule.

Please ensure that your sheets are filled in correctly. i.e. Name, Sex, Your Exact Weight, Age, Grade. Mark the event(s) you are entering in the boxes on the entry form, i.e. Any of the numbers 1 to 46 off the category list, Enter total amount payable per competitor and Licence Number.

- Entry forms **must be** signed by the official Association or Club coach only. Entry forms with out a signed declaration, will not be permitted to take part in the championships.
- The first event will be Jnr **Kata** which will commence at **09.30hrs** on all areas, Followed by Snr Kata and Team Kata. **Jnr Ind Kumite** will start from **11-00am**, followed by **Jnr Team Kumite**. **Youth Kumite** will commence from 1400hrs. Snr Team Kumite will follow the Youths Kumite **Snr Individual Kumite**, will commence between 1500-1530hrs. **N.B Snrs in Ind kumite will not start before 1500hrs.**
- Cost of entries: **Individuals are from £ 13 per event, Team Kata/Kumite £21 per team**, Check category list for the correct category number.

- **Children's Teams** are 15yrs and under, and split into two age divisions, there are no height restriction, so please be aware smaller children may be drawn against a taller child. This year we have also split the boys from the Girls.
- The minimum number of competitors per event category and the cancellation of events is at the discretion of the organisers
- Full amount to be sent with entry form, **before 1st May 2008 after this date entries will not be processed.** **No late entries on the day.**
- All clubs are asked to bring a **Referee/Judge or a Time Keeper/Recorder** who's names must be entered on the slip over leaf. They will be given free entry on the day for their service's, plus refreshments.
- **Timekeepers** and **Recorders** must sign in at the control table on arrival and then report to their area tables to register the first events.
- **All officials** willing to referee on the day, should contact the Organiser on Tel: 01617971077 or ama.sensei@btopenworld.com before the 01/05/08, to get an update of any change's to the rules. A Gratuity will be paid to all Qualified Association Officials for their services,
- Only the **official coach** on duty that day may approach the control table for any queries, competitors and spectators must go via their coach for information.
- **Spectators** entry fees are **£8 and £5** which you pay at the Spectators entrance where you will receive a wristband. Spectators must not pose has coaches, and must not be on the control side of the areas. There are no cameras or video equipment allowed on or around the mats or again on the control table side of the areas. If you are to use a Camera or Video Recorder from the spectator area you must apply for a pass with the entry form, giving your Name and address so we may register it for use. A pass will be allocated for its use. There will be a small charge, which is £5. This must also be sent with the entry form. This fee is purely to cover costs of admin and issuing of a badge for the day.
- The St Johns Ambulance will be providing medical cover on the day.
- All Students who are competing must be fully insured by their Association and must have their licences at hand to be checked on the day if required.
- **All competitors** should be aware that the events are run to WKF rules. Slight amendments by the Organisers may be necessary for a safe running of the championships. Competitors event tickets will be in use on the day and will be required when you register at the tables for each event, they will have your event and which area you should be on , these must be checked when you receive them via your coach.
- Bags and belongings must not be left unattended, around the areas. There are lockers in the changing rooms for everyone's valuables, please use them.
- Any spectator/competitor or coach infringing the above rules will be asked to leave the sports hall, no refund will be given, and the name of the club concerned will be reported to their association and their governing body. Shikkaku may be invoked when a contestant or delegations act in a way which harms the prestige and honour of Karate-do. We do try to run events to time but unfortunately all competitions do experience slight problems. Your help and attention is needed on all the above points, so everyone may enjoy a safe and enjoyable day.

<p><u>Accommodation.</u> Please contact the closest Premier Lodge on 08702 010203 or <u>Travelodge</u>, on 0800 850 950, and <u>Travel Inn</u>. 0870 242 8000. or the Tourist Information Centre</p>

Please include Cheque/Giros with entry form, in Pounds Sterling payable to 'BUDO UK' Please print details of sender on reverse of cheque with full club name.
No Late entries on the day.

WKF rules will apply on the day (as per AMA/EKF guidelines, there may be amendments at the discretion of the organiser).

Any known style Kata will be allowed for Jnr 4th kyu and below and the 9yrs and under. All Jnr 3rd Kyu and above and Snrs will compete as per WKF rules except there will be no compulsory kata, the Snr 4th Kyu mixed category is also any kata.

Team Kata is Open (With bunkai) Team Kumite you must be registered to the club or Association you are competing for and you must list all team members names on the entry form.

Gum shields, clean GI's are compulsory, Chest guards (girls) and groin boxes are recommended. No T-Shirts or Kick Boxing Type Equipment is Allowed. The New Kumite mitt is compulsory in Red & Blue . Red and Blue belts are also compulsory as per WKF rules. Please mark them with your Club or Name. Foot & Shin guards for 16yrs and above are compulsory and optional for 15yrs and under.

Please send all competition entries to: The AMA Organiser
169 Cotswold Crescent, Bury, Lancs,
BL8 1QL, England
Email ama.sensei@btopenworld.com or fax (0044) + (0)161 797 1077 All Payments/cheques must be before the deadline date 1st May 2008. Entries and fees after this date will not be processed.

SPECTATORS Adults £8.00 Children (under 16yrs) £5.00

COMPETITORS (Per Event) Individuals £13.00 , Teams . £21.00

Competitors doing two Individual events at a cost of £24, then 3 events at £32 and 4 event's at £40 and 5 events at £45.