

V SEMINAR KUMITE WITH CHRISTOPHE PINNA
13-15.03.2009

PROGRAMME

13.03.2009 FRIDAY

18.00 - 21.00 ARRIVAL OF PARTICIPANT AND REGISTRATION

19.00 - 22.00 *Supper* / only for reservation hostel "Don Bosko" /

14.03.2009 SATURDAY

9.00-10.30 *Breakfast* / only for reservation hostel "Don Bosko" /

10.00 - 11.30 ARRIVAL OF PARTICIPANT AND REGISTRATION

12.00 - 13.30 **TRAINING WITH CHRISTOPHE PINNA**

13.30 - 15.00 *Dinner* / only for reservation hostel "Don Bosko" /

17.00 - 18.30 **TRAINING WITH CHRISTOPHE PINNA**

18.30 - 18.45 FOTO SESSION

18.30 - 20.00 *Supper* / only for reservation hostel "Don Bosko" /

15.03.2009 SUNDAY

8.00- 9.30 *Breakfast* / only for reservation hostel "Don Bosko" /

10.30 - 12.00 **TRAINING WITH CHRISTOPHE PINNA**

12.30 - 14.00 *Dinner* / only for reservation hostel "Don Bosko" /

15.30 - 17.00 **TRAINING WITH CHRISTOPHE PINNA**

17.00 - 17.30 FOTO SESSION

17.30 - 19.00 *Supper* / only for reservation hostel "Don Bosko" /

SEMINAR FEES: 20 Euro

EVENT ORGANIZERS: PIOTR JUSZCZAK

KLUB KARATE BODAIKAN

71-616 SZCZECIN UL.MALCZEWSKIEGO 10

SEMINAR-HOMEPAGE: <http://www.bodaikan.pl>

e-mail: info@bodaikan.pl

VENUE: Sport Halle Don Bosko

POLAND, Szczecin ul. Ku Słońcu 124

How to find us : [http:// www.uk.map24.com /](http://www.uk.map24.com/) and www.de.map24.com

ACCOMODATION INFO:

Youth Hostel "Don Bosko" ul. Ku Słońcu 124 (the same place as sport halla).

Rooms 3 and 4 persons with WC and bath. Price: night per person 8 Euro

Full board /breakfast, dinner, supper/ per person 8 Euro.

LIMITED PLACES!

Bookings only at organizers to 20.02.2009: Piotr Juszczak e-mail : info@bodaikan.pl

Hostel Szwejk Szczecin, Ku Słońcu 33 tel. +48 91 4452606

Youth Hotel ul. Monte Casino 19a tel. +48 91 422 47 61

Pension Sako ul. Reczańska 28 te. +48 91 435 7946 ; 435 84 54

ETAP ul.Cukrowa 2 tel.+48 91 482 24 61, +48 91 482 24 66

Ibis ul. Dworcowa 16 tel +48 91 488 18 00

Novotel ul. Dworcowa 18 tel. +48 91 48014 00

Radisson Sass pl. Rodła 10 tel +48 91 35 95 595

Hotel Sport SDS Ul. Unisławy 29 tel.. +48 91 422 28 56

Atrium ul.Wojska Polskiego +48 91 42 43 532

Arkona ul Panieńska 10 tel. +48 91 488 02 61

Gryf al.Wojska polskiego 49 tel +48 91 480 84 00

Kapitan ul.Narutowicza 17b tel +48 91 433 34 28

Neptun ul. J. Matejki 18 tel. +48 91 488 38 83

Rondo ul. Wojska polskiego 65 tel. +48 91 421 09 29

Rycerski ul. Potulicka 2a tel +48 91 814 66 01

Fokus ul. Małopolska 23 tel.fax. +4891 433 05 00 ;tel. +4891 484 97 43

Willa West Eden al. Wojska Polskiego 65, tel/fax. 0 91 423 12 93

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INFORMATION:

Seminar is only participants above 6 kyu ,12 years & over.

All participants must have red or blue hand protectors /WKF

SEMINAR IS CLOSED FOR SPECTATORS !

Registration by e-mail: info@bodaikan.pl or FAX: 0048 91 423 69 12

No photographing !



No filming !



INFO DOWNLOAD : <http://bodaikan.pl/seminpinna4.html>

