

## 1º Open Internacional de Karate de Sintra

Rules and Regulations

English

## CATEGORIES AND EVENTS

- The 1º **Open Internacional de Karate de Sintra** will have the same rules applied by the World Karate Federation, except by the alterations indicated below.
- The competitors will be distributed by the following categories / events:

<b>Até 9 anos</b>	Pré Infantis (Children)	Kata Individual (M/F)
<b>10 – 11 anos</b>	Infantis (Children)	Kata Individual (M/F)
<b>12 – 13 anos</b>	Iniciados (Children)	Kumite Individual Open (M/F)
		Kata Individual (M/F)
<b>14 – 15 anos</b>	Juvenis (Children)	Kumite Individual Open (M/F)
		Kata Individual (M/F)
<b>16 – 17 anos</b>	Cadetes (Cadets)	Kumite Individual Open (M/F)
		Kata Individual (M/F)
<b>+18 anos</b>	Juniores e Seniores	Kumite Individual Open (M/F)
	(Juniors and Seniors)	Kata Individual (M/F)

- The same categories may be changed by the Organization Committee with previous notice of 8 days before the event, depending of the number of competitors by category. (Example: Kumite Cadets Male 2 competitors and Kumite Juvenis Male 3 competitors. In this case will be only one event with all these athletes.) The rules applied will be always of the upper category.
- There won't be any team matches.
- Each event will have medals up to 3rd Place.
- The Categories (age groups) will be in accordance of the age of the athletes at the date of the event, and will only be intituled to participate on his age (as showed above).
- The athletes may have in possession the passport or ID Card, to prove his age, if necessary to the Organization Committee.
- All Repechage will take place in the same Tatami as the event, except by order of the Organization Committee.
- All Finals will be held in the centre Tatami, in the end of each period (Morning, Afternoon).

## KATA COMPETITION

- In the Children categories (up to 9 years) the Kata will be basics and can be repeated if necessary.
- In the Children categories (10,11 years) and (12,13 years) the Kata will be the basics and the athletes must present a different one in 2nd round. Next they can perform the first one and so on. The 12,13 years old group can present Shitei Kata but they will be judged as Tokui.
- The basics Kata are: Gekisai (Ichi e Ni), Taikyoku (Shodan, Nidan, Sandan), Fukyukata (Ichi, Ni, San), Heian or Pinan (Shodan, Nidan, Sandan, Yondan, Godan), Saifa.
- In Cadets, Juniors and Seniors there only will be WKF rules. No basics Kata allowed, and the Shitei and Tokui Kata must be of the official WKF list.

## ENTRY FORMS, DRAWING AND LISTINGS

- In Kata, each club may enter up to three (3) athletes for event. In Kumite, each club may enter up to three (3) athletes for event.
- All entry forms must be sent by e-mail to [unam.geral@netcabo.pt](mailto:unam.geral@netcabo.pt) or [openkarate@gmail.com](mailto:openkarate@gmail.com) until **20 February 2008**.
- All entries will be published online at the official website (<http://openkarate.wordpress.com>) until **21 February 2008**.
- Any claim or alteration to the entry forms must be carried out until **22 February 2008**. **There won't be any alterations past this date.**
- The drawing will be carried out by the Organization Committee and published on the official website until **25 February 2008**, as for the definitive program of the event, for consulting and printing.
- Any relative claim to the drawing must be presented until **26 February 2008**.
- If necessary the definitive drawing and poule's sheets will be published until **28 February 2008**.
- **NOTE:** All clubs and coach's must print the drawing and poule sheets of the event. The organization will only give one set for club at the venue.

## ENTRY COSTS AND SCHEDULES

- **ALL entries at the venue, will have the cost of €1. This applies to athletes, coach's, representatives, audience...**
- Any payment will take place at the entrance of the venue. It's recommended to show up early.
- **All clubs representatives must perform the accreditation 30 minutes before the beginning of the event, in order to receive the Coach's ID and athletes numbers.**
- The event has the following schedule:

08h30 - 13h00	(08.30 am - 13.00 pm)
14h00 - 18h30	(14.00 pm - 18.30 pm)

## OTHER INFO

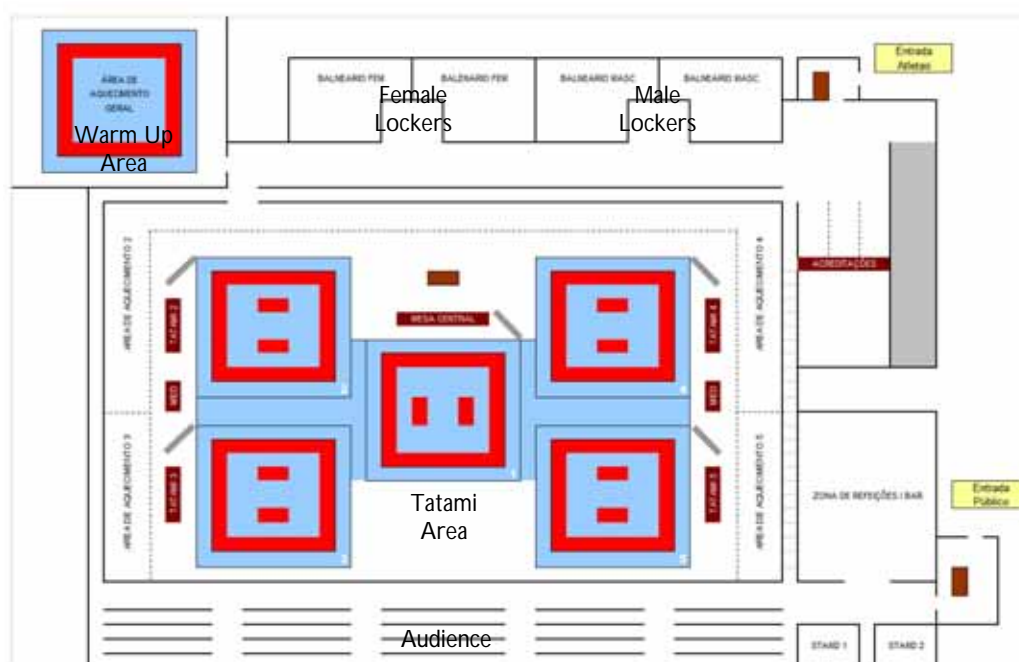
- All athletes must have personal insurance.  
The Organization Committee will not be responsible for any accidents during the competition.
- Any doubt or interpretation can be solved on time with the following contacts:

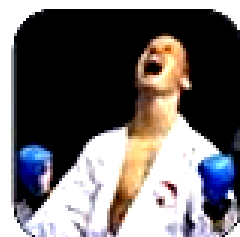
Email: [unam.geral@netcabo.pt](mailto:unam.geral@netcabo.pt) ou [caliban@sapo.pt](mailto:caliban@sapo.pt).  
Fax: +351 21 436 60 03  
Telemóvel: Jaime Reis (+351 91 830 75 31)  
Cláudio Almeida (+351 91 464 9016)

On the venue by the Organization Committee and Chief Referee.

## EVENT ORGANIZATION

- All coach's must perform the clubs accreditation at the venue entrance.
- At the Accreditation Area will be given the following to the Club representative:
  - Event ID Numbers for all Athletes,
  - ID Pass for Coach's,
  - Drawing lists,
  - Snack tickets,
  - Free Tickets for the Portugal National Team Coach Seminar - 02 March 2008
- The Event ID Numbers for Athletes will have glue (label kind) and may come off during the event. If that happens immediately go to the Accreditation Point in order to solve the problem.
- The warm up area will only be open to Kata competitors at morning schedule, and Kumite by the afternoon. For this reason its recommended to stay by the audience if your not competing.
- The organization will only grant access to the Warm Up area and Tatami's, to equipped athletes (Gi and ID Number on the back). Coach's must be equipped with tracksuit and ID Pass.
- Access will only be granted to the Tatami Area for those who are competing at the time being. Athletes must wait at Warm Up areas for the calling and will be escorted to the tatami by a member of the Staff.
- All finals and Award Ceremony will take place at the end of each period (Kata - Morning , Kumite - Afternoon)
- Will not be allowed any recording and photographs inside the Tatami Area. These can be performed over by the audience.
- All entry and exits of the venue are controlled by the Entry Tickets (audience), ID pass (Coach) and/or Event ID Number (Athletes).
- This will be the appearance of the venue.





## 1º OPEN INTERNACIONAL DE KARATE DE SINTRA

### Organization Committee Director

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